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Extended Brief Interventions (EBI) for alcohol-dependent patients in an acute care setting

Submission date	Recruitment status	[_] Prospectively registered
04/02/2010	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
16/03/2010	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
14/11/2018	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Munir Pirmohamed

Contact details
MRC Centre for Drug Safety Science
Department of Pharmacology
The University of Liverpool
Ashton Street
Liverpool
United Kingdom
L69 3GL
-
munirp@liv.ac.uk

Additional identifiers

ClinicalTrials.gov (NCT)
NCT01060397

Protocol serial number
PB-PG-0408-15077

Study information

Scientific Title
A randomised controlled trial of extended brief interventions for alcohol-dependent patients in an acute care setting

Acronym
ADPAC

Study objectives
Extended Brief Interventions (EBI) delivered to alcohol-dependent patients in a hospital setting by an Alcohol Specialist Nurse (ASN) will be effective in reducing overall alcohol consumption and improving on the standard measures of alcohol dependence.

Ethics approval required
Old ethics approval format

Ethics approval(s)
North West 2 Research Ethics Committee - Liverpool Central, 23/09/2009, ref: 09/H1005/61

Study design
Single-centre randomised controlled trial with single-blinded independent follow up

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Alcohol dependence

Interventions
Consecutive alcohol-related attendances will be screened for alcohol dependence. Eligible patients who consent will be randomised to either the treatment arm or normal clinical care. Randomisation will be carried out using computer-generated sequentially-numbered sealed envelopes.
Treatment: The EBI utilised by the ASN will follow the FRAMES approach (6 point approach - Feedback, Responsibility, Advice, Menu of Options, Empathy, Self-efficacy). Four to six interventions (20 minutes duration each) will be delivered by an ASN within a twelve-week period. Measures will be recorded at recruitment, 12 weeks and 6 months.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Alcohol Use Disorders Identification Test (AUDIT)
2. Severity of Alcohol dependence (SADQ)

Key secondary outcome(s))
1. Measure of Dependence (Leeds Dependency Questionnaire).
2. Quantity and frequency of alcohol consumption in UK units per drinking day.
3. Readiness to Change Questionnaire (RTCQ).
4, Number of ED attendances 6 months pre and 6 months post treatment/control.
5. Hospital length of stay sum days in hospital 6 months and 6 months post treatment/control.
6. Number of hospital admissions 6 months pre and 6 months post treatment/control.
7. Length of stay for initial treatment in days.

Completion date
01/11/2012

Eligibility

Key inclusion criteria
Patients with a score equal to or greater than 16 on the Alcohol Use Disorder Identification Test (AUDIT) screening tool.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
1. Patients known to be intravenous drug abusers
2. Patients unable to give informed consent
3. Patients whose medical co-morbidity requires frequent or long-term hospital admission
4. Patients known to be pregnant
5. Patient's presently recruited to any other research trial

Date of first enrolment
01/11/2009

Date of final enrolment
01/11/2012

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
The University of Liverpool
Liverpool
United Kingdom
L69 3GL

Sponsor information

Organisation
Southport and Ormskirk NHS Hospital Trust (UK)

ROR
https://ror.org/0586bt104

Funder(s)

Funder type
Government

Funder Name
Research for Patient Benefit Programme (ref:PB-PG-0408-15077)

Alternative Name(s)
NIHR Research for Patient Benefit Programme, Research for Patient Benefit (RfPB), The NIHR Research for Patient Benefit (RfPB), RfPB

Funding Body Type
Government organisation

Funding Body Subtype
National government

Location
United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2016		Yes	No
Protocol article	protocol	04/07/2011		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes