Quality of life of adolescents with idiopathic scoliosis in Korea

Submission date	Recruitment status	Prospectively registered
18/08/2015	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
20/08/2015	Completed	Results
Last Edited	Condition category Musculoskeletal Diseases	Individual participant data
20/08/2015		Record updated in last year

Plain English summary of protocol

Background and study aims

The spine is made up of a series of small bones called vertebrae. Scoliosis is a condition that causes the vertebrae to twist or rotate, causing the spine to curve sideways. There are several different types of scoliosis, however the most common type is known as "idiopathic", which means that the exact cause is not known. Scoliosis can have a disfiguring effect on appearance. This is a particular problem in young people, who are often more concerned with the way their bodies look than adults, as it is a sensitive stage of development. It is thought that young people will experience a lot of emotional distress because of their condition, which can have an effect on their quality of life. This study aims to see how young people suffering from idiopathic scoliosis feel about their quality of life in relation to the disease characteristics and characteristics of the general population.

Who can participate?

Patients between the ages of 8 and 20 suffering from idiopathic scoliosis.

What does the study involve?

Participants are asked to fill in a questionnaire designed to find out how good they feel their quality of life is. The medical records of the participants are also reviewed by the researchers to collect information about how serious their disease is, the type of treatment they are having, and the age when the disease was first diagnosed.

What are the possible benefits and risks of participating?

There are no benefits of participating in the study other than providing new insight and valuable information of HRQoL of Korean adolescents with idiopathic scoliosis. There are no risks of participating.

Where is the study run from?

- 1. Severance Hosptial (South Korea)
- 2. Kangnam Severance Hospital (South Korea)

When is the study starting and how long is it expected to run for? November 2010 to August 2012

Who is funding the study?
Mo-Im Nursing Research Institute of Yonsei University (South Korea)

Who is the main contact? Professor Jihea Choi

Contact information

Type(s)

Scientific

Contact name

Prof Jihea Choi

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

Health-related quality of life of young adolescents conservatively treated for idiopathic scoliosis in Korea: a cross-sectional study

Study objectives

This cross-sectional study aims to describe and compare health-related quality of life (HRQoL) of adolescents with idiopathic scoliosis by disease-related characteristics such as age of diagnosis, type of treatment, severity of idiopathic scoliosis, as well as demographic characteristics.

Ethics approval required

Old ethics approval format

Ethics approval(s)

- 1. Institutional Review Board of Gangnam Severance Hospital: 24/11/2010, ref: 3-2010-0172
- 2. Clinical Trials Center (CTC) of Severance Hospital: 22/12/2011, ref: 4-2011-0682

Study design

Multi-centre observational cross-sectional study

Primary study design

Observational

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Scoliosis

Interventions

One hundred and ten adolescents with idiopathic scoliosis were recruited from two tertiary hospital outpatient clinics over 1 year. Health-related quality of life (HRQoL) of participants was measured using the Korean version of the Scoliosis Research Society 22 revision (SRS-22r) questionnaire. In addition, their medical records were reviewed to collect data on severity of scoliosis, type of treatment, and age at which they were first diagnosed with the disease.

Intervention Type

Primary outcome(s)

Health-related quality of life (HRQoL) is measured during clinical visits, measured using the Korean version of the Scoliosis Research Society 22 revision (SRS-22r) questionnaire. The SRS-22r contains 22 questions in five domains: function (5 items), pain (5 items), self-image (5 items), mental health (5 items), and satisfaction with management (2 items). Each item contains 5 response levels from worst (1 point) to best (5 point), and the results are expressed as the mean score of each domain and total score of the scale. A higher total score indicates a higher level of quality of life.

Key secondary outcome(s))

Not provided at time of registration.

Completion date

30/08/2012

Eligibility

Key inclusion criteria

- 1. Aged between 8 and 20 years
- 2. Having a primary diagnosis of idiopathic scoliosis.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

8 years

Upper age limit

20 years

Sex

All

Key exclusion criteria

Any other diagnosable musculoskeletal disease, except for scoliosis and cognitive impairment.

Date of first enrolment

24/11/2010

Date of final enrolment

30/08/2012

Locations

Countries of recruitment

Korea, South

Study participating centre Severance Hospital

Seoul Korea, South 03722

Study participating centre Kangnam Severance Hospital

Seoul Korea, South 06273

Sponsor information

Organisation

Severance Hospital

Organisation

KangNam Severance Hospital

Organisation

Severance Hospital

ROR

https://ror.org/044kjp413

Funder(s)

Funder type

University/education

Funder Name

Mo-Im Nursing Research Institute of Yonsei University (South Korea)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Available on request