

# Mobilization of the thumb flexor tendon

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 14/04/2015	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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United Kingdom  
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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0237109529

## Study information

**Scientific Title**

Mobilization of the thumb flexor tendon

**Study objectives**

Postoperative 'Controlled Active Movement' mobilization method gives a better outcome than the 'Kleinert' mobilisation method after surgical repair of a lacerated thumb flexor tendon. The assessor will be blinded.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Surgery: Repair of thumb tendon

**Interventions**

Postoperative 'Controlled Active Movement' mobilization method vs 'Kleinert' mobilisation

**Intervention Type**

Procedure/Surgery

**Phase**

Not Specified

**Primary outcome measure**

The outcome at 12 weeks post repair of injury.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/02/2002

**Completion date**

08/12/2005

## Eligibility

**Key inclusion criteria**

80 patients over 16

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

80

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/2002

**Date of final enrolment**

08/12/2005

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

St Helens & Knowsley Hospitals NHS Trust

Prescot

United Kingdom

L35 5DR

## Sponsor information

**Organisation**

Department of Health (UK)

**Sponsor details**

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**

Government

**Website**

<http://www.doh.gov.uk>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

St Helens and Knowsley Hospitals NHS Trust (UK)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration