# Randomised controlled trial of a telephone support 'help card' versus usual care for self harm (SH) patients: effects on repetition

Submission date	Recruitment status	Prospectively registered
12/09/2003	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
12/09/2003	Completed	Results
Last Edited	Condition category	Individual participant data
14/04/2015	Mental and Behavioural Disorders	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Andrew Blewett

#### Contact details

Wonford House Hospital Exeter United Kingdom EX2 5AF

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** N0079102564

# Study information

## Scientific Title

Randomised controlled trial of a telephone support 'help card' versus usual care for self harm (SH) patients: effects on repetition

## **Study objectives**

Does presenting a 'help card' with details of relevant telephone support/advice to self harm patients alter the rate of self harm repetition?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

# Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Self harm

#### **Interventions**

Card versus treatment as usual

## Intervention Type

Other

#### Phase

**Not Specified** 

## Primary outcome measure

Repetition of deliberate self harm (identified) by 6 months.

## Secondary outcome measures

Not provided at time of registration

## Overall study start date

## Completion date

01/01/2006

# **Eligibility**

## Key inclusion criteria

Patients presenting with deliberate self harm to a district general hospital and subsequently seen by members of a specialist self harm service are randomised to receive a card versus treatment as usual. Criteria are adulthood and valid consent.

## Participant type(s)

**Patient** 

## Age group

Adult

## Sex

**Not Specified** 

## Target number of participants

Not provided at time of registration

## Key exclusion criteria

Not provided at time of registration

## Date of first enrolment

01/08/2000

## Date of final enrolment

01/01/2006

# Locations

# Countries of recruitment

England

**United Kingdom** 

## Study participating centre Wonford House Hospital

Exeter United Kingdom EX2 5AF

# Sponsor information

## Organisation

Department of Health (UK)

## Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

## Sponsor type

Government

## Website

http://www.doh.gov.uk

# Funder(s)

## Funder type

Government

#### Funder Name

Devon Partnership NHS Trust (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration