

# The effect of reiki on pain in women undergoing non-emergency caesarean sections

<b>Submission date</b> 14/04/2009	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 27/05/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 30/12/2020	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Gideon Koren

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

### Scientific Title

The effect of reiki on pain in women who will undergo non-emergency caesarean sections and the effect of genetic variation on the use of codeine: a randomised controlled trial

### Acronym

REPA

### Study objectives

Can reiki reduce pain after caesarean section by more than 25%?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

St. Michael's Hospital Ethics Review Board approved on the 12th May 2008 (ref: 08-030)

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Pain levels after caesarean section

### Interventions

1. Control group: usual care
2. Reiki Group: usual care plus 20 minutes of Remote Reiki

Duration: three days while in the hospital.

### Intervention Type

Other

**Phase**

Not Applicable

**Primary outcome measure**

Visual Analogue Scale for pain in movement, at day 1, day 2 and day 3 (amended as of 10/08/09; initial outcome timepoints were 'after 72 hours in hospital').

**Secondary outcome measures**

1. Visual Analogue Scale for pain (in rest)
2. Pain medication (codeine consumption/kg)
3. Return time to normal activities

All measured at day 1, day 2 and day 3 (amended as of 10/08/09; initial outcome timepoints were 'after 72 hours in hospital').

**Overall study start date**

30/06/2008

**Completion date**

30/04/2009

**Eligibility****Key inclusion criteria**

1. Informed consent
2. Planned caesarean section
3. Pregnant women aged 18 - 48 years

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Female

**Target number of participants**

80

**Total final enrolment**

80

**Key exclusion criteria**

Does not meet with inclusion criteria

**Date of first enrolment**

30/06/2008

**Date of final enrolment**

30/04/2009

## **Locations**

**Countries of recruitment**

Canada

**Study participating centre**

Professor of Pediatrics, Pharmacology, Pharmacy, Medicine and Medical Genetics

Toronto

Canada

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## **Sponsor information**

**Organisation**

The Hospital for Sick Children (Canada)

**Sponsor details**

c/o Gideon Koren

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**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.sickkids.ca/>

**ROR**

<https://ror.org/057q4rt57>

## **Funder(s)**

**Funder type**

Other

### Funder Name

Investigator initiated and funded (Canada)

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	26/02/2011	30/12/2020	Yes	No