Frenchay family and friends health promotion study

Submission date	Recruitment status	Prospectively registered
23/01/2004	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	☐ Results
Last Edited 31/10/2019	Condition category Mental and Behavioural Disorders	Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number R/19/16-12-94/DOW/D

Study information

Scientific Title

Frenchay family and friends health promotion study

Study objectives

To identify the effectiveness of two interventions that aimed to promote smoking cessation among adult smokers visiting friends or relatives who were hospital in-patients.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Mental and behavioural disorders: addiction

Interventions

- 1. (SN) screened by a specialist nurse, and then offered a minimum of three further appointments with the specialist nurse over a 12-month period, in which participants were given counselling regarding smoking cessation and other appropriate behavioural change, supported by appropriate health education material.
- 2. (GP) screened and counselled by a specialist nurse on one occasion and then advised to seek further advice from their GP.
- 3. Control group receiving no intervention within the 12-month study period.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Smoking status at 12 months follow-up validated by salivary cotinine.

Key secondary outcome(s))

Not provided at time of registration

Completion date

30/09/1998

Eligibility

Kev inclusion criteria

Friends or relatives of in-patients at Frenchay Hospital who were smokers

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/06/1995

Date of final enrolment

30/09/1998

Locations

Countries of recruitment

United Kingdom

England

Study participating centre North Bristol NHS Trust

Bristol United Kingdom BS16 1LE

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Funder Name

NHS Executive South West (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet
Participant information sheet
11/11/2025 No Yes