

# Evaluation of a carers' support programme

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 11/09/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
PSI12-11

## Study information

## **Scientific Title**

### **Study objectives**

The major aim of the study was to evaluate the effectiveness of a carer's support programme of intermediate intensity and duration. A secondary aim was to evaluate the adequacy of a stress-appraisal-coping model of caregiving.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Other

### **Study type(s)**

Other

### **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Schizophrenia and other psychoses

### **Interventions**

1. Carers' support programme of intermediate intensity and duration, comprising of 6 individual family sessions in the carers' home followed by 12 fortnightly relatives' groups.
2. 'Standard care'.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome measure**

1. General Health Questionnaire (GHQ)
2. Assessment of physical status
3. Experience of Caregiving Inventory (ECI)
4. Involvement Evaluation Questionnaire (IEQ)

5. Brief Psychiatric Rating Scale (BPRS)
6. Health of the Nation Outcome Scales (NoNoS)
7. Camberwell Assessment of Needs (CAN)
8. Life Skills Profile (LSP)
9. Ways of Coping (WOC)
10. The Positive and Negative Affects Scale (PANAS)
11. Provision of Social Relationships (PSR)
12. Family Environment Scale (FES)

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/03/1996

**Completion date**

01/09/1999

## Eligibility

**Key inclusion criteria**

Carers were relatives of patients suffering from a psychotic illness - schizophrenia, schizoaffective disorder, bipolar affective disorder or psychotic depression - under the care of the mental health services. All eligible carers in a defined catchment area of inner southeast London were identified and offered participation in the project.

**Participant type(s)**

Patient

**Age group**

Other

**Sex**

Both

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/03/1996

**Date of final enrolment**

01/09/1999

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Institute of Psychiatry**

London

United Kingdom

SE5 8AZ

## **Sponsor information**

**Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

**Sponsor details**

The Department of Health

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

**Sponsor type**

Government

**Website**

<http://www.doh.gov.uk>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

NHS Primary and Secondary Care Interface National Research and Development Programme (UK)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/08/2003		Yes	No