

# Randomised controlled trial of the effectiveness of motivational interviewing in reducing drug-related risk among young people in further education colleges

<b>Submission date</b> 22/07/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 22/07/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 29/11/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
071301

# Study information

## Scientific Title

### Study objectives

The primary hypothesis to be tested is that: Motivational Interviewing (MI) will reduce frequency of cannabis use in comparison to an equally credible Drug Information and Advice (DIA) intervention after three months among young people aged 16 to 19 years old in Further Education (FE) colleges.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Drug addiction

### Interventions

Interventions will be delivered by practitioners trained in both interventions, and will embrace the range of drugs currently being used by the young person. Recorded interventions will be analysed to identify process mechanisms associated with outcomes. Follow-up data will be collected after three and six months.

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome(s)

The primary outcome will be frequency of use of cannabis.

### Key secondary outcome(s))

1. Secondary outcomes will include the use of other illegal drugs and interactional indicators of risk
2. Secondary measures of use of cannabis, cigarettes, alcohol, stimulant drugs will include both consumption and related problems, including dependence

**Completion date**

09/01/2005

## Eligibility

**Key inclusion criteria**

1. Weekly cannabis smokers
2. Aged 16 to 19 years
3. In Further Education (FE) colleges

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

No exclusion criteria

**Date of first enrolment**

01/01/2004

**Date of final enrolment**

09/01/2005

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

King's College London

London

United Kingdom

SE5 8AF

## Sponsor information

**Organisation**

King's College London (UK)

**ROR**

<https://ror.org/0220mzb33>

**Funder(s)****Funder type**

Charity

**Funder Name**

The Wellcome Trust (UK) (grant ref: 071301)

**Results and Publications****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2008		Yes	No