

# Randomised controlled trial of the effectiveness of motivational interviewing in reducing drug-related risk among young people in further education colleges

<b>Submission date</b> 22/07/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 22/07/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 29/11/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

**ClinicalTrials.gov number**

**Secondary identifying numbers**

071301

## **Study information**

**Scientific Title**

### **Study objectives**

The primary hypothesis to be tested is that: Motivational Interviewing (MI) will reduce frequency of cannabis use in comparison to an equally credible Drug Information and Advice (DIA) intervention after three months among young people aged 16 to 19 years old in Further Education (FE) colleges.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Other

### **Study type(s)**

Treatment

### **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Drug addiction

### **Interventions**

Interventions will be delivered by practitioners trained in both interventions, and will embrace the range of drugs currently being used by the young person. Recorded interventions will be analysed to identify process mechanisms associated with outcomes. Follow-up data will be collected after three and six months.

### **Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

The primary outcome will be frequency of use of cannabis.

**Secondary outcome measures**

1. Secondary outcomes will include the use of other illegal drugs and interactional indicators of risk
2. Secondary measures of use of cannabis, cigarettes, alcohol, stimulant drugs will include both consumption and related problems, including dependence

**Overall study start date**

01/01/2004

**Completion date**

09/01/2005

## Eligibility

**Key inclusion criteria**

1. Weekly cannabis smokers
2. Aged 16 to 19 years
3. In Further Education (FE) colleges

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

320

**Key exclusion criteria**

No exclusion criteria

**Date of first enrolment**

01/01/2004

**Date of final enrolment**

09/01/2005

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**King's College London**

London

United Kingdom

SE5 8AF

## **Sponsor information**

**Organisation**

King's College London (UK)

**Sponsor details**

Institute of Psychiatry

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**Sponsor type**

University/education

**ROR**

<https://ror.org/0220mzb33>

## **Funder(s)**

**Funder type**

Charity

**Funder Name**

The Wellcome Trust (UK) (grant ref: 071301)

## **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2008		Yes	No