Does montelukast affect the structural proteins in the sputum of patients with asthma?

Submission date	Recruitment status	Prospectively registered
09/12/2008	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
17/06/2009	Completed	Results
Last Edited	Condition category	Individual participant data
24/05/2016	Respiratory	[] Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Andrew Wilson

Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

6

Study information

Scientific Title

The effect of montelukast therapy on messenger ribonucleic acid (mRNA) profile of matrix metalloproteinases and their inhibitors in the sputum of patients with asthma

Study objectives

The expression profile of matrix metalloproteinases and their inhibitors is modified by treatment with montelukast.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Norfolk Research Ethics Committee (REC) approved on the 14th April 2009 (ref: 09/H0310/29)

Study design

Single centre open labelled pilot study

Primary study design

Interventional

Secondary study design

Non randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Asthma

Interventions

Oral montelukast 10 mg once daily for 8 weeks is given to all patients. Follow-up at 8 weeks.

Intervention Type

Drug

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

Montelukast

Primary outcome measure

Induced sputum mRNA of matrix metalloproteinase (MMP) and tissue inhibitors of MMPs (TIMPs), measured before and after 8 weeks of treatment.

Secondary outcome measures

No secondary outcome measures

Overall study start date

01/03/2009

Completion date

01/09/2009

Eligibility

Key inclusion criteria

- 1. Male or female, aged 18 to 60 years
- 2. Diagnosed with asthma, defined as episodic chest tightness, wheezing and dyspnoea, cough
- 3. Non-smoker or ex-smoker for at least 10 years and a smoking history of less than 5 pack years
- 4. History of asthma symptoms for more than 10 years
- 5. Receiving as required short acting bronchodilators
- 6. Post-bronchodilator forced expiratory volume in one second (FEV1) 50 100% predicted
- 7. Evidence of airway calibre reversibility within the previous 12 months: reversibility to salbutamol of 12% following 400 µg inhaled salbutamol, histamine PC20 less than 8 mg/ml, diurnal variation in peak expiratory flow of 20%
- 8. Able to produce sputum after induction with saline

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Upper age limit

60 Years

Sex

Both

Target number of participants

10

Key exclusion criteria

- 1. Cardiac or pulmonary disease other than asthma
- 2. Respiratory infection defined as fever, nasal/sinus congestion, fatigue, cough, antibiotic use or yellow/green sputum within 4 weeks prior to study
- 3. Receiving inhaled or oral corticosteroid therapy, long acting O2 agonist therapy or leukotriene

modifying therapy for the previous 1 month

- 4. Severe or uncontrolled co-morbid disease
- 5. Pregnancy or breastfeeding
- 6. Unable to give written informed consent

Date of first enrolment

01/03/2009

Date of final enrolment

01/09/2009

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Biomedicine Group

Norwich United Kingdom NR4 7TJ

Sponsor information

Organisation

University of East Anglia (UK)

Sponsor details

Research, Enterprise & Engagement Office The Registry Norwich England United Kingdom NR4 7TJ

Sponsor type

University/education

Website

http://www.uea.ac.uk/

ROR

https://ror.org/026k5mg93

Funder(s)

Funder type Industry

Funder Name

Merck Sharp & Dohme Ltd (MSD) (UK)

Results and Publications

Publication and dissemination planNot provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration