# Interventions to increase participation in the cervical cancer screening program for nonattendees in Sweden

Submission date 17/01/2020	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 23/01/2020	<b>Overall study status</b> Completed	<ul> <li>[] Statistical analysis plan</li> <li>[X] Results</li> </ul>
Last Edited 05/07/2020	<b>Condition category</b> Cancer	Individual participant data

#### Plain English summary of protocol

Background and study aims

Cervical cancer is a highly preventable disease. To not attend an organized cervical cancer screening program increases the risk for cervical dysplasia and cervical cancer. The aim is to investigate the participation rate in three different intervention groups for non- attendees in the Swedish national program for cervical screening.

Who can participate?

Women who have not participated in the cervical cancer screening programme during the last six years if aged 30-49 and the last eight years if aged 50-64.

What does the study involve?

Women participating in the study are offered different methods for cervical cancer screening; a visit to a midwife for a Pap smear or an HPV self-test.

What are the possible benefits and risks of participating? If women participate and dysplasia is detected it can be treated before it develops into cervical cancer.

We can not identify any risk of great importance.

Where is the study run from? Faculty of Medicine and Health Sciences, Linköping University, Sweden.

When is the study starting and how long is it expected to run for? April 2016 to December 2017.

Who is funding the study? ALF Grants Region Östergötland, Sweden. Who is the main contact? Dr Caroline Lilliecreutz caroline.lilliecreutz@regionostergtoland.se

### **Contact information**

**Type(s)** Scientific

**Contact name** Dr Caroline Lilliecreutz

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#### **Contact details**

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### Additional identifiers

EudraCT/CTIS number Nil known

#### **IRAS number**

**ClinicalTrials.gov number** Nil known

**Secondary identifying numbers** Nil known

### Study information

#### Scientific Title

Participation in interventions and recommended follow-up for non-attendees in cervical cancer screening- taking the women's own preferred test method into account - a Swedish randomised controlled trial

#### **Study objectives**

The participation rate will increase if the non-attendees can choose between different test methods presented by a midwife in a telephone call (an HPV self-test or Pap Smear in the clinic) or if they receive an HPV self-test directly by post for sampling rather than yearly invitations (routine procedure)

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved 12/04/2016, Regional Ethical Review Board in Linköping, Sweden (Etikprövningsmyndigheten, Box 2110, 750 02, Uppsala, Sweden; +46 10-475 08 00; registrator@etikprovning.se), ref: Dnr 2015/480-31

**Study design** Single centre Interventional randomized controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

Study setting(s) Hospital

**Study type(s)** Prevention

#### Participant information sheet

Not available in web format, please use contact detalis to request participant information sheet

#### Health condition(s) or problem(s) studied

Cervical cancer and cervix dysplasia

#### Interventions

Non-attendees are defined as women who had not participated in the cervical cancer screening programme during the last six years if aged 30 - 49, and the last eight years if aged 50 - 64. This strategy was in accordance with the Swedish age-differentiated screening intervals at that time. The population was defined as non-attendees living in the region of Östergötland, Sweden on March 8th 2016. Data are extracted from the Swedish national cervical cancer screening registry (NKCx) which has almost 100% coverage of invitations. The results of Pap smears and biopsies and variables can be extracted from the unique national social security number for each individual. The results from the HPV self-tests are extracted from a local registry in the clinic. Data concerning follow-up results are obtained until the 31st of December 2017 when the study period will end. The non-attendees' addresses are obtained from the Swedish Population Register (SPR). The trial was not registered before the enrolment of participants started because it was not recommended by the Ethical board.

The non-attendees are randomly, 1:1:1, assigned to one of three different groups: telephone, HPV self-test, or control with no intervention except for the yearly invitations (routine

procedure). The study groups are computer randomised and adjusted for area code and age by a statistician uninvolved in the study. All three groups received the yearly invitations. The first analysed sample, Pap smear or HPV test, in all groups is referred to as the index sample. We will consider that the different interventions had an effect if an HPV self-test is ever returned during the study period or a Pap smear is analysed within six months from the date a study invitation letter is sent. Non-attendees randomised to the telephone group are offered a choice of different sampling options. Invitation letters are posted between April 1st 2016 and 31st May 2017 (telephone) and September 30th 2017 (HPV self-test).

#### Intervention Type

Behavioural

#### Primary outcome measure

Participation rate measured using patient records at six months after invitations were sent

#### Secondary outcome measures

1. Choice of intervention measured using patient records at the end of the study 2. Cytological diagnoses found in the index Pap smear at the time of analysis

## Overall study start date 08/03/2016

Completion date 31/12/2017

### Eligibility

#### Key inclusion criteria

Non- attendees (defined as women who had not participated in the cervical cancer screening programme during the last six years if aged 30-49 and the last eight years if aged 50-64)

Participant type(s) Patient

**Age group** Adult

**Sex** Female

**Target number of participants** 10,614

**Total final enrolment** 10614

#### Key exclusion criteria

All women 30-64 years old that had participated after the last invitation as recommended in the cervical cancer screening program

**Date of first enrolment** 01/04/2016

Date of final enrolment 30/09/2017

### Locations

**Countries of recruitment** Sweden

**Study participating centre Linköping University** Department of Obstetrics and Gynaecology Division of Children's and Women's Health

Faculty of Medicine and Health Sciences Linköping Sweden 58185

### Sponsor information

**Organisation** Linköping University Hospital

**Sponsor details** Womens clinic plan 14 University Hospital Linköping Sweden 581 85 +46 70 5086031 elizabeth.nedstrand@regionostergotland.se

**Sponsor type** Research organisation

Website http://www.regionostergotland.se/

ROR https://ror.org/05h1aye87

### Funder(s)

**Funder type** Government

**Funder Name** ALF Grants Region Östergötland

### **Results and Publications**

#### Publication and dissemination plan

Publication in scientific paper during 2020. Presentation in congress and for staff.

Intention to publish date

31/12/2020

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

#### IPD sharing plan summary

Available on request

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	02/07/2020	05/07/2020	Yes	No