

# Arthroscopic Capsular Release of Frozen Shoulder. Post-operative rehabilitation Programme. Immediate mobilisation versus immediate mobilisation plus external rotation splint. A Randomised Pilot Study

<b>Submission date</b> 28/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 28/09/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 14/10/2014	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N0207182917

## **Study information**

**Scientific Title**

**Study objectives**

Not provided at time of registration

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled pilot study

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Surgery: Arthroscopy

**Interventions**

1. Patients receive standard regime - no sling and mobilise immediate post-operative
2. Patients have their treated arm placed in an external rotation splint, which is used at rest and night for 10 days.

**Intervention Type**

Procedure/Surgery

**Phase**

Not Applicable

**Primary outcome measure**

1. Symptoms and Functions - Pain & Range of movement
2. One main subjective measurement - Constant Score
3. Two main subjective scores - VAS pain, Oxford shoulder questionnaire

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/12/2005

**Completion date**

01/12/2007

**Eligibility****Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

15 patients in each group

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/12/2005

**Date of final enrolment**

01/12/2007

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Orthopaedic Surgery**

Liverpool

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## Sponsor information

**Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

**Sponsor details**

The Department of Health, Richmond House, 79 Whitehall

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**Sponsor type**

Government

**Website**

<http://www.dh.gov.uk/Home/fs/en>

## Funder(s)

**Funder type**

Government

**Funder Name**

Royal Liverpool and Broadgreen University Hospitals Trust (UK)

**Funder Name**

NHS R&D Support Funding (UK)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration