ISRCTN77981324 https://doi.org/10.1186/ISRCTN77981324

# Randomised controlled trial of a telephone support 'help card' versus usual care for self harm (SH) patients: effects on repetition

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| **Submission date**<br>12/09/2003 | **Recruitment status**<br>No longer recruiting | [ ] Prospectively registered<br>[ ] Protocol<br>[ ] Statistical analysis plan<br>[ ] Results<br>[ ] Individual participant data<br>[ ] Record updated in last year |
| **Registration date**<br>12/09/2003 | **Overall study status**<br>Completed | |
| **Last Edited**<br>14/04/2015 | **Condition category**<br>Mental and Behavioural Disorders | |

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

**Contact name**
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## Additional identifiers

**Protocol serial number**
N0079102564

## Study information

**Scientific Title**
Randomised controlled trial of a telephone support 'help card' versus usual care for self harm (SH) patients: effects on repetition

**Study objectives**

Does presenting a 'help card' with details of relevant telephone support/advice to self harm patients alter the rate of self harm repetition?

**Ethics approval required**
Old ethics approval format

**Ethics approval(s)**
Not provided at time of registration

**Study design**
Randomised controlled trial

**Primary study design**
Interventional

**Study type(s)**
Treatment

**Health condition(s) or problem(s) studied**
Mental and Behavioural Disorders: Self harm

**Interventions**
Card versus treatment as usual

**Intervention Type**
Other

**Phase**
Not Specified

**Primary outcome(s)**
Repetition of deliberate self harm (identified) by 6 months.

**Key secondary outcome(s))**
Not provided at time of registration

**Completion date**
01/01/2006

# Eligibility

**Key inclusion criteria**
Patients presenting with deliberate self harm to a district general hospital and subsequently seen by members of a specialist self harm service are randomised to receive a card versus treatment as usual. Criteria are adulthood and valid consent.

**Participant type(s)**
Patient

**Healthy volunteers allowed**

No

**Age group**
Adult

**Sex**
Not Specified

**Key exclusion criteria**
Not provided at time of registration

**Date of first enrolment**
01/08/2000

**Date of final enrolment**
01/01/2006

# Locations

**Countries of recruitment**
United Kingdom

England

**Study participating centre**
**Wonford House Hospital**
Exeter
United Kingdom
EX2 5AF

# Sponsor information

**Organisation**
Department of Health (UK)

# Funder(s)

**Funder type**
Government

**Funder Name**
Devon Partnership NHS Trust (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary
Not provided at time of registration