# Clinical impact of early enteral versus parenteral nutrition following cystectomy and extended pelvic lymphadenectomy

Submission date	<b>Recruitment status</b> Stopped	<ul><li>Prospectively registered</li></ul>		
25/06/2010		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
07/07/2010	Stopped	[X] Results		
Last Edited	Condition category	☐ Individual participant data		
18/07/2013	Cancer	Record updated in last yea		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

160/10

# Study information

#### Scientific Title

Clinical impact of early enteral versus parenteral nutrition following cystectomy evaluated in a prospective randomised trial

#### **Study objectives**

Current opinion favours the use of postoperative early enteral over parenteral nutrition, although the benefits in cystectomy patients have never been clearly shown. The aim of this study is to evaluate the clinical impact of early enteral versus total parenteral nutrition following cystectomy.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

The Ethics Committee of the Canton of Bern (Ethikkommission des Kantons Bern) approved originally in November 2007. The trial was not started and approval was re-sought and granted in May 2010 (ref: 1394)

#### Study design

Prospective single centre double blind randomised trial

#### Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use contact details below to request a patient information sheet [in German]

# Health condition(s) or problem(s) studied

Bladder cancer / invasive disease / Urology

#### **Interventions**

After cystectomy and extended pelvic lymphadenectomy patients are randomized into one of the following groups:

- 1. Group A: parenteral nutrition is given for 7 days; oral intake with a gastrostomy tube in place is started on day 4 after surgery
- 2. Group B: oral food is given the first day after surgery. No parenteral nutrition. Saline solution for volume substitution

#### Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

Occurrence of postoperative complications according to the Dindo-Clavien classification with particular respect for infections. Measured within the first 30 days after surgery

#### Secondary outcome measures

- 1. Recovery of bowel function (flatulence, passage of stool, nausea, vomiting)
- 2. Length of postoperative hospital stay
- 3. Nutritional biochemical variables
- 3.1. Serum albumin
- 3.2. Prealbumin
- 3.3. Total protein

Measured by questionnaire and blood samples on postoperative day 1, 3, 7, 10, 14 and 30 days after surgery.

### Overall study start date

01/07/2010

## Completion date

01/03/2012

# Reason abandoned (if study stopped)

Objectives no longer viable

# **Eligibility**

# Key inclusion criteria

- 1. Consecutive series of 198 patients with invasive bladder cancer scheduled for cystectomy and extended pelvic lymph node dissection
- 2. Age >18 years

# Participant type(s)

**Patient** 

### Age group

Adult

# Lower age limit

18 Years

#### Sex

Both

## Target number of participants

198

#### Key exclusion criteria

- 1. Age <18y
- 2. Pregnancy
- 3. No informed consent available
- 4. Previous radiotherapy to the pelvis
- 5. Prior bowel surgery

#### Date of first enrolment

01/07/2010

#### Date of final enrolment

01/03/2012

# Locations

#### Countries of recruitment

Switzerland

# Study participating centre

Inselspital

Bern Switzerland 3010

# Sponsor information

# Organisation

Inselspital, University Hospital Berne (Switzerland)

# Sponsor details

Urology Department (Urologische Universitätsklinik) Bern Switzerland 3010

#### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/01q9sj412

# Funder(s)

## Funder type

Hospital/treatment centre

#### Funder Name

Inselspital, University Hospital Berne (Switzerland) - Urology Department (Urologische Universitätsklinik)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2013		Yes	No