

# Mobilization of the thumb flexor tendon

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 14/04/2015	<b>Condition category</b> Surgery	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0237109529

## Study information

**Scientific Title**  
Mobilization of the thumb flexor tendon

**Study objectives**  
Postoperative 'Controlled Active Movement' mobilization method gives a better outcome than the 'Kleinert' mobilisation method after surgical repair of a lacerated thumb flexor tendon. The assessor will be blinded.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Surgery: Repair of thumb tendon

**Interventions**

Postoperative 'Controlled Active Movement' mobilization method vs 'Kleinert' mobilisation

**Intervention Type**

Procedure/Surgery

**Phase**

Not Specified

**Primary outcome(s)**

The outcome at 12 weeks post repair of injury.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

08/12/2005

**Eligibility****Key inclusion criteria**

80 patients over 16

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/2002

**Date of final enrolment**

08/12/2005

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**St Helens & Knowsley Hospitals NHS Trust**

Prescot

United Kingdom

L35 5DR

**Sponsor information****Organisation**

Department of Health (UK)

**Funder(s)****Funder type**

Government

**Funder Name**

St Helens and Knowsley Hospitals NHS Trust (UK)

**Results and Publications**

## **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration