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A community-based randomised controlled trial of the effectiveness of two mental health websites

Submission date	Recruitment status	[ ] Prospectively registered
16/01/2003	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
16/01/2003	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
16/04/2008	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title

Acronym
N/A but known as the BlueMood Project

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Depression

Interventions
The two interventions under investigation are:
1. The MoodGYM website - an evidenced based depression prevention website
2. The BluePages website - a website providing evidenced based information on depression.

These will be compared to The Health Coach Group - an intervention designed to elicit participants' knowledge and attitudes about depression.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s))
Not provided at time of registration

Completion date
31/12/2004

Eligibility

Key inclusion criteria

1. Aged between 18 and 52
2. Live in the Australian Capital Territory
3. Have a high level of depressive symptoms
4. Be willing to participate in the study of depression
5. Have internet access

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 years

Upper age limit
52 years

Sex
Not Specified

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/01/2003

Date of final enrolment
31/12/2004

Locations

Countries of recruitment
Australia

Study participating centre
Centre for Mental Health Research
Canberra
Australia
ACT 0200

Sponsor information

Organisation
Australian Centre for Mental Health Research

ROR
https://ror.org/019wvm592

Funder(s)

Funder type
Research council

Funder Name
National Health and Medical Research Council, New Program Grant to the Centre for Mental Health Research (Australia)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	05/04/2006		Yes	No