# Frenchay family and friends health promotion study

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
23/01/2004	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	☐ Results
Last Edited	Condition category	Individual participant data
31/10/2019	Mental and Behavioural Disorders	☐ Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

### Contact information

### Type(s)

Scientific

#### Contact name

Dr Lindsey Dow

#### Contact details

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### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

R/19/16-12-94/DOW/D

### Study information

#### Scientific Title

Frenchay family and friends health promotion study

### **Study objectives**

To identify the effectiveness of two interventions that aimed to promote smoking cessation among adult smokers visiting friends or relatives who were hospital in-patients.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

**Not Specified** 

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Mental and behavioural disorders: addiction

#### **Interventions**

- 1. (SN) screened by a specialist nurse, and then offered a minimum of three further appointments with the specialist nurse over a 12-month period, in which participants were given counselling regarding smoking cessation and other appropriate behavioural change, supported by appropriate health education material.
- 2. (GP) screened and counselled by a specialist nurse on one occasion and then advised to seek further advice from their GP.
- 3. Control group receiving no intervention within the 12-month study period.

### Intervention Type

Other

#### **Phase**

### Not Applicable

### Primary outcome measure

Smoking status at 12 months follow-up validated by salivary cotinine.

### Secondary outcome measures

Not provided at time of registration

### Overall study start date

01/06/1995

### Completion date

30/09/1998

## **Eligibility**

### Key inclusion criteria

Friends or relatives of in-patients at Frenchay Hospital who were smokers

### Participant type(s)

**Patient** 

### Age group

**Not Specified** 

#### Sex

**Not Specified** 

### Target number of participants

Not provided at time of registration

### Key exclusion criteria

Not provided at time of registration

### Date of first enrolment

01/06/1995

### Date of final enrolment

30/09/1998

### Locations

### Countries of recruitment

England

**United Kingdom** 

### Study participating centre

#### **North Bristol NHS Trust**

Bristol United Kingdom BS16 1LE

### Sponsor information

### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

### Sponsor type

Government

### Website

http://www.doh.gov.uk

## Funder(s)

### Funder type

Government

### **Funder Name**

NHS Executive South West (UK)

### **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration