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An evaluation of psycho-educational intervention in older adults with mild intellectual impairment, using a combination of randomised controlled trial and n=1 methodology

Submission date	Recruitment status	[ ] Prospectively registered
10/09/2002	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
10/09/2002	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
28/10/2016	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
265/393

Study information

Scientific Title
An evaluation of psycho-educational intervention in older adults with mild intellectual impairment, using a combination of randomised controlled trial and n=1 methodology

Acronym
BPI

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Dementia or cognitive impairment

Interventions
Bristol Psycho-educational Intervention Group (BPI): The BPI group will comprise of two phases -

Phase 1 will be six, weekly group meetings each lasting up to two hours. Individuals will be informed about memory functioning, will identify their own disabilities and handicaps, will learn

strategies of memory management, and undertake personal behavioural goal setting. Time will be given to explore specific problems brought to the group using group problem solving techniques.

Phase 2 will consist of six group meetings, three at fortnightly intervals, and three at monthly intervals. The focus of this phase will be to consolidate skills and continue with personal behavioural goal setting.

Non-directive Support Group (NDSG): The NDSG group will meet the same number of times at the same intervals as the BPI group but staggered to aid recruitment. The group will be led by two nurses with relevant clinical experience and will offer non-directive supportive therapy. This group will provide the opportunity to share experiences and talk about feelings without offering either a formal education or rehabilitation programme. The Non-directive Support Group is designed to control for the effects of regular follow-up and contact with healthcare professionals.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Not provided at time of registration

Secondary outcome measures
Not provided at time of registration

Overall study start date
01/01/2002

Completion date
31/12/2002

Eligibility

Key inclusion criteria
The intervention will be offered to individuals aged 55 years or over with mild cognitive impairment, defined as Clinician's Dementia Rating score of 0.5 or 1. This is likely to include people with a stable cognitive impairment as well as individuals whose condition is expected to deteriorate and those with an established diagnosis of early dementia (Ritchie & Kildea 1995. Both patient and partner will be in daily contact and will have expressed an interest in, or concern about, learning to manage these difficulties when seen in the Bristol Memory Disorders Clinic (BMDC) by the clinic doctor. Patients and partners will usually live within a 45-min drive of Blackberry Hill Hospital.

Participant type(s)
Patient

Age group

Senior

Sex
Both

Target number of participants
Not provided at time of registration

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/01/2002

Date of final enrolment
31/12/2002

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Department of Care of the Elderly
Bristol
United Kingdom
BS18 1LE

Sponsor information

Organisation
The Health Foundation (UK)

Sponsor details
90 Long Acre
London
United Kingdom
WC2E 9RA
+44 (0)20 7257 8000
info@health.org.uk

Sponsor type
Charity

Website
http://www.pppfoundation.org.uk/

ROR
https://ror.org/02bzj4420

Funder(s)

Funder type
Charity

Funder Name
The Health Foundation (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration