

# Arthroscopic Capsular Release of Frozen Shoulder. Post-operative rehabilitation Programme. Immediate mobilisation versus immediate mobilisation plus external rotation splint. A Randomised Pilot Study

<b>Submission date</b> 28/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 28/09/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 14/10/2014	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0207182917

# Study information

## Scientific Title

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled pilot study

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Surgery: Arthroscopy

## Interventions

1. Patients receive standard regime - no sling and mobilise immediate post-operative
2. Patients have their treated arm placed in an external rotation splint, which is used at rest and night for 10 days.

## Intervention Type

Procedure/Surgery

## Phase

Not Applicable

## Primary outcome(s)

1. Symptoms and Functions - Pain & Range of movement
2. One main subjective measurement - Constant Score
3. Two main subjective scores - VAS pain, Oxford shoulder questionnaire

## Key secondary outcome(s)

Not provided at time of registration

## Completion date

01/12/2007

## Eligibility

**Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/12/2005

**Date of final enrolment**

01/12/2007

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre****Orthopaedic Surgery**

Liverpool

United Kingdom

L7 8XP

**Sponsor information****Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

**Funder(s)**

**Funder type**

Government

**Funder Name**

Royal Liverpool and Broadgreen University Hospitals Trust (UK)

**Funder Name**

NHS R&D Support Funding (UK)

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration