

# Oral Nifedipine versus Intravenous Labetalol hydrochloride for acute blood pressure control in Hypertensive Emergencies of Pregnancy

<b>Submission date</b> 01/02/2011	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 17/03/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 31/01/2012	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
738.15

# Study information

## Scientific Title

Oral nifedipine versus intravenous labetalol hydrochloride for acute blood pressure control in hypertensive emergencies of pregnancy: a double blind randomised clinical trial

## Acronym

ONILHEP

## Study objectives

Oral nifedipine has a more rapid effect on blood pressure in a hypertensive emergency of pregnancy compared to intravenous labetalol hydrochloride.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

University of Malaya Medical Centre Medical Ethics Committee approved on the 8th September 2009 (ref: 738.15)

## Study design

Double blind randomised clinical trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Severe hypertension of pregnancy

## Interventions

Randomisation to regimen (A) nifedipine 10 mg tablet orally and intravenous placebo saline injection (up to 5 doses) or regimen (B) intravenous labetalol injection (at escalating dose regimen of 20 mg, 40 mg, 80 mg 80 mg and 80 mg) and a placebo tablet, repeated every 15 minutes until target blood pressure less than or equal to 150/100 mmHg is achieved.

Crossover treatment is carried out if the target blood pressure is not achieved after completion of the allocated regimen. Total duration of treatment is up to 2.5 hours and maximum follow up is at hospital discharge after delivery of the baby.

## **Intervention Type**

Drug

## **Phase**

Not Applicable

## **Drug/device/biological/vaccine name(s)**

Nifedipine, labetalol hydrochloride

## **Primary outcome measure**

The time taken to achieve target systolic blood pressure less than or equal to 150 mmHg and diastolic blood pressure less than or equal to 100 mmHg, measured at no later than 3 hours after commencement of treatment

## **Secondary outcome measures**

1. Number of drug doses required to achieve target pressure less than or equal to 150/100 mmHg
2. Blood pressure profile during study period (a minimum of 1 hour from study drug administration or time taken to achieve target blood pressure whichever is the longer)
3. Maternal pulse profile during study period
4. Cardiotocogram abnormality
5. Maternal hypotension (blood pressure less than 90/60 mmHg)
6. Side effects profile by questionnaire at the end of the study period
7. Retreatment for hypertensive crises in 2 weeks following randomisation

Measurements not later than at hospital discharge following delivery of the baby.

## **Overall study start date**

02/01/2010

## **Completion date**

18/10/2010

# **Eligibility**

## **Key inclusion criteria**

1. Sustained severe hypertension defined as systolic blood pressure of greater than or equal to 160 mmHg and/or diastolic blood pressure greater than or equal to 110 mmHg on at least two occasions in the last 4 hours, at least 30 minutes apart. The latest blood pressure reading must fulfil the criteria of severe hypertension.
2. Medical decision to rapidly control blood pressure
3. Greater than or equal to 24 weeks gestation
4. Viable singleton foetus with acceptable cardiotocography (CTG)
5. Maternal heart rate greater than or equal to 60 bpm and less than or equal to 120 bpm
6. Aged 19 - 40 years, all pregnant females

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

50 in total

**Key exclusion criteria**

1. Maternal history of cardiac arrhythmia
2. Heart failure
3. Asthma
4. Allergy or contraindication to either nifedipine or labetalol hydrochloride
5. Antihypertensive drug treatment in the last 72 hours

**Date of first enrolment**

02/01/2010

**Date of final enrolment**

18/10/2010

**Locations****Countries of recruitment**

Malaysia

**Study participating centre**

Department of Obstetrics and Gynaecology

Kuala Lumpur

Malaysia

50603

**Sponsor information****Organisation**

University of Malaya Medical Centre (Malaysia)

**Sponsor details**

Department of Obstetrics and Gynaecology

Lembah Pantai

Kuala Lumpur

Malaysia  
50603

**Sponsor type**  
University/education

**Website**  
<http://www.ummc.edu.my/>

**ROR**  
<https://ror.org/00vkrxq08>

## **Funder(s)**

**Funder type**  
University/education

**Funder Name**  
University of Malaya (Malaysia)

**Alternative Name(s)**  
University of Malaya, University Malaya, Malayan University, UM

**Funding Body Type**  
Government organisation

**Funding Body Subtype**  
Universities (academic only)

**Location**  
Malaysia

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2012		Yes	No