# Pilot study of simplification with fosamprenavir /ritonavir (FPV/r) monotherapy

Submission date	Recruitment status	Prospectively registered	
04/12/2008	No longer recruiting	☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
23/12/2008	Completed	[X] Results	
<b>Last Edited</b> 27/09/2011	Condition category Infections and Infestations	Individual participant data	

#### Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

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## Additional identifiers

## Protocol serial number

**FONT Study-07** 

# Study information

Scientific Title

Simplification with fosamprenavir/ritonavir (FPV/r) monotherapy: a pilot, prospective one-arm non-comparative multicentre study

#### Acronym

**FONT** 

#### **Study objectives**

Simplification with fosamprenavir/ritonavir (FPV/r) monotherapy in patients with undetectable viral load will maintain virological suppression.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

- 1. Ethics Committee of the Hospital Bellvitge gave approval on the 27th September 2007 (amendment 1 on 13th December 2007)
- 2. Spanish Drug Agency approved the trial on the 27th September 2007

#### Study design

Pilot, prospective one-arm non-comparative multicentre study

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Human immunodeficiency virus (HIV)

#### **Interventions**

Fosamprenavir/ritonavir 700/100 mg twice daily (BID). The duration of the study is 48 weeks. After the end of the study period, FPV/r monotherapy will be continued or not according to physicians criteria.

- 1. Discontinuation of nucleosides
- 2. Clinical and laboratory assessment at baseline and weeks 4, 8, 12, 16, 24, 32, 40 and 48. Tests include: blood cells, ALT, alkaline phosphatase, gamma-glutamyl transpeptidase (GGT), creatinine, triacylglycerol (TG), total cholesterol (TC), high density lipoprotein cholesterol (HDL), low density lipoprotein cholesterol (LDL), glucose, CD4 and CD8, viral load. At weeks 8 and 16 only viral load).
- 3. Pharmacokinetics (PK) and viral load in cerebrospinal fluid (CSF) sample at 24 weeks; same for semen samples at 0, 24 and 48 weeks
- 4. Genotype resistance tests if patients with viral load greater than 500 copies/mL throughout the study period

### Intervention Type

Drug

#### Phase

Not Applicable

#### Drug/device/biological/vaccine name(s)

Fosamprenavir/ritonavir (FPV/r)

#### Primary outcome(s)

Proportion of patients with plasma viral load less than 40 copies/mL at 48 weeks.

#### Key secondary outcome(s))

- 1. Viral load in CSF and semen, in CSF sample at 24 weeks and in semen samples at 0, 24 and 48 weeks
- 2. FPV levels in CSF and semen, in CSF sample at 24 weeks and in semen samples at 0, 24 and 48 weeks
- 3. Correlation between FPV plasma viral load and virological and immunological responses
- 4. Immunological outcome (CD4 and CD8) at weeks 0, 4, 12, 24, 32, 40 and 48
- 5. Lipid changes at weeks 0, 4, 12, 24, 32, 40 and 48
- 6. Adherence to therapy (GEEMA questionnaire), every visit

#### Completion date

31/12/2009

# Eligibility

#### Key inclusion criteria

- 1. Adult human immunodeficiency virus (HIV) infected patients (greater than 18 years, either gender)
- 2. Receiving a highly active anti-retroviral therapy (HAART) regimen including FPV/r (for at least four weeks) and two nucleoside/nucleotide analogues
- 3. Without previous failure with protease inhibitor regimens
- 4. Viral load less than 40 copies/mL for at least six months
- 5. CD4 counts greater than 100 cells/uL at inclusion

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

Αll

#### Key exclusion criteria

- 1. Previous virologic failure (confirmed or suspected) while receiving a PI-based regimen
- 2. Alanine aminotransferase (ALT) greater than 5 x upper limit of normal
- 3. Clinical suspicion of cirrosis

- 4. Renal insufficiency with glomerular filtrate less than 50 ml/min
- 5. Haemoglobin less than 9 g/dl
- 6. Neutrophils less than 1000/mm^3
- 7. Platelets less than 30,000 /mm^3
- 8. Pregnant women or no contraceptive measures
- 9. Active infection in the two weeks prior to inclusion in the study
- 10. Systemic therapy for neoplasms
- 11. Patients with positive hepatitis B surface antigens (HBsAg) receiving tenofovir and/or lamiduvine

#### Date of first enrolment

06/11/2007

#### Date of final enrolment

31/12/2009

## Locations

#### Countries of recruitment

Spain

## Study participating centre

**HIV Unit** 

Barcelona

Spain

08907

# Sponsor information

#### Organisation

Institute of Biomedical Investigations of Bellvitge (Institut d'Investigació Biomèdica de Bellvitge) (IDIBELL) (Spain)

#### **ROR**

https://ror.org/0008xqs48

# Funder(s)

#### Funder type

Research organisation

#### **Funder Name**

Institute of Biomedical Investigations of Bellvitge (Institut d'Investigació Biomèdica de Bellvitge) (IDIBELL) (Spain)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2011	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes