

# Grannies do AIDS-speak: a randomised controlled trial of empowerment of female elders in rural South Africa

**Submission date**  
18/05/2007

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
10/09/2007

**Overall study status**  
Completed

☐ Statistical analysis plan

☐ Results

**Last Edited**  
10/09/2007

**Condition category**  
Infections and Infestations

☐ Individual participant data

☐ Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Neil Andersson

### Contact details

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## Additional identifiers

### Protocol serial number

CIET-LPEC

## Study information

### Scientific Title

### Acronym

Grannies

### **Study objectives**

Empowering female elders through discussion of results for a national youth survey can increase their engagement in and support of young people in their communities.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approval received from Community Information, Empowerment and Transparency (CIET) Africa. Separate ethics approvals were also obtained for Limpopo (ref: LIM2-2006) dated 21st February 2006 and Eastern Cape (ref: CAG1-2006) dated 26th October 2006.

### **Study design**

Cluster pragmatic randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Prevention

### **Health condition(s) or problem(s) studied**

Human Immunodeficiency Virus (HIV)/Acquired Immune Deficiency Syndrome (AIDS) prevention

### **Interventions**

After the baseline surveys, communities were randomised to intervention and control sites (unit of randomisation is the school with its attendant community). In Limpopo, there were 15 such intervention communities, 9 Xitsonga and 6 Sepedi speaking. There were 15 control communities, also 9 of them Xitsonga and 6 Sepedi speaking. In Amathole district in the Eastern Cape, also after the baseline survey, there were 13 intervention and 15 control communities.

Communities were randomised after youth baseline survey to early and late initiation of intervention.

Intervention:

1. AIDS prevention education
  2. Sexual violence education
- Based on national youth survey

Control:

Usual education

The intervention lasts 3 - 5 months with follow-up study 12 months after intervention.

### **Intervention Type**

Other

### **Phase**

Not Specified

**Primary outcome(s)**

HIV-related protective attitudes and practices among youth, measured 12 months after intervention, in a school-based study in communities where the granny groups took place.

**Key secondary outcome(s)**

1. Conscious knowledge of HIV risk and related attitudes
2. Positive deviations from subjective norms
3. Intention to change
4. Sense of agency
5. Discussion of HIV risks

All measured 12 months after intervention, in a school-based study in communities where the granny groups took place.

**Completion date**

30/04/2008

**Eligibility****Key inclusion criteria**

Female elders in target community

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

Men

**Date of first enrolment**

01/05/2006

**Date of final enrolment**

30/04/2008

**Locations****Countries of recruitment**

Botswana

South Africa

**Study participating centre**  
CIET Trust Botswana  
Gaborone  
Botswana  
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## Sponsor information

**Organisation**  
Community Information, Empowerment and Transparency (CIET) Trust (South Africa)

**ROR**  
<https://ror.org/02cfx3y90>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Australia's Overseas Aid Program (AusAID) (Australia) - Addressing Domestic Violence in Limpopo

**Funder Name**  
The Conflict and Governance Facility (CAGE) (South Africa) - funded by the South African Government and The European Commission

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration