# Redesigning postnatal care: a randomised controlled trial of protocol-based, midwifery-led care

Submission date Recruitment status Prospectively registered 25/04/2003 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 25/04/2003 Completed [X] Results [ ] Individual participant data Last Edited Condition category Pregnancy and Childbirth 01/04/2022

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

Protocol serial number HTA 94/22/26

# Study information

Scientific Title

Redesigning postnatal care: a randomised controlled trial of protocol-based, midwifery-led care

#### **Study objectives**

Recent government reports have highlighted the need for change in the provision of maternity care. The objective of this study is to develop and implement two new models of postnatal care. The cost-effectiveness of the models will be compared with current practice in a three arm randomised controlled trial. The new models will comprise midwifery-led protocol-based care, aimed at the identification and management of individual women's physical and psychological health problems. They are designed to make more appropriate use of the skills and time of the professionals involved. The role of the midwife will be extended to undertake the postnatal examination, with GP referral based on need. The content and frequency of postnatal consultations will be substantially modified and there will be a reduction in routine monitoring, observations and examinations. In one intervention arm the new model of care will extend until three months postpartum. The findings will have direct implications for delivery of care throughout the National Health Service.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration.

#### Study design

Cluster randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

**Not Specified** 

#### Health condition(s) or problem(s) studied

Childbirth

#### **Interventions**

- 1. New model of community care
- 2. Standard community post natal care

#### **Intervention Type**

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Outcomes will be assessed by measures of physical and emotional well-being and satisfaction with care.

#### Key secondary outcome(s))

Not provided at time of registration.

#### Completion date

31/03/2000

# Eligibility

#### Key inclusion criteria

Consenting cluster practices

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

Female

#### Total final enrolment

2064

#### Key exclusion criteria

Women expected to move out of the general practice in the post-natal period.

#### Date of first enrolment

01/05/1996

#### Date of final enrolment

31/03/2000

### Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre Dept of Public Health & Epidemiology

Birmingham United Kingdom B15 2TT

# Sponsor information

#### Organisation

Department of Health (UK)

#### **ROR**

https://ror.org/03sbpja79

# Funder(s)

#### Funder type

Government

#### Funder Name

NIHR Health Technology Assessment Programme - HTA (UK)

# **Results and Publications**

#### Individual participant data (IPD) sharing plan

Not provided at time of registration

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/01/2003		Yes	No