

# Monitoring of tissue oxygen levels during out-of-hospital cardio-pulmonary resuscitation

<b>Submission date</b> 25/07/2013	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 08/08/2013	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 14/08/2019	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Cardiac arrest is a major cause of death in developed nations and the death rate after cardiac arrest has not improved significantly in recent years. Although almost half of patients being resuscitated with cardiopulmonary resuscitation (CPR) regain spontaneous circulation (ROSC), the majority of these patients do not achieve a good neurologic outcome, as brain is most at risk to even short periods of hypoxia (lack of oxygen) during cardiac arrest. The aim of this study is to better understand and help guide resuscitation efforts during CPR, mostly predicting success or ineffectiveness (futility) of ongoing CPR.

### Who can participate?

The study will enrol all adult patients (of both genders) in cardiac arrest where CPR will be started and treated by our local Prehospital medical unit (EMS) in Maribor, Slovenia.

### What does the study involve?

We will observe the dynamics of oxygen supply to the brain following cardiac arrest during standard CPR. The study does not involve or compare any treatment, it is an observation with new monitoring technology, namely near-infrared spectroscopy (NIRS).

### What are the possible benefits and risks of participating?

All patients enrolled in the study will receive standard treatment as per international guidelines. Due to the observational nature of the study, patients themselves will not gain any direct benefit, but knowledge gained by our study will enhance our understanding in the field of cardiac arrest and CPR.

### Where is the study run from?

The study is run from and will be conducted in a single centre in Maribor, Slovenia.

### When is the study starting and how long is it expected to run for?

The study started in June 2012 and is expected to run until July 2014 or until we are able to enrol 60 patients. Patients will be recruited as cardiac arrest events happen.

Who is funding the study?

The study has no additional funding, it will be conducted as part of regular work at the Center for Emergency Medicine, Maribor, Slovenia

Who is the main contact?

Gregor Prosen, MD

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## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

18041979

## Study information

### Scientific Title

Monitoring of cerebral tissue oxygenation during out-of-hospital cardio-pulmonary resuscitation

### Study objectives

We hypothesise that continuous cerebral tissue oxygenation (StO<sub>2</sub>) with Near-Infrared spectroscopy (NIRS) during cardio-pulmonary resuscitation (CPR) in pre-hospital setting can help us predict success of CPR and even final neurologic outcome of these patients. Our main hypotheses are, that continuously low or undetectable levels of cerebral StO<sub>2</sub> predict unsuccessful CPR and that rapid restoration of normal or near-normal StO<sub>2</sub> levels predicts good outcomes.

### Ethics approval required

Old ethics approval format

**Ethics approval(s)**

The study was approved by Slovenian National Ethics Committee, on 22nd may 2012, No. 123/05 /12

**Study design**

Two-year observational longitudinal study

**Primary study design**

Observational

**Secondary study design**

Other

**Study setting(s)**

Hospital

**Study type(s)**

Screening

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Cardiac arrest, cardiopulmonary resuscitation

**Interventions**

The study does not involve/compare any interventions. It is observational study during standard CPR treatment.

We will be observing trending of values of cerebral tissue partial oxygen pressure (ScO<sub>2</sub>) during standard cardiopulmonary resuscitation (CPR). Initial values of ScO<sub>2</sub> of patients found in cardiac arrest in field are expected to be very low/critical or mostly even unmeasurable and we hypothesize that dynamic changes during CPR will be able to predict outcome.

ScO<sub>2</sub> will be observed for total duration of CPR, from commencing of chest compressions until successful return of spontaneous circulation (ROSC) or pronouncement of dead/stopping CPR efforts.

Parallel to ScO<sub>2</sub> measurements, we will be also observing end-tidal CO<sub>2</sub> (EtCO<sub>2</sub>) during CPR and basic vitals signs achieved after ROSC.

Patients that will achieve ROSC and will be successfully transported to Hospital, will be followed up until discharge from hospital (usually weeks).

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

Return of spontaneous circulation (ROSC) will be assessed immediately during CPR, eg. the patient either achieves ROSC (successful CPR) or patient is pronounced dead in the field. ROSC assesment is made in standard manner, by palpating carotid pulse.

### **Secondary outcome measures**

1. Neurologic outcome will be measured at the discharge from hospital by assesment with "Glasgow-Pittsburgh cerebral performance category scale" (CPC scale).
2. Discharge from hospital will measure total duration spent in ICU (intensive care unit), time patient needed mechanical support on ventilator and time until discharge from hospital

### **Overall study start date**

01/06/2012

### **Completion date**

01/06/2014

## **Eligibility**

### **Key inclusion criteria**

All adult (male and female >18 years) in cardiac arrest, where treating physicians has decided to commence CPR

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Lower age limit**

18 Years

### **Sex**

Both

### **Target number of participants**

60

### **Total final enrolment**

53

### **Key exclusion criteria**

1. Traumatic cardiac arrest
2. Intoxication
3. Drowning
4. Age <18 years

### **Date of first enrolment**

01/06/2012

**Date of final enrolment**

01/06/2014

## **Locations**

**Countries of recruitment**

Slovenia

**Study participating centre**

**Gregorciceva 48**

Maribor

Slovenia

2000

## **Sponsor information**

**Organisation**

Center for Emergency Medicine Maribor (Slovenia)

**Sponsor details**

Ulica proletarskih brigad 22

Maribor

Slovenia

2000

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.ukc-mb.si/>

**ROR**

<https://ror.org/02rjj7s91>

## **Funder(s)**

**Funder type**

Hospital/treatment centre

**Funder Name**

Center for Emergency Medicine Maribor (Slovenia)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/08/2018	14/08/2019	Yes	No