ISRCTN79533637 https://doi.org/10.1186/ISRCTN79533637

Effect of Occupational Therapy in patients with Chronic Obstructive Pulmonary Disease: a randomised controlled trial

Submission date 28/06/2007	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 27/09/2007	**Overall study status** Completed	
Last Edited 24/01/2020	**Condition category** Respiratory	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Mrs Unni Martinsen

Contact details
Diakonhjemmet Sykehus
Klinisk Aktivitetsavdeling
Pb 23, Vinderen
Oslo
Norway
0319
+47 22 45 15 00
unni.martinsen@diakonsyk.no

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title
Effect of Occupational Therapy in patients with Chronic Obstructive Pulmonary Disease: a randomised controlled trial

Acronym
OT in COPD

Study objectives
Chronic Obstructive Pulmonary Disease (COPD) has functional consequences in terms of activity limitations and participation restrictions. Although there are studies evaluating the effect of multidisciplinary rehabilitation in patients with COPD, there is a lack of high quality studies examining the effect of occupational therapy on enhancing activity and participation. The aim of this study is to evaluate the effect of occupational therapy for patients with COPD compared with a group not receiving such treatment.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Obtained in November 2005 from the regional Ethical Committee. Approval from Norwegian Social Science Data Service was obtained in May 2006.

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Quality of life

Participant information sheet

Health condition(s) or problem(s) studied
Chronic obstructive pulmonary disease

Interventions
The control group receive treatment as usual; in this case no occupational therapy from the hospital. In the study the control group will be offered OT after the last measure at 12 months.

The intervention group will be offered two to three consultations of approximately 1 - 2 hours duration, depending on the kind and severity of functional limitations. The interventional group receive individual occupational therapy, including information and practical training in energy conserving methods, breathing techniques and use of assistive technology.

Intervention Type
Procedure/Surgery

Primary outcome measure
Activity and participation, measured by The Canadian Occupational Performance Measure (COPM) and Assessment of Motor and Process Skills (AMPS).

Outcomes will be measured at baseline, and after 4 and 12 months.

Secondary outcome measures
1. Health-related quality of life, measured by St. George's Respiratory Questionnaire (SGRQ)
2. Lung function examined by spirometry and pulse oximetry

Outcomes will be measured at baseline, and after 4 and 12 months.

Overall study start date
01/05/2007

Completion date
30/06/2009

Eligibility

Key inclusion criteria
Amendments as of 02/12/2008: please note that point two of the inclusion criteria below has been updated as follows:
2. Aged 20 - 80 years

Initial information at time of registration:
1. Patients with moderate to severe COPD (Global Initiative on Obstructive Lung Disease [GOLD])
2. Aged 20 - 75 years
3. Limited ability to perform daily activities
4. Ability to communicate in Norwegian

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
50

Total final enrolment
52

Key exclusion criteria
1. Exacerbations for last three weeks
2. Cognitive or mental impairment
3. Co-morbidity with an impact on the ability to perform daily activity

Date of first enrolment
01/05/2007

Date of final enrolment
30/06/2009

Locations

Countries of recruitment
Norway

Study participating centre
Diakonhjemmet Sykehus
Oslo
Norway
0319

Sponsor information

Organisation
The Norwegian Foundation for Health and Rehabilitation (Helse og Rehabilitering) (Norway)

Sponsor details
Karl Johans gt 23 B
Oslo
Norway
0159
-
adm@helseogrehab.no

Sponsor type
Research organisation

Website
http://www.helseogrehab.no/

Funder(s)

Funder type
Research organisation

Funder Name
The Norwegian Foundation for Health and Rehabilitation (Helse og Rehabilitering) (Norway) - http://www.helseogrehab.no

Funder Name
The Federation of Norwegian Commercial and Service Enterprises (HSH) (Norway) - http://www.hsh-org.no

Funder Name
The Norwegian Association of Occupational Therapists (NETF) (Norway) - http://www.netf.no

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2017	24/01/2020	Yes	No