

A community-based randomised controlled trial of the effectiveness of two mental health websites

Submission date	Recruitment status	<input type="checkbox"/> Prospectively registered
16/01/2003	No longer recruiting	<input type="checkbox"/> Protocol
Registration date	Overall study status	<input type="checkbox"/> Statistical analysis plan
16/01/2003	Completed	<input checked="" type="checkbox"/> Results
Last Edited	Condition category	<input type="checkbox"/> Individual participant data
16/04/2008	Mental and Behavioural Disorders	

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

Acronym

N/A but known as the BlueMood Project

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Depression

Interventions

The two interventions under investigation are:

1. The MoodGYM website - an evidenced based depression prevention website
2. The BluePages website - a website providing evidenced based information on depression.

These will be compared to The Health Coach Group - an intervention designed to elicit participants' knowledge and attitudes about depression.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/12/2004

Eligibility**Key inclusion criteria**

1. Aged between 18 and 52
2. Live in the Australian Capital Territory
3. Have a high level of depressive symptoms
4. Be willing to participate in the study of depression
5. Have internet access

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

52 years

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2003

Date of final enrolment

31/12/2004

Locations

Countries of recruitment

Australia

Study participating centre

Centre for Mental Health Research
Canberra
Australia
ACT 0200

Sponsor information

Organisation

Australian Centre for Mental Health Research

ROR

<https://ror.org/019wvm592>

Funder(s)

Funder type

Research council

Funder Name

National Health and Medical Research Council, New Program Grant to the Centre for Mental Health Research (Australia)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	05/04/2006		Yes	No