

Randomised controlled trial of the effectiveness of motivational interviewing in reducing drug-related risk among young people in further education colleges

Submission date 22/07/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 22/07/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 29/11/2012	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof John Strang

Contact details
King's College London
Institute of Psychiatry
National Addiction Centre
4 Windsor Walk, Camberwell
London
United Kingdom
SE5 8AF
+44 (0)20 7848 0438
john.strang@kcl.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

071301

Study information

Scientific Title

Study objectives

The primary hypothesis to be tested is that: Motivational Interviewing (MI) will reduce frequency of cannabis use in comparison to an equally credible Drug Information and Advice (DIA) intervention after three months among young people aged 16 to 19 years old in Further Education (FE) colleges.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Drug addiction

Interventions

Interventions will be delivered by practitioners trained in both interventions, and will embrace the range of drugs currently being used by the young person. Recorded interventions will be analysed to identify process mechanisms associated with outcomes. Follow-up data will be collected after three and six months.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

The primary outcome will be frequency of use of cannabis.

Secondary outcome measures

1. Secondary outcomes will include the use of other illegal drugs and interactional indicators of risk
2. Secondary measures of use of cannabis, cigarettes, alcohol, stimulant drugs will include both consumption and related problems, including dependence

Overall study start date

01/01/2004

Completion date

09/01/2005

Eligibility

Key inclusion criteria

1. Weekly cannabis smokers
2. Aged 16 to 19 years
3. In Further Education (FE) colleges

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

320

Key exclusion criteria

No exclusion criteria

Date of first enrolment

01/01/2004

Date of final enrolment

09/01/2005

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

King's College London

London

United Kingdom

SE5 8AF

Sponsor information

Organisation

King's College London (UK)

Sponsor details

Institute of Psychiatry

De Crespigny Park

London

England

United Kingdom

SE5 8AF

g.dale@iop.kcl.ac.uk

Sponsor type

University/education

ROR

<https://ror.org/0220mzb33>

Funder(s)

Funder type

Charity

Funder Name

The Wellcome Trust (UK) (grant ref: 071301)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2008		Yes	No