# Fibromyalgia on the move. Randomised study on the feasibility and effect of fast-tracked diagnosis.

Submission date Recruitment status Prospectively registered 27/01/2006 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 27/01/2006 Completed [X] Results [ ] Individual participant data Last Edited Condition category Musculoskeletal Diseases 24/01/2012

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr M.E.A.L. Kroese

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Study objectives

The aim of this study is to care for patients with fibromyalgia more efficiently through the cooperation of the rheumatologist and the nurse specialist. Because of this, the rheumatology outpatient department can be relieved partly, which can have a positive consequence on the waiting list for patients with other rheumatologic disorders. Besides, we expect that this new way of diagnostics will have a small therapeutic effect. First, the patient can be seen two and a half months earlier. At the moment, there is a three-month waiting list for fibromyalgia patients at the rheumatology outpatient departments, but at the nurse specialist there is only a three-week waiting list. This can have a favourable effect on uncertainty and fixation of the complaints. Furthermore, the nurse specialist has probably more time and by this more attention for the support of this patient group.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Received from local medical ethics committee

#### Study design

Randomised single blind active controlled parallel group trial

## Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Other

## Study type(s)

Diagnostic

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Fibromyalgia

#### **Interventions**

1. A fast-tracked diagnosis, in which the nurse specialist gathers data by a prestructured anamnesis, and sets in screening diagnostics. At the end of the visit, the rheumatologist is

involved. He is able to accept or reject the diagnosis in a shorter time on the basis of the available data.

2. Regular visit at the rheumatology outpatient clinic

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

- 1. Social participation
- 2. Medical consumption
- 3. Quality of life

## Secondary outcome measures

- 1. Pain
- 2. Anxiety
- 3. Catastrophying
- 4. Fatigue
- 5. Disability
- 6. Self-efficacy

## Overall study start date

24/11/2003

# Completion date

01/11/2005

# **Eligibility**

# Key inclusion criteria

- 1. Suspicion fibromyalgia
- 2. First visit to rheumatology outpatient clinic
- 3. Age 18-65
- 4. Be able to understand Dutch language

## Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Upper age limit

65 Years

#### Sex

#### Both

# Target number of participants

188

# Key exclusion criteria

- 1. Comorbidity locomotor apparatus
- 2. Involved in an appeal concerning disability payment

#### Date of first enrolment

24/11/2003

#### Date of final enrolment

01/11/2005

# Locations

#### Countries of recruitment

Netherlands

# Study participating centre University Hospital Maastricht

Maastricht Netherlands 6202 AZ

# Sponsor information

#### Organisation

Academic Hospital Maastricht (AZM) (The Netherlands)

#### Sponsor details

P.O. Box 5800 Maastricht Netherlands 6202 AZ +31 (0)43 3876543 info@azm.nl

#### Sponsor type

Not defined

#### **ROR**

https://ror.org/02d9ce178

# Funder(s)

# Funder type

Other

#### Funder Name

Care Funds (Zorgvernieuwingsgelden) (Netherlands)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	15/09/2008		Yes	No
Results article	results	01/07/2011		Yes	No