

# Randomised controlled trial of a telephone support 'help card' versus usual care for self harm (SH) patients: effects on repetition

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 14/04/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Andrew Blewett

### Contact details

Wonford House Hospital  
Exeter  
United Kingdom  
EX2 5AF

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0079102564

## Study information

**Scientific Title**

Randomised controlled trial of a telephone support 'help card' versus usual care for self harm (SH) patients: effects on repetition

**Study objectives**

Does presenting a 'help card' with details of relevant telephone support/advice to self harm patients alter the rate of self harm repetition?

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet****Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Self harm

**Interventions**

Card versus treatment as usual

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Repetition of deliberate self harm (identified) by 6 months.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/08/2000

**Completion date**

01/01/2006

## Eligibility

**Key inclusion criteria**

Patients presenting with deliberate self harm to a district general hospital and subsequently seen by members of a specialist self harm service are randomised to receive a card versus treatment as usual. Criteria are adulthood and valid consent.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/08/2000

**Date of final enrolment**

01/01/2006

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Wonford House Hospital

Exeter

United Kingdom

EX2 5AF

# Sponsor information

## Organisation

Department of Health (UK)

## Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

## Sponsor type

Government

## Website

<http://www.doh.gov.uk>

# Funder(s)

## Funder type

Government

## Funder Name

Devon Partnership NHS Trust (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration