# The UK Chiropractors, Osteopaths and Musculoskeletal Physiotherapists Low back pain Management trial

Submission date Recruitment status Prospectively registered 18/10/2004 No longer recruiting [X] Protocol [ ] Statistical analysis plan Registration date Overall study status 13/12/2004 Completed [X] Results [ ] Individual participant data Last Edited Condition category 16/07/2010 Musculoskeletal Diseases

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Dr Nadine Foster

#### Contact details

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# Additional identifiers

**Protocol serial number** N/A

# Study information

Scientific Title

#### Acronym

COMPLEMENT trial

#### **Study objectives**

The primary aim of the study is to investigate the short-term effectiveness (six months following intervention) of a previously developed, directly-posted information package, that details contextualised evidence-based recommendations for the management of acute back pain, on the reported behaviour, attitudes and beliefs of a combined sample of chiropractors, osteopaths and musculoskeletal physiotherapists in the UK.

Our secondary objectives aims are:

- 1. To describe patterns of reported behaviour, attitudes and beliefs, within and between professional groups at baseline
- 2. To identify baseline factors that are associated with a change in reported behaviour of these practitioners (such as demographic data, attitudes and beliefs of practitioners)
- 3. To make recommendations for future research on implementation strategies in these professional groups

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Quality of life

#### Health condition(s) or problem(s) studied

Low back pain - Practitioner reported behaviour and beliefs

#### **Interventions**

Intervention: Previously developed, directly-posted information package that details contextualised evidence-based recommendations for the management of acute back pain.

Control: No intervention.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Health Care Providers Pain and Impairment Relationship scale (HC-PAIRS), first published by Rainville et al 1995.

#### Key secondary outcome(s))

Not provided at time of registration

#### Completion date

31/03/2005

# **Eligibility**

#### Kev inclusion criteria

UK Chiropractors, Osteopaths and Musculoskeletal Physiotherapists:

- 1. Chiropractors: Registered with the General Chiropractic Council and British Chiropractic Association
- 2. Osteopaths: Registered with the General Osteopathic Council
- 3. Physiotherapists: Registered with the Chartered Society of Physiotherapy and self-selected as 'musculoskeletal' by speciality

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Key exclusion criteria

- 1. Non-UK practitioners
- 2. Practitioners living or working in Scotland (due to ongoing national educational campaign www.workingbacksscotland.com)
- 3. Practitioners who reported that they had retired
- 4. Practitioners who reported that they were non-practicing
- 5. Practitioners who reported that they were not currently involved directly in the management of LBP patients
- 6. Practitioners working at same address as a practitioner already recruited to the trial

#### Date of first enrolment

01/11/2003

#### Date of final enrolment

31/03/2005

# Locations

#### Countries of recruitment

#### **United Kingdom**

England

Study participating centre School of Health & Rehabilitation Staffordshire United Kingdom ST5 5BG

# Sponsor information

## Organisation

Keele University (UK)

#### **ROR**

https://ror.org/00340yn33

# Funder(s)

## Funder type

Research organisation

#### **Funder Name**

School of Health & Rehabilitation, Keele University (UK)

#### **Funder Name**

Osteopathic Educational Foundation (UK)

#### **Funder Name**

General Osteopathic Council (UK)

#### **Funder Name**

Anglo-European College of Chiropractic (UK)

#### Funder Name

British Chiropractic Association (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	15/04/2010		Yes	No
Protocol article	protocol	20/07/2005		Yes	No