

# Collaborative Care: Depression in Occupational Care

<b>Submission date</b> 01/12/2006	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 01/12/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 23/08/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Ms M C Vlasveld

**Contact details**  
Trimbos-instituut/Netherlands institute of Mental Health and Addiction  
Da Costakade 45  
P.O. Box 725  
Utrecht  
Netherlands  
3500 AS  
+31 (0)30 2959303  
mvlasveld@trimbos.nl

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N/A

# Study information

## Scientific Title

## Acronym

CC:DOC

## Study objectives

A collaborative care intervention for patients with major depressive disorder who are on sick leave will result in more reduction in depressive symptoms and a faster return to work than usual care.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Ethics Committee of the VUmc (METc, VUmc, Amsterdam) on the 3rd August 2007 (ref: 2006/246).

## Study design

Randomised controlled parallel armed trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Depressive disorders

## Interventions

The intervention follows a collaborative care model with adherence and compliance enhancing techniques, contracting, Problem Solving Treatment (PST), antidepressant medication, a workplace intervention, and manual guided self help aimed at return to work and healthy lifestyle.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

The primary outcome measure is the extent of reduction in depressive symptoms, as measured by the PHQ-9.

**Secondary outcome measures**

The secondary outcome measure is time to return to work, which will be acquired upon inquiry with company doctor and patient and which refers to the duration of absence through illness until work is resumed.

**Overall study start date**

01/03/2007

**Completion date**

01/06/2010

## Eligibility

**Key inclusion criteria**

Employees on sick leave lasting between 4 to 12 weeks with major depressive disorder and who do not have the prospect of full return to work yet.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

126

**Key exclusion criteria**

1. Patients who are suicidal, psychotic or have dementia, as noticed by the company doctor
2. Addicted to drugs or alcohol, as assessed by the Mini International Neuropsychiatric Interview (MINI)
3. Patients who do not speak Dutch sufficiently to fill in the questionnaires

Patients who are already receiving psychiatric treatment can be included in the study, in case of mutual agreement with the current care giver.

**Date of first enrolment**

01/03/2007

**Date of final enrolment**

01/06/2010

# Locations

## Countries of recruitment

Netherlands

## Study participating centre

Trimbos-instituut/Netherlands institute of Mental Health and Addiction

Utrecht

Netherlands

3500 AS

# Sponsor information

## Organisation

Trimbos-institute/Netherlands Institute of Mental Health and Addiction (The Netherlands)

## Sponsor details

P.O. Box 725

Utrecht

Netherlands

3500 AS

+31 (0)30 2971100

info@trimbos.nl

## Sponsor type

Hospital/treatment centre

## Website

<http://www.trimbos.nl/default37.html>

## ROR

<https://ror.org/02amggm23>

# Funder(s)

## Funder type

Research organisation

## Funder Name

Foundation Reserves Voormalige Vrijwillige Ziekenfondsverzekering (RVVZ) (The Netherlands)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/06/2012		Yes	No