

# Psychoanalytically oriented brief group treatment for borderline personality disorder: a randomised controlled trial

<b>Submission date</b> 28/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 28/09/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 10/07/2017	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0573173216

## Study information

**Scientific Title**

Psychoanalytically oriented brief group treatment for borderline personality disorder: a randomised controlled trial

### **Study objectives**

Is psychoanalytically oriented brief group psychotherapy an effective treatment for borderline personality disorder?

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Borderline personality disorder

### **Interventions**

The intervention to be researched is a Psychoanalytic Brief Group treatment, it is a 20-week outpatient programme. There are two treatment groups. Each group will consist of 8 subjects. The control will consist of a waiting list control. This will be treatment-as-usual for the subjects and will consist of their ongoing existing treatment in psychiatric or primary care services.

### **Intervention Type**

Behavioural

### **Primary outcome(s)**

Is a psychoanalytically-oriented brief group therapy an effective treatment for borderline personality disorder?

### **Key secondary outcome(s)**

Reduction in self harm and suicidal ideation, reduction in symptoms and improvement in function and the cost implication of this treatment

### **Completion date**

09/01/2008

## **Eligibility**

### **Key inclusion criteria**

Clinical diagnosis of Borderline Personality Disorder meeting DSM-IV criteria and clinical judgment of capacity of psychological mindedness

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Clinical risk assessment that there may be a significant acute risk of suicide or harm to others, that there is an active psychotic illness, or that there is use of alcohol or drugs to the extent that the subject cannot engage with the treatment.

**Date of first enrolment**

09/01/2006

**Date of final enrolment**

09/01/2008

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Regional Department of Psychotherapy**

Newcastle upon Tyne

United Kingdom

NE2 4AA

**Sponsor information****Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

**Funder(s)**

**Funder type**

Hospital/treatment centre

**Funder Name**

Northumberland, Tyne and Wear NHS Foundation Trust

**Alternative Name(s)****Funding Body Type**

Government organisation

**Funding Body Subtype**

Local government

**Location**

United Kingdom

**Funder Name**

NHS R&D Support Funding

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes