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Collaborative Care: Depression in Occupational Care

Submission date	Recruitment status	[X] Prospectively registered
01/12/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
01/12/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
23/08/2012	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title

Acronym
CC:DOC

Study objectives
A collaborative care intervention for patients with major depressive disorder who are on sick leave will result in more reduction in depressive symptoms and a faster return to work than usual care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the Ethics Committee of the VUmc (METc, VUmc, Amsterdam) on the 3rd August 2007 (ref: 2006/246).

Study design
Randomised controlled parallel armed trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Depressive disorders

Interventions
The intervention follows a collaborative care model with adherence and compliance enhancing techniques, contracting, Problem Solving Treatment (PST), antidepressant medication, a workplace intervention, and manual guided self help aimed at return to work and healthy lifestyle.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
The primary outcome measure is the extent of reduction in depressive symptoms, as measured by the PHQ-9.

Key secondary outcome(s))
The secondary outcome measure is time to return to work, which will be acquired upon inquiry with company doctor and patient and which refers to the duration of absence through illness until work is resumed.

Completion date
01/06/2010

Eligibility

Key inclusion criteria
Employees on sick leave lasting between 4 to 12 weeks with major depressive disorder and who do not have the prospect of full return to work yet.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
Not Specified

Key exclusion criteria
1. Patients who are suicidal, psychotic or have dementia, as noticed by the company doctor
2. Addicted to drugs or alcohol, as assessed by the Mini International Neuropsychiatric Interview (MINI)
3. Patients who do not speak Dutch sufficiently to fill in the questionnaires

Patients who are already receiving psychiatric treatment can be included in the study, in case of mutual agreement with the current care giver.

Date of first enrolment
01/03/2007

Date of final enrolment
01/06/2010

Locations

Countries of recruitment
Netherlands

Study participating centre
Trimbos-instituut/Netherlands institute of Mental Health and Addiction
Utrecht
Netherlands
3500 AS

Sponsor information

Organisation
Trimbos-institute/Netherlands Institute of Mental Health and Addiction (The Netherlands)

ROR
https://ror.org/02amggm23

Funder(s)

Funder type
Research organisation

Funder Name
Foundation Reserves Voormalige Vrijwillige Ziekenfondsverzekering (RVVZ) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2012		Yes	No