A pilot study to assess the effect of beta blockade on exercise capacity and BNP levels in patients with predominantly diastolic heart failure

Submission date	Recruitment status	Prospectively registered
29/09/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
29/09/2006	Completed	Results
Last Edited	Condition category	Individual participant data
28/10/2016	Circulatory System	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Nicholas Brooks

Contact details

South Manchester University Hospitals NHS Trust Wythenshawe Hospital Southmoor Road Manchester United Kingdom M23 9LT +44 (0)161 291 2751/ 2752/ 2743 nicholas.brooks@smtr.nhs.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0226167747

Study information

Scientific Title

A pilot study to assess the effect of beta blockade on exercise capacity and BNP levels in patients with predominantly diastolic heart failure

Study objectives

Does the use of beta-blockers in patients with diastolic dysfunction and preserved systolic function result in a significant improvement in quality of life and exercise capacity, a significant reduction in plasma BNP levels, and improved CRP and interleukin levels?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Cardiovascular: Heart failure

Interventions

- 1. Bisoprolol (1.25 mg daily)
- 2. Placebo

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Bisoprolol

Primary outcome measure

The change from baseline in plasma BNP measurements

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/09/2005

Completion date

19/12/2006

Eligibility

Key inclusion criteria

A total of 40 patients with evidence or history of clinical heart failure, ejection fraction of >45% and raised plasma BNP levels.

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

40

Key exclusion criteria

- 1. History of asthma / COPD
- 2. Hypotension, patients with significant bradycardia
- 3. BMI>30
- 4. Intolerant of beta-blockers, patients with constrictive pericarditis, with severe peripheral vascular disease, patients having suffered myocardial infarction within 3 months prior to enrolment
- 5. Pregnant women
- 6. Use of any investigational drug within 2 weeks of enrolment
- 7. Any recent changes in cardiac medications

Date of first enrolment

01/09/2005

Date of final enrolment

19/12/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre South Manchester University Hospitals NHS Trust Manchester United Kingdom M23 9LT

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Sponsor details

The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type

Government

Funder Name

South Manchester University Hospitals NHS Trust

Funder Name

South Manchester University Hospitals NHS Trust

Funder Name

NHS R&D Support Funding

Results and Publications

Publication and dissemination planNot provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration