

# German Automatic chest compression Resuscitation Trial

<b>Submission date</b> 07/01/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 20/03/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 19/11/2010	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**  
Automatic chest compressions by the AUTOpulse® resuscitation system versus conventional manual chest compressions in resuscitation from pre-hospital cardiac arrest: a prospective randomised pre-clinical trial in a GERman emergency medical system

## **Acronym**

German ART

## **Study objectives**

Resuscitation with the Autopulse® resuscitation system effects both a better primary and a better long term outcome after pre-hospital cardiac arrest.

Please note that as of 28/11/2008 the public title and acronym fields have been updated. The initial details were as follows:

Initial public title: Automatic chest compressions by the Autopulse® resuscitation system versus conventional manual chest compressions in resuscitation from pre-hospital cardiac arrest

Initial acronym: AUTOGER

As of 19/11/2010 this record has been updated and the public title changed to the above; the previous public title was 'German Autopulse Resuscitation Trial'. At this time, the anticipated end date was also amended; the previous end date was 09/01/2010. The target number of participants was extended from 200 to 250 - 300 participants. All other changes can be found in the relevant section.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

1. Independent Ethics Board of the University of Bonn (Germany) on the 13th September 2007 (ref: 099/06)
2. Independent Ehtics Board of th Medical Association of North Rhine (Duesseldorf, Germany) on the 1st April 2008 (ref: 2008068) (added 28/11/2008).

## **Study design**

Prospective, single centre, pre-clinical, randomised controlled trial.

## **Primary study design**

Interventional

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Pre-hospital cardiac arrest

## **Interventions**

The participants will be randomised into the intervention and control groups. Both groups will receive advanced cardiac life support in accordance with the 2005 European Resuscitation Council Guidelines.

Intervention group: chest compressions by the Autopulse® resuscitation system

Control group: manual chest compressions

In addition to the intervention and control groups, a subgroup "fast Autopulse®" will be identified for the analysis of primary and secondary outcome measures. A "fast Autopulse®" patient is defined as a patient who received the first Autopulse® compression less than six minutes of the arrival of the first clinical staff at the site.

## **Intervention Type**

Other

## **Phase**

Not Applicable

## **Primary outcome(s)**

Rate of admission to hospital with a spontaneous heart rhythm and a palpable pulse.

## **Key secondary outcome(s)**

Current information as of 19/11/2010:

The following will be analysed for the three patient groups described above:

1. 24-hours survival
2. Rate of discharge from intensive care unit
3. Rate of discharge from hospital
3. Three-month survival
5. One-year survival
6. Overall and neurological performance at these four defined points of time

Initial information at time of registration:

The following will be analysed for the three patient groups described above:

1. Rate of discharge from intensive care unit
2. Rate of discharge from hospital
3. Three-month survival
4. One-year survival
5. Overall and neurological performance at these four defined points of time

## **Completion date**

31/12/2010

# **Eligibility**

## **Key inclusion criteria**

1. Patients of the emergency medical system with resuscitation from pre-clinical cardiac arrest of non-traumatic origin
2. Both genders
3. Aged 18 - 80 years

## **Participant type(s)**

Patient

## **Healthy volunteers allowed**

No

## **Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Cardiac arrest of traumatic origin
2. Aged less than 18 or greater than 80 years (known or estimated)
3. Extreme adiposity (estimated chest circumference greater than 150 cm or estimated weight greater than 150 kg)
4. Pregnancy (known or visually noticeable)
5. Time taken from 112 call to physician's arrival at the site greater than 15 minutes

**Date of first enrolment**

10/01/2008

**Date of final enrolment**

31/12/2010

## **Locations**

**Countries of recruitment**

Germany

**Study participating centre**

Universitätsklinikum Bonn

Bonn

Germany

53105

## **Sponsor information**

**Organisation**

University of Bonn (Germany)

**ROR**

<https://ror.org/041nas322>

## **Funder(s)**

**Funder type**

University/education

**Funder Name**

University of Bonn (Germany) - Department of Anaesthesiology and Intensive Care Medicine

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes