The effect of Acclydine on fatigue and functional status in patients with chronic fatigue syndrome

Submission date	Recruitment status	Prospectively registered
20/12/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
20/12/2005	Completed	[X] Results
Last Edited	Condition category	Individual participant data
13/05/2009	Nervous System Diseases	

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

NTR167

Study information

Scientific Title

Study objectives

Acclydine is a plant sourced alkaloid which has effects on protein structure and metabolism. In particular it leads to the activation of the pituitary to increase release of growth hormone. The GH axis has been shown to be disturbed in chronic fatigue syndrome (CFS), so this alkaloid could be of benefit in CFS.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Received from local medical ethics committees

Study design

Randomised double blind placebo-controlled parallel group trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Chronic fatigue syndrome

Interventions

14 weeks acclydine combined with amino-acids.

Intervention Type

Drug

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

Acclydine

Primary outcome measure

- 1. Fatigue-severity measured with CIS-fatigue
- 2. Functional impairment measured with Sickness Impact Profile
- 3. CDC-symptoms

Secondary outcome measures

- 1. Activity level measured with actometer
- 2. IGF-BP3-IGF-1 ratio

Overall study start date

22/10/2002

Completion date

01/10/2005

Eligibility

Key inclusion criteria

- 1. Centre of Diseases Control (CDC)-diagnosed CFS-patients
- 2. Male and female patients aged 18 65 years
- 3. Elevated IGF-BP3/IGF-1 ratio
- 4. High-fatigue severity level
- 5. Substantial functional impairment
- 6. Written informed consent

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

60

Key exclusion criteria

- 1. Pregnancy
- 2. Lactating women
- 3. Participation in CVS treatment programs
- 4. Recent participation in other CVS treatment research
- 5. Psychiatric co-morbidity

Date of first enrolment

Date of final enrolment 01/10/2005

Locations

Countries of recruitment

Netherlands

Study participating centre
University Medical Center St. Radboud
Nijmegen
Netherlands
6500 HB

Sponsor information

Organisation

University Medical Centre Nijmegen (Netherlands)

Sponsor details

P.O. Box 9101 Nijmegen Netherlands 6500 HB +31 (0)24 361 1111 info@ozi.umcn.nl

Sponsor type

Hospital/treatment centre

Website

http://www.umcn.nl/homepage

ROR

https://ror.org/05wg1m734

Funder(s)

Funder type

Industry

Funder Name

Optipharma BV (Netherlands)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	18/05/2007		Yes	No