

# Taping and stability of the shoulder girdle: a treatment for subacromial (rotator cuff) syndromes

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/10/2019	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

### Scientific Title

Taping and stability of the shoulder girdle: a treatment for subacromial (rotator cuff) syndromes

### Study objectives

Can taping the shoulder girdle to improve its stability give pain relief from subacromial (rotator cuff) syndromes?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Musculoskeletal diseases

### Interventions

1. Active scapular taping
2. Neutral scapular taping

### Intervention Type

Other

### Phase

Not Applicable

### Primary outcome measure

The main outcome measures will be pain relief and patient preference for taping position. Pain will be measured using a visual analogue scale before and after tape application in the abducted shoulder position. Participant's preference to taping will also be noted.

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

04/11/1996

### **Completion date**

30/04/1998

## **Eligibility**

### **Key inclusion criteria**

1. 25 patients with shoulder pain of at least 2 months duration will be studied
2. All will be aged 18-45 years with anterior instability, a positive impingement test and normal plain radiographs
3. Recruitment will be from rheumatology and orthopaedic outpatient clinics

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Lower age limit**

18 Years

### **Upper age limit**

45 Years

### **Sex**

Both

### **Target number of participants**

25

### **Key exclusion criteria**

Not provided at time of registration

### **Date of first enrolment**

04/11/1996

### **Date of final enrolment**

30/04/1998

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Royal Cornwall Hospitals NHS Trust

Truro

United Kingdom

TR1 2HZ

**Sponsor information****Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

**Sponsor details**

The Department of Health

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

+44 (0)20 7307 2622

dhmail@doh.gsi.org.uk

**Sponsor type**

Government

**Website**

<http://www.doh.gov.uk>

**Funder(s)****Funder type**

Government

**Funder Name**

NHS Executive South West (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration