

# An evaluation of the impact of early initiation of Highly Active Anti-Retroviral Therapy (HAART) on Tuberculosis (TB) treatment outcomes for TB patients co-infected with Human Immunodeficiency Virus (HIV)

<b>Submission date</b> 29/03/2006	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 29/03/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 30/09/2014	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

**ClinicalTrials.gov number**

**Secondary identifying numbers**

South Africa (A50560), Zambia (A50636), Uganda (A30224) and Tanzania (A30213)

## **Study information**

**Scientific Title**

**Acronym**

TB-HAART

**Study objectives**

That early concomitant treatment with TB and HIV medications may improve TB outcomes and improve survival.

As of 12/07/2011 the anticipated end date for this trial has been updated from 30/05/2009 to 30/06/2014.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received on the 17/08/2005.

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Tuberculosis (TB) and Human Immunodeficiency Virus (HIV) co-infections

**Interventions**

Placebo controlled trial.

Patients with TB-HIV co-infection with CD4 counts above 220, to be randomised into combined treatment with anti-TB and HIV medications and then HAART after six months, or anti-TB plus placebo for six months and then HAART thereafter.

All patients will be on HAART after six months, and post-trial medication is provided by the governments of participating countries.

### **Intervention Type**

Drug

### **Phase**

Not Specified

### **Drug/device/biological/vaccine name(s)**

Highly Active Anti-Retroviral Therapy (HAART)

### **Primary outcome measure**

The proportion of subjects reaching the composite endpoint of treatment failure or death at six months after the initiation of short-course chemotherapy for TB.

### **Secondary outcome measures**

1. The proportion of patients with TB relapse in the 24 months after initiation of short course chemotherapy in the two treatment groups
2. The proportion of patients reaching the multiple endpoint of treatment failure, relapse or death evaluated at 24 months after TB treatment initiation
3. The safety and tolerability of HAART used concomitantly with anti-TB medication

### **Overall study start date**

30/05/2006

### **Completion date**

30/06/2014

## **Eligibility**

### **Key inclusion criteria**

1. Aged 18 to 65 years
2. HIV treatment naive patients (established by history)
3. CD 4 T-cell count between 220-500 cells/l
4. No history of previous anti-TB chemotherapy
5. A traceable home address and contact details to facilitate home visits with a firm commitment to remain traceable and to be able to access a defined treatment/service point for 24 months
6. Not enrolled in any other drug or treatment trials
7. Informed consent for HIV testing (since the study population will be smear positive TB patients co-infected with HIV)
8. Informed consent to participate in the trial
9. For female subjects, the following conditions are to be met:
  - 9.1. Has been post-menopausal for at least one year, or
  - 9.2. Is surgically incapable of bearing children, or
  - 9.3. Is of childbearing potential and all of the following conditions are met:

9.3.1. Had a normal menstrual flow within one month before study entry  
9.3.2. Has a negative pregnancy test (urine) immediately before study entry (and later confirmed by serum pregnancy test)  
9.3.3. Must agree to use an accepted method of contraception (i.e. barrier methods or intrauterine device [IUD]). The subject must agree to continue with the same method throughout the study  
Note: If a patient is using a long-acting hormonal contraceptive (such as Depot-Provera), the patient can be enrolled in the study, however she should be advised to use it in conjunction with a barrier method or IUD due to the known pharmacokinetic interaction between the various study medications and hormonal contraceptives. If an oral hormonal agent is in use, the patient should be advised to change the method of contraception in favour of barrier methods.

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

1900

**Key exclusion criteria**

1. Evidence (laboratory and clinical history) of pre-existing non-tuberculosis disease likely to affect the response to, or assessment of treatment effects or represent contraindications to the study medication:
  - 1.1. Diabetes mellitus
  - 1.2. Liver impairment (alanine aminotransferase [ALT] or aspartate aminotransferase [AST] greater than 2 x the upper limit of normal value)
  - 1.3. Renal failure (serum creatinine greater than 2.0 mg/dl)
  - 1.4. Epilepsy
  - 1.5. Optical neuritis
  - 1.6. Pancreatitis (lipase greater than 140 U/l)
  - 1.7. Neutropenia (total neutrophil count less than 1200 cells/l)
  - 1.8. Severe anaemia (haemoglobin less than 6.9 g/dl)
  - 1.9. Any other condition that in the view of the country Principal Investigator represents a contraindication to the study medication
2. Mental illness (clinical suspicion of schizophrenia, manic-depressive illness, dementia)
3. Stage IV disease (according to World Health Organization [WHO] staging system)
4. Weight below 30 kg
5. Moribund or clinical evidence of severe illness

**Date of first enrolment**

30/05/2006

**Date of final enrolment**

30/06/2014

## **Locations**

### **Countries of recruitment**

South Africa

Switzerland

Tanzania

Uganda

Zambia

### **Study participating centre**

**World Health Organization**

Geneva-27

Switzerland

CH-1211

## **Sponsor information**

### **Organisation**

World Health Organization (WHO) (Switzerland)

### **Sponsor details**

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### **Sponsor type**

Research organisation

### **Website**

<http://www.who.int>

### **ROR**

<https://ror.org/01f80g185>

## **Funder(s)**

**Funder type**

Research organisation

**Funder Name**

World Health Organization (WHO) (Switzerland)

**Alternative Name(s)**

, , Всемирная организация здравоохранения, Organisation mondiale de la Santé, Organización Mundial de la Salud, WHO, , ВОЗ, OMS

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

International organizations

**Location**

Switzerland

**Funder Name**

US Agency for International Development (USAID) (USA)

**Funder Name**

GlaxoSmithKline (GSK) - drug supply

**Funder Name**

Merck & Co Inc. - drug supply

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2014		Yes	No