

Extended Brief Interventions (EBI) for alcohol-dependent patients in an acute care setting

Submission date 04/02/2010	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input checked="" type="checkbox"/> Protocol
Registration date 16/03/2010	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 14/11/2018	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number
NCT01060397

Secondary identifying numbers

Study information

Scientific Title

A randomised controlled trial of extended brief interventions for alcohol-dependent patients in an acute care setting

Acronym

ADPAC

Study objectives

Extended Brief Interventions (EBI) delivered to alcohol-dependent patients in a hospital setting by an Alcohol Specialist Nurse (ASN) will be effective in reducing overall alcohol consumption and improving on the standard measures of alcohol dependence.

Ethics approval required

Old ethics approval format

Ethics approval(s)

North West 2 Research Ethics Committee - Liverpool Central, 23/09/2009, ref: 09/H1005/61

Study design

Single-centre randomised controlled trial with single-blinded independent follow up

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use contact details below to request a patient information sheet.

Health condition(s) or problem(s) studied

Alcohol dependence

Interventions

Consecutive alcohol-related attendances will be screened for alcohol dependence. Eligible patients who consent will be randomised to either the treatment arm or normal clinical care. Randomisation will be carried out using computer-generated sequentially-numbered sealed envelopes.

Treatment: The EBI utilised by the ASN will follow the FRAMES approach (6 point approach -

Feedback, Responsibility, Advice, Menu of Options, Empathy, Self-efficacy). Four to six interventions (20 minutes duration each) will be delivered by an ASN within a twelve-week period. Measures will be recorded at recruitment, 12 weeks and 6 months.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

1. Alcohol Use Disorders Identification Test (AUDIT)
2. Severity of Alcohol dependence (SADQ)

Secondary outcome measures

1. Measure of Dependence (Leeds Dependency Questionnaire).
2. Quantity and frequency of alcohol consumption in UK units per drinking day.
3. Readiness to Change Questionnaire (RTCQ).
4. Number of ED attendances 6 months pre and 6 months post treatment/control.
5. Hospital length of stay sum days in hospital 6 months and 6 months post treatment/control.
6. Number of hospital admissions 6 months pre and 6 months post treatment/control.
7. Length of stay for initial treatment in days.

Overall study start date

01/11/2009

Completion date

01/11/2012

Eligibility**Key inclusion criteria**

Patients with a score equal to or greater than 16 on the Alcohol Use Disorder Identification Test (AUDIT) screening tool.

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

260

Key exclusion criteria

1. Patients known to be intravenous drug abusers
2. Patients unable to give informed consent

3. Patients whose medical co-morbidity requires frequent or long-term hospital admission
4. Patients known to be pregnant
5. Patient's presently recruited to any other research trial

Date of first enrolment

01/11/2009

Date of final enrolment

01/11/2012

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

The University of Liverpool

Liverpool

United Kingdom

L69 3GL

Sponsor information

Organisation

Southport and Ormskirk NHS Hospital Trust (UK)

Sponsor details

Room 119

LRC

Ormskirk Hospital

Wigan Road

Ormskirk

Southport

England

United Kingdom

L39 2AZ

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beverley.harrison@southportandormskirk.nhs.uk

Sponsor type

Hospital/treatment centre

ROR

Funder(s)

Funder type

Government

Funder Name

Research for Patient Benefit Programme (ref:PB-PG-0408-15077)

Alternative Name(s)

NIHR Research for Patient Benefit Programme, RfPB

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	04/07/2011		Yes	No
Results article	results	01/09/2016		Yes	No