Fibromyalgia on the move. Randomised study on the feasibility and effect of fast-tracked diagnosis.

Submission date Recruitment status Prospectively registered 27/01/2006 No longer recruiting [] Protocol [] Statistical analysis plan Registration date Overall study status 27/01/2006 Completed [X] Results [] Individual participant data Last Edited Condition category 24/01/2012 Musculoskeletal Diseases

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number NTR421

Study information

Scientific Title

Study objectives

The aim of this study is to care for patients with fibromyalgia more efficiently through the cooperation of the rheumatologist and the nurse specialist. Because of this, the rheumatology outpatient department can be relieved partly, which can have a positive consequence on the waiting list for patients with other rheumatologic disorders. Besides, we expect that this new way of diagnostics will have a small therapeutic effect. First, the patient can be seen two and a half months earlier. At the moment, there is a three-month waiting list for fibromyalgia patients at the rheumatology outpatient departments, but at the nurse specialist there is only a three-week waiting list. This can have a favourable effect on uncertainty and fixation of the complaints. Furthermore, the nurse specialist has probably more time and by this more attention for the support of this patient group.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Received from local medical ethics committee

Study design

Randomised single blind active controlled parallel group trial

Primary study design

Interventional

Study type(s)

Diagnostic

Health condition(s) or problem(s) studied

Fibromyalgia

Interventions

- 1. A fast-tracked diagnosis, in which the nurse specialist gathers data by a prestructured anamnesis, and sets in screening diagnostics. At the end of the visit, the rheumatologist is involved. He is able to accept or reject the diagnosis in a shorter time on the basis of the available data.
- 2. Regular visit at the rheumatology outpatient clinic

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

- 1. Social participation
- 2. Medical consumption
- 3. Quality of life

Key secondary outcome(s))

- 1. Pain
- 2. Anxiety
- 3. Catastrophying
- 4. Fatigue
- 5. Disability
- 6. Self-efficacy

Completion date

01/11/2005

Eligibility

Key inclusion criteria

- 1. Suspicion fibromyalgia
- 2. First visit to rheumatology outpatient clinic
- 3. Age 18-65
- 4. Be able to understand Dutch language

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

65 years

Sex

All

Key exclusion criteria

- 1. Comorbidity locomotor apparatus
- 2. Involved in an appeal concerning disability payment

Date of first enrolment

24/11/2003

Date of final enrolment

01/11/2005

Locations

Countries of recruitment

Netherlands

Study participating centre University Hospital Maastricht Maastricht Netherlands 6202 AZ

Sponsor information

Organisation

Academic Hospital Maastricht (AZM) (The Netherlands)

ROR

https://ror.org/02d9ce178

Funder(s)

Funder type

Other

Funder Name

Care Funds (Zorgvernieuwingsgelden) (Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	15/09/2008	Yes	No
Results article	results	01/07/2011	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes