# Neonatal European Study of Inhaled Steroids

Submission date [ ] Prospectively registered Recruitment status 21/06/2010 No longer recruiting [X] Protocol [ ] Statistical analysis plan Registration date Overall study status 26/07/2010 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 28/08/2018 **Neonatal Diseases** 

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

### Contact name

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# Additional identifiers

# ClinicalTrials.gov (NCT)

NCT01035190

#### Protocol serial number

Grand\_Award\_Health-F5\_2009-223060

# Study information

#### Scientific Title

Efficacy and safety of inhaled budesonide in very preterm infants at risk for bronchopulmonary dysplasia: a phase III trial

### Acronym

**NEuroSIS** 

## **Study objectives**

Early prophylactic inhalation of budesonide reduces the absolute risk of bronchopulmonary dysplasia (BPD) or death in preterm infants born less than 28 weeks gestational age by 10%.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

The Independent Ethics Committee (IEC) of the University of Tuebingen approved on the 19th of November 2009

## Study design

European multicentre randomised placebo controlled parallel group trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Bronchopulmonary dysplasia

#### **Interventions**

Active substance (inhaled Budesonide - 200  $\mu$ g per puff) and placebo will be given from: Day 1 till Day 14 2 x 2 puffs per day and from Day 15 onward 2 x 1 puff per day.

### Inhalation is performed till the patients:

- 1. Are off supplemental oxygen and off mechanical ventilation (or CPAP) for at least 72 hours, or
- 2. Have reached 32 + 0 weeks of gestational age irrespective ventilatory/oxygen status

Follow up will be performed at 18 - 22 months of corrected age.

## Intervention Type

Drug

#### Phase

Phase III

# Drug/device/biological/vaccine name(s)

Budesonide

### Primary outcome(s)

Combination of BPD or death at 36 weeks gestational age

#### Key secondary outcome(s))

- 1. All cause mortality at 36 weeks gestational age
- 2. BPD at 36 weeks gestational age
- 3. Duration of positive pressure respiratory support and supplemental oxygen
- 4. Neurodevelopmental disability at 18 22 months corrected age
- 5. Adverse treatment effects
- 6. All grades of intraventricular haemorrhage (IVH) and/or peri-ventricular leukomalacia (PVL)
- 7. Patent ductus arteriosus (PDA)
- 8. Intestinal perforations and/or necrotising enterocolitis (NEC) (Bell stage 2 3)
- 9. Retinopathy of prematurity (ROP)
- 10. Culture proven infections
- 11. Growth
- 12. Length of hospitalisation
- 13. Infants requiring re-intubation

## Completion date

31/03/2012

# **Eligibility**

### Key inclusion criteria

- 1. Gestational age of 23 0/7 27 6/7 weeks
- 2. Postnatal age less than 12 hours
- 3. Necessity for any form of positive pressure support (mechanical or nasal ventilation or continuous positive airway pressure [CPAP])
- 4. Singleton or second born in case of multiple pregnancy
- 5. Parental consent for participation

### Participant type(s)

Patient

## Healthy volunteers allowed

No

#### Age group

Neonate

#### Sex

All

#### Key exclusion criteria

- 1. Clinical decision not to administer therapies (infant not considered viable)
- 2. Dysmorphic features or congenital malformations that adversely affect life expectancy or neurodevelopment
- 3. Known or suspected congenital heart disease (not including a persistent ductus arteriosus and /or an atrial septum defect)

#### Date of first enrolment

01/04/2010

# Date of final enrolment

31/03/2012

# Locations

#### Countries of recruitment

United Kingdom

Czech Republic

Finland

France

Germany

Israel

Netherlands

# Study participating centre

Calwerstrasse 7

Tuebingen Germany 72076

# Sponsor information

### Organisation

University Children's Hospital of Tuebingen (Germany)

#### **ROR**

https://ror.org/03esvmb28

# Funder(s)

# Funder type

Government

#### **Funder Name**

European Union (EU) (Belgium) - Seventh Framework Programme (FP7) for Research and Technological Development (RTD) (ref: 223060)

# **Results and Publications**

# Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	15/10/2015	Yes	No
Results article	results	11/01/2018	Yes	No
Protocol article	protocol	01/07/2010	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes