ISRCTN78427302 https://doi.org/10.1186/ISRCTN78427302

Effectiveness of a computerised cognitive behavioural therapy programme (Overcoming Depression) for patients suffering from depression as compared to a waiting list control group.

Submission date
30/09/2005

Recruitment status
No longer recruiting

Registration date
30/09/2005

Overall study status
Completed

Last Edited
11/04/2014

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[ ] Results
[ ] Individual participant data
[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Robert Dudley

Contact details
Newcastle Cognitive & Behavioural Therapies Centre
Plummer Court
Carliol Place
Newcastle upon Tyne
United Kingdom
NE1 6UR

Additional identifiers

Protocol serial number
N0573142164

Study information

Scientific Title

Study objectives
Will people receiving Computerised Cognitive Behavioural Therapy (CCBT) show reductions in depressive and anxious symptoms in comparison to those receiving no intervention?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Mental and Behavioural Disorders: Depression

Interventions
Computerised Cognitive Behavioural Therapy (CCBT) vs no intervention

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Beck Depression Inventory (BDI); Beck Anxiety Inventory; Clinical Outcomes in Routine Evaluation: Hospital Anxiety and Depression Scale.
The BDI is the most frequently used measure for considering the effect size. Drawing on similar previous trials we could expect a reduction in BDI scores of approximately 10 points.

Key secondary outcome(s))
Not provided at time of registration

Completion date
30/06/2004

Eligibility

Key inclusion criteria

Male and female adult out patients who have been referred for specialist cognitive behavioural therapy for treatment of depression.
Participants will have:
1. Primary diagnosis of depression disorder or anxiety.
2. No change in medication for the previous 12 weeks.
3. Willingness to try a trial of CCBT.
4. No evidence of severe depression or suicidal intent.
5. No evidence of current substance abuse.
6. No evidence of organic impairment.
7. Agreement of RMO for participation.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
1. Patients with organic disorders
2. Patients with personality disorder
3. Patients who can not comprehend English

Date of first enrolment
01/06/2003

Date of final enrolment
30/06/2004

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Newcastle Cognitive & Behavioural Therapies Centre
Newcastle upon Tyne
United Kingdom
NE1 6UR

Sponsor information

Organisation
Department of Health

Funder(s)

Funder type
Government

Funder Name
Newcastle, North Tyneside and Northumberland Mental Health NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration