# A comparison between a typical dressing and an absorbed dressing after surgical removal of gum pigmentation

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
24/01/2020	No longer recruiting	<pre>Protocol</pre>
Registration date	Overall study status	Statistical analysis plan
11/02/2020	Completed	Results
Last Edited	Condition category	Individual participant data
11/09/2020	Oral Health	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

Background and study aims

Gum pigmentation (gingival pigmentation) is caused by melanin and melanin is a natural substance in the body that is found in freckles, sun spots, age spots. Some people have an overproduction of melanin in their gums. Discoloration may also be caused by long term use of certain medications.

Proper healing is a must for a successful periodontal surgery. Many new dressings are made and tested to reach a perfect dressing to insure complete and fast wound healing. The absorbed (cellulose-based) dressing (Reso-Pac) is the newest dressing. In this study, it is compared with the traditional dressing (Coe-Pack) in healing wounds.

Who can participate?

Healthy patients aged 18 – 40 years who have gingival pigmentation.

What does the study involve?

After surgical removal of gingival pigmentation, participants will receive two different types of wound dressing, one on each side of the mouth. Healing will be assessed for three weeks after the surgery.

What are the possible benefits and risks of participating?

The benefit is the potential for faster healing. The risks will be to have an allergic reaction towards the new dressing

Where is the study run from?

Damascus University Department of Periodontology (Syria)

When is the study starting and how long is it expected to run for? November 2019 to January 2021.

Who is funding the study? Damascus University (Syria)

Who is the main contact? Dr Rudwan Kazwini rudwan-den@hotmail.com

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Rudwan Kazwini

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### Additional identifiers

#### Clinical Trials Information System (CTIS)

Nil known

#### ClinicalTrials.gov (NCT)

Nil known

#### Protocol serial number

Nil known

## Study information

#### Scientific Title

A comparison between eugenol-free dressing (Coe-Pack) and absorbed dressing (Reso-Pac) after surgical removal of gingival pigmentation (spilt mouth study)

#### **Study objectives**

The new cellulose-based dressing (Reso-Pac) will be more successful in healing wounds compared to the traditional dressing (Coe-Pack)

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved 18/6/2019, Damascus University Ethics Board (Mazzeh Highway, Damascus, Syria; +963 1133923486; sr.srd@damasuniv.edu.sy), ref: co2733

#### Study design

Split mouth randomized controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Gingival melanosis

#### **Interventions**

Surgical removal of gingival pigmentation on the maxillary using surgical scallop and putting the absorbed dressing Cellulose based (reso-pac) randomly on one side and the typical eugenol-free dressing (Coe-pak) on the other side.

Randomisation: a coin is used to determine which side to put the absorbed dressing (Reso-pac) and the eugenol-free dressing (Coe-pack)

Patients were followed up for three weeks after surgery.

#### Intervention Type

Procedure/Surgery

#### Primary outcome(s)

- 1. Pain: each day for 1 week post-surgery using VAS (scale 0-100)
- 2. Induced pain: 1 week after surgery using air abrasion of 5 seconds on every side using VAS (scale 0-100)
- 3. Epithelial re-formation: using blue toluidine in 1 week, 2 weeks, 3 weeks after surgery
- 4. Healing: using Lundry Healing index Criteria (1988) 1 week, 2 weeks, 3 weeks after surgery

#### Key secondary outcome(s))

Time (s) of dressing application measured using a stopwatch

#### Completion date

15/01/2021

# Eligibility

#### Key inclusion criteria

- 1. Healthy patient with gingival pigmentation grade 3 and 4 on the maxillary
- 2. Aged between 18 40 years
- 3. Good oral hygiene

#### Participant type(s)

Healthy volunteer

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Systematic disease and hormone disorder
- 2. Medication that could lead to gingival pigmentation
- 3. Periodontitis
- 4. Smokers
- 5. Pregnant and breastfeeding

#### Date of first enrolment

19/11/2019

#### Date of final enrolment

20/12/2020

#### Locations

#### Countries of recruitment

Syria

# Study participating centre

**Damascus University** 

Department of Periodontology Mazzah Highway **Damascus** Syria 00000

# Sponsor information

#### Organisation

**Damascus University** 

#### **ROR**

https://ror.org/03m098d13

# Funder(s)

#### Funder type

University/education

#### Funder Name

**Damascus University** 

## **Results and Publications**

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

#### IPD sharing plan summary

Available on request

#### **Study outputs**

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information sheet 11/11/2025 11/11/2025 No Yes