Taping and stability of the shoulder girdle: a treatment for subacromial (rotator cuff) syndromes

Submission date	Recruitment status	Prospectively registered
23/01/2004	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	Results
Last Edited	Condition category	Individual participant data
30/10/2019	Musculoskeletal Diseases	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Mr PJ Pender

Contact details

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Additional identifiers

Protocol serial number R/42/3.96/Spra

Study information

Scientific Title

Taping and stability of the shoulder girdle: a treatment for subacromial (rotator cuff) syndromes

Study objectives

Can taping the shoulder girdle to improve its stability give pain relief from subacromial (rotator cuff) syndromes?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Musculoskeletal diseases

Interventions

- 1. Active scapular taping
- 2. Neutral scapular taping

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

The main outcome measures will be pain relief and patient preference for taping position. Pain will be measured using a visual analogue scale before and after tape application in the abducted shoulder position. Participant's preference to taping will also be noted.

Key secondary outcome(s))

Not provided at time of registration

Completion date

30/04/1998

Eligibility

Key inclusion criteria

- 1. 25 patients with shoulder pain of at least 2 months duration will be studied
- 2. All will be aged 18-45 years with anterior instability, a positive impingement test and normal

plain radiographs

3. Recruitment will be from rheumatology and orthopaedic outpatient clinics

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

45 years

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

04/11/1996

Date of final enrolment

30/04/1998

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Royal Cornwall Hospitals NHS Trust

Truro
United Kingdom
TR1 2HZ

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive South West (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet
Participant information sheet
11/11/2025 No Yes