Adults with Acute Myeloid Leukaemia or High-Risk Myelodysplastic Syndrome (AML19)

Submission date 30/09/2014	Recruitment status No longer recruiting	[X] Prospectively registered [] Protocol		
, Registration date	Overall study status	 Statistical analysis plan 		
08/12/2014	Completed	[X] Results		
Last Edited 01/05/2025	Condition category Cancer	Individual participant data		

Plain English summary of protocol

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-at-differenttreatments-for-acute-myeloid-leukaemia-and-high-risk-myelodysplastic https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-at-treatmentfor-acute-promyelocytic-leukaemia-aml-19

Study website

https://www.cardiff.ac.uk/centre-for-trials-research/research/studies-and-trials/view/aml19

Contact information

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Additional identifiers

EudraCT/CTIS number 2014-002195-90

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers SPON1334-04

Study information

Scientific Title

Adults with Acute Myeloid Leukaemia or High-Risk Myelodysplastic Syndrome (AML19): a randomised, controlled, open label Phase III trial

Acronym

AML19

Study objectives

Current study hypothesis as of 25/02/2021:

Primary Objective:

To compare overall survival in patient groups of differing risk status by assessing time from randomisation into particular arms of the study until death from any cause

Secondary Objectives:

1. To assess achievement of complete remission (CR) after treatment in all patient groups by calculating time of randomisation until time of first CR

2.To assess duration of CR by reviewing time from first CR to first relapse, and see if rate of relapse varies by treatment group

3. To assess the toxicities experienced in each course of treatment in all patient groups 4. To evaluate the safety and efficacy of Midostaurin in patients with a FLT3 mutation who have received DA chemotherapy combined with Gemtuzumab Ozogamicin (Mylotarg)

5. To assess quality of life in all patient groups

Exploratory Objectives:

To evaluate the therapeutic relevance of morphological, cytogenetic, molecular-genetic (genomic) and immunophenotypic assessments, in particular:

1. The relevance of the molecular and immunophenotypic detection of minimal residual disease

2. To associate molecular genotype (genomics) with clinical outcome

3. To store excess diagnostic material for future research

Previous study hypothesis:

For patients with acute myeloid leukaemia (AML) the aims of the AML19 trial are:

1. To compare four induction chemotherapy schedules (namely DA + Mylotarg (3mg/m2) or DA + Mylotarg (3mg/m2 x2, maximum 5mg per day)versus FLAG-Ida + Mylotarg (3mg/m2) or FLAG-Ida + Mylotarg (3mg/m2 x2, maximum 5mg per day)) in patients who are not known at entry to have adverse cytogenetics

2. For patients receiving FLAG-Ida to compare one or two courses of HDAC consolidation versus no further treatment

3. Patients with FLT3 mutations may enter the AML19 pilot trial

- 4. To assess the value of Ganetespib in patients who lack a FLT3 mutation and are not high risk
- 5. In high risk patients, and those known to have adverse cytogenetics at entry, to compare

novel treatment, CPX-351 vs FLAG-Ida

6. In high risk patients who have received 2 courses of FLAG-Ida induction, to evaluate in a non randomised fashion the combination of Fludarabine + CPX-351

7. In high risk patients, to evaluate, the value of allogeneic stem cell transplantation (SCT), from sibling or alternative donors

8. To assess the clinical value of minimal residual disease monitoring for patients overall survival For patients with APL the aims of the AML19 trial are:

1. To evaluate the Idarubicin based, AIDA Schedule

2. Endpoints for Patients who have non-APL AML. The main endpoints for each comparison will be:

2.1. Overall survival (OS)

2.2. Complete remission (CR) achievement and reasons for failure (for induction questions)

- 2.3. Duration of remission, relapse rates and deaths in first CR
- 2.4. Toxicity, both haematological and non-haematological
- 2.5. Quality of life for patients in the disease monitoring randomisation
- 2.6. Supportive care requirements (and other aspects of health economics)

Ethics approval required

Old ethics approval format

Ethics approval(s)

Wales REC 3, 12/08/2014, ref. 14/WA/1056

Study design

Randomized controlled open-label phase III trial, factorial design

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s) Hospital

Study type(s) Treatment

Participant information sheet Patient information sheets are provided through the patients hospital setting

Health condition(s) or problem(s) studied

Acute myeloid leukaemia and myelodysplastic syndrome

Interventions

Current interventions as of 25/02/2021:

Patients with CD33 positive de novo AML are randomised in a 1:1 ratio between DA chemotherapy and one dose of Mylotarg (given at a dose of 3 mg/m² on Day 1 of Course 1), and DA chemotherapy and two doses of Mylotarg (given at a dose of 3 mg/m² up to maximum of 5 mg, on Day 1 and Day 4 of course 1).

Patients who have a FLT3 mutation identified by the AML19 laboratory will have Midostaurin added to their treatment regimen, at a dose of 50 mg PO twice daily (Days 11-24 of Course 1).

All patients have DA chemotherapy alone in Course 2, and recieve high dose Ara-C as consolidation treatment in Courses 3 and 4.

Those who recieve Midostaurin will take this on Days 9-22 of Course 1, and Days 8-21 of Courses 3 and 4. Patients on Midostaurin will then have Midostaurin maintenance therapy for 12 cycles of 28 days.

If a patient is identified to be high-risk at any time, they should be taken off-trial and FLAG-Ida /transplant is recommended.

Previous interventions:

The AML19 trial looks to build upon previous trials in AML. It is known that the condition can present with one of two subtypes, and this is taken into account in the trial design.

In the majority of patients (those who do not have the APL-subtype), the trial looks to refine the current standard of care (which is a combination of drugs called DA) by asking a number of questions:

1. To compare two drug combinations (Daunorubicin/Ara-C DA vs Fludarabine/Ara-C/G-CSF /Idarubicin FLAG-Ida) to see which gives better survival

2. To identify the best way of giving the drug Mylotarg in addition to chemotherapy either at a single dose of 3mg/m2 or in 2 doses of either 3mg/m2 or 5mg whichever is smaller. (This randomisation will only be available to patients who are suitable to receive Mylotarg).

3. In patients who receive FLAG-Ida, to work out the optimal number of courses of treatment. In particular, how much if any consolidation treatment with Ara-C is required a randomisation between 0,1 and 2 courses of consolidation

4. To see if inhibiting a protein called HSP-90 with a drug called Ganetespib will improve outcomes

5. For poor risk patients, to see if a new drug called CPX-351 is any better than standard of care, which is FLAG-Ida

6. In patients who fail following 2 courses of FLAG-Ida (and so would not be suitable for further FLAG-Ida treatment) to evaluate a combination of Fludarabine and CPX-351

7. To evaluate whether a stem-cell transplant (e.g a bone marrow transplant) from either a matched sibling or unrelated donor can improve outcomes

8. To see whether monitoring patients bone marrow and blood sequentially can improve outcomes by successfully predicting patients who are likely to relapse, and what effect his has on quality of life.

Additionally patients who are found to have a FLT-3 mutation will be able to access the AML19 Pilot Trial of Ponatinib.

In patients with the APL subtype we will continue to assess the real-world effectiveness of standard of care, which is a combination of drugs called AIDA (ATRA plus Idarubicin), and to allow patients to access residual disease monitoring.

Intervention Type

Drug

Phase Phase III

Drug/device/biological/vaccine name(s)

Gemtuzumab ozogamicin, daunorubicin, cytarabine, midostaurin

Primary outcome measure

Current primary outcome measure as of 25/02/2021:

Overall survival in patient groups of differing risk status by measuring time from randomisation into particular arms of the study until death from any cause

Previous primary outcome measure:

To be assessed at the end of trial.

The AML19 trial looks to build upon previous trials in AML. It is known that the condition can present with one of two subtypes, and this is taken into account in the trial design. In the majority of patients (those who do not have the APL-subtype), the trial looks to refine the current standard of care (which is a combination of drugs called DA) by asking a number of questions:

1. To compare two drug combinations (Daunorubicin/Ara-C DA vs Fludarabine/Ara-C/G-CSF /Idarubicin FLAG-Ida) to see which gives better survival

2. To identify the best way of giving the drug Mylotarg in addition to chemotherapy either at a single dose of 3mg/m2 or in 2 doses of either 3mg/m2 or 5mg whichever is smaller. (This randomisation will only be available to patients who are suitable to receive Mylotarg).

3. In patients who receive FLAG-Ida, to work out the optimal number of courses of treatment. In particular, how much if any consolidation treatment with Ara-C is required a randomisation between 0,1 and 2 courses of consolidation

4. To see if inhibiting a protein called HSP-90 with a drug called Ganetespib will improve outcomes

5. For poor risk patients, to see if a new drug called CPX-351 is any better than standard of care, which is FLAG-Ida

6. In patients who fail following 2 courses of FLAG-Ida (and so would not be suitable for further FLAG-Ida treatment) to evaluate a combination of Fludarabine and CPX-351

7. To evaluate whether a stem-cell transplant (e.g a bone marrow transplant) from either a matched sibling or unrelated donor can improve outcomes

8. To see whether monitoring patients bone marrow and blood sequentially can improve outcomes by successfully predicting patients who are likely to relapse, and what effect his has on quality of life.

Additionally patients who are found to have a FLT-3 mutation will be able to access the AML19 Pilot Trial of Ponatinib. In patients with the APL subtype we will continue to assess the realworld effectiveness of standard of care, which is a combination of drugs called AIDA (ATRA plus Idarubicin), and to allow patients to access residual disease monitoring.

Secondary outcome measures

Current secondary outcome measures as of 01/03/2021:

1. Achievement of complete remission (CR) after treatment in all patient groups by measuring time from randomisation until time of first CR

2. Duration of CR by measuring time from first CR to first relapse

3. Rate of relapse by treatment group measured using number of events of relapse following CR recorded in participant notes between randomisation and the end of the study

4. Toxicities experienced in each course of treatment in all patient groups measured using number of events of toxicity recorded in participant notes between randomisation and the end of the study

5. Safety and efficacy of Midostaurin in patients with a FLT3 mutation who have received DA chemotherapy combined with Gemtuzumab Ozogamicin (Mylotarg) measured using number of

adverse events recorded in participant notes between randomisation and the end of the study and overall survival from randomisation until death from any cause

6. Quality of life in all patient groups measured using the EORTC QLQ-C30 Version 3 questionnaire at baseline, prior to C2 (~6 weeks), 3, 6, 9, and 12 months after randomisation

Previous secondary outcome measures as of 25/02/2021:

1. Achievement of complete remission (CR) after treatment in all patient groups by measuring time from randomisation until time of first CR

2. Duration of CR by measuring time from first CR to first relapse

3. Rate of relapse by treatment group measured using number of events of relapse following CR recorded in participant notes between randomisation and the end of the study

4. Toxicities experienced in each course of treatment in all patient groups measured using number of events of toxicity recorded in participant notes between randomisation and the end of the study

5. Safety and efficacy of Midostaurin in patients with a FLT3 mutation who have received DA chemotherapy combined with Gemtuzumab Ozogamicin (Mylotarg) measured using number of adverse events recorded in participant notes between randomisation and the end of the study and overall survival from randomisation until death from any cause

6. Quality of life in all patient groups

Previous secondary outcome measures:

To be reviewed at the end of the trial.

In addition to the main clinical questions above, the trial will collect a lot of data on a well characterised group of patients. This will enable the following questions to be addressed: 1. What is the relevance of detecting minimal residual disease using one of two methods (molecular and immunophenotypic)

2. Are there biomarkers or other molecular (laboratory) measurements that correlate with clinical outcome

Consent will be taken to store any excess diagnostic material for future research that will inform future trials.

Overall study start date

01/01/2015

Completion date

31/07/2023

Eligibility

Key inclusion criteria

Current participant inclusion criteria as of 25/02/2021:

1. One of the forms of CD33 positive (any level), favourable, standard risk or unknown cytogenetics de novo AML as defined by theWHO Classification

2. WHO performance status 0-2

3. Considered suitable for intensive chemotherapy

4. Aged 16 to 60 years with the following caveats:

4.1. If intensive therapy is considered a suitable option those aged >60 years are eligible

4.2. To receive midostaurin: aged ≥18 years

5. A negative pregnancy test within 2 weeks prior to trial entry in WOCBP to be repeated throughout the trial prior to each course of protocol treatment

6. Sexually active participants must agree to use an adequate and medically accepted method of

contraception throughout the study, and for 6 months following treatment (female participants receiving Mylotarg should continue for 7 months following treatment), if they, or their sexual partners, are women of childbearing potential (WOCBP)

7. Written informed consent provided

8. Patients must have Serum Alanine Aminotransferase (ALT) and Aspartate Aminotransferase (AST) ≤2.5 × upper limit of normal (ULN) and bilirubin ≤2 × ULN

9. To receive midostaurin: FLT3-TKD or FLT3-ITD mutation detected by the central laboratory in Cardiff

Previous participant inclusion criteria:

AML Patients:

1. They have one of the forms of acute myeloid leukaemia as defined by the WHO Classification (Appendix A) this can be any type of de novo or secondary AML or high risk Myelodysplastic Syndrome (defined as >10% bone marrow blasts)

2. Patients with acute promyelocytic leukaemia (APL) are eligible and should be entered into the randomisations specifically for APL (see Section 9)

3. They are considered suitable for intensive chemotherapy

4. They should normally be 18 years up to the age of 60, but patients over this age are eligible if = intensive therapy is considered a suitable option

5. The serum creatinine should be ≤ 1.5 × ULN (upper limit of normal)

6. Patients eligible for the Mylotarg randomisation must have Serum Alanine Aminotransferase (ALT) and Aspartate Aminotransferase (AST) ≤2.5 × ULN and bilirubin ≤2.× ULN (Note: Patients who do not comply with the liver inclusion criteria are eligible to enter the trial but will be excluded from the Mylotarg randomisation)

7. Sexually mature males must agree to use an adequate and medically accepted method of contraception throughout the study if their sexual partners are women of child bearing potential (WOCBP). Similarly women must agree to adequate contraceptive measures. This applies to APL and AML patients. In both males and females these measures must be in place for at least 30 days after the last administration of ganetespib

8. They have given written informed consent

APL Patients:

1. They have provided signed written informed consent (PIS 3)

2. They have a morphological diagnosis of APL (if cytogenetic or molecular diagnosis is not confirmed patients will transfer to the non-APL treatments)

3. They should be over 18 years

4. They have WHO performance status 0-2

5. Their serum total bilirubin is < 2.0 mg/dL (≤51 µmol/L)

6. Their serum creatinine is < 3.0 mg/dL (< 260 µmol/L)

Participant type(s)

Patient

Age group

Adult

Lower age limit 16 Years

Upper age limit 60 Years **Sex** Both

Target number of participants

2150 (1888 patients recruited prior to the COVID-19 pandemic, 250 to be recruited under the new protocol)

Total final enrolment

1033

Key exclusion criteria

Current participant exclusion criteria as of 25/02/2021:

1. Patients with APL, secondary AML, therapy-related AML, high-risk myelodysplastic syndrome with <20% bone marrow blasts, or de novo AML with known adverse risk cytogenetics

2. Patients who have previously received cytotoxic chemotherapy for AML. Hydroxycarbamide, or similar low-dose therapy, to control the white count prior to initiation of intensive therapy is not an exclusion.

- 3. Blast transformation of chronic myeloid leukaemia (CML)
- 4. Concurrent active malignancy requiring treatment
- 5. Pregnant or lactating

Previous participant exclusion criteria:

Patients are not eligible for the AML arms of the AML19 trial if:

1. They have previously received cytotoxic chemotherapy for AML. [Hydroxycarbamide, or similar low-dose therapy, to control the white count prior to initiation of intensive therapy is not an exclusion.]

2. They have received demethylation therapy for AML or high risk MDS defined as marrow blasts >10%. Patients treated for lower risk MDS who progress to AML are eligible

- 3. They are in blast transformation of chronic myeloid leukaemia (CML)
- 4. They have a concurrent active malignancy requiring treatment

5. They are pregnant or lactating

6. The physician and patient consider that intensive therapy is not an appropriate treatment option

7. Known infection with Human Immunodeficiency Virus (HIV)

8. Patients with AST or ALT more than 2.5 times the local upper limit of normal or Bilirubin more than twice upper limit of normal, are not eligible for the Mylotarg randomisations

For Ganetespib randomisation there are specific cardiac exclusions:

1. A myocardial infarction within 12 months

2. Uncontrolled angina within 6 months

3. Current or history of congestive heart failure New York Heart Association (NYHA) class 3 or 4, unless an echocardiogram (ECHO) or Multiple Gated Acquisition Scan (MUGA) performed either within 1 month prior to study screening or during screening results in a left ventricular ejection fraction (LVEF) that is ≥ 45% (or institutional lower limit of normal value)

4. Diagnosed or suspected congenital long QT syndrome. Any history of clinically significant ventricular arrhythmias (such as ventricular tachycardia, ventricular fibrillation, torsades de pointes [TdP]) or any history of arrhythmia will be discussed with the Clinical Coordinator/Safety Physician prior to patients entry into the study

5. Prolonged QTcF interval on pre-entry ECG (≥450 ms)

6. Any history of second or third degree heart block (may be eligible if the patient currently has a pacemaker

7. Heart rate <50/minute on pre-entry ECG

- 8. Uncontrolled hypertension
- 9. Obligate need for a cardiac pacemaker
- 10. Complete left bundle branch block
- 11. Atrial fibrillation
- APL Patients:
- 1. They are aged < 18
- 2. They have an active malignancy requiring treatment at time of study entry
- 3. There is a lack of subsequent diagnostic confirmation of PML-RARA fusion at molecular level
- 4. Known infection with Human Immunodeficiency Virus (HIV)
- 5. Significant arrhythmias, ECG abnormalities or neuropathy are apparent
- 6. Severe uncontrolled pulmonary or cardiac disease is apparent
- 7. They are pregnant or lactating

Date of first enrolment

01/01/2015

Date of final enrolment

29/10/2021

Locations

Countries of recruitment

Denmark

England

New Zealand

Northern Ireland

Scotland

United Kingdom

Wales

Study participating centre Nottingham University Nottingham United Kingdom NG5 1PB

Study participating centre Aalborg University Hospital Dept. of Haematology

Clinical Trial Unit Moelleparkvej 4 Aalborg Denmark DK-9000

Study participating centre Aarhus University Hospital Tage-Hansens Gade 2 Aarhus Denmark 8000

Study participating centre Aberdeen Royal Infirmary

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Study participating centre Addenbrookes University Hospital

Addenbrookes Hospital Cambridge University Hospitals NHS Foundation Hills Road Cambridge United Kingdom CB2 0QQ

Study participating centre Aintree University Hospital Aintree Hospital Lower Lane Liverpool United Kingdom L9 7AL

Study participating centre Arrowe Park Hospital Arrowe Park Road Upton Wirral United Kingdom CH49 5PE

Study participating centre Auckland Hospital

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Study participating centre

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Study participating centre

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Study participating centre Wycombe Hospital Queen Alexandra Road High Wycombe United Kingdom HP11 2TT

Study participating centre York Hospital Cancer Research Team, Research, and Development Learning and Research Centre (LARC) Wigginton Road York United Kingdom YO31 8HE

Study participating centre Ysbyty Gwynedd Penrhosgarnedd Bangor United Kingdom LL57 2PW

Sponsor information

Organisation Cardiff University (UK)

Sponsor details Research, Innovation & Enterprise Services, 7th Floor, 30-36 Newport Road Cardiff Wales United Kingdom CF10 3XQ

resgov@cardiff.ac.uk

Sponsor type

University/education

ROR https://ror.org/03kk7td41

Funder(s)

Funder type Charity

Funder Name Cancer Research UK

Alternative Name(s) CR_UK, Cancer Research UK - London, CRUK

Funding Body Type Private sector organisation

Funding Body Subtype Other non-profit organizations

Location United Kingdom

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>		12/05/2023	15/05/2023	Yes	No
HRA research summary			26/07/2023	No	No
<u>Results article</u>		12/01/2024	15/01/2024	Yes	No
<u>Results article</u>		01/05/2025	01/05/2025	Yes	No