# Effects of enteral nutrition enriched with omega-3 fatty acids on outcome in non-small cell lung cancer patients

Submission date	Recruitment status	Prospectively registered
20/12/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
20/12/2005	Completed	Results
Last Edited	Condition category	[] Individual participant data
13/05/2009	Cancer	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

### Type(s)

Scientific

### Contact name

Dr B. van der Meij

### Contact details

P.O. Box 7057 Amsterdam Netherlands 1007 MB b.vandermeij@vumc.nl

# Additional identifiers

Protocol serial number NTR264

# Study information

Scientific Title

**Acronym** 

### longdrinkstudy

### Study objectives

A nutritional supplement enriched with omega-3 fatty acids has beneficial effects on functional and nutritional parameters and on quality of life (QOL) in non-small cell lung cancer (NSCLC) patients undergoing chemo(radiation)therapy and lung resection, compared to a control energy-dense nutritional supplement without omega-3 fatty acids.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Received from the local medical ethics committees

### Study design

Randomised double blind placebo-controlled parallel group trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Non-small cell lung cancer (NSCLC)

### **Interventions**

Group A (n = 20) will receive two packages per day of a nutritional supplement with 2 g eicosapentaenoic acid (EPA).

Group B (n = 20) will receive two packages per day of a control nutritional supplement.

Total duration of treatment = 8 weeks.

### Intervention Type

Drug

### Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Omega-3 fatty acids

### Primary outcome(s)

- 1. Muscle strength
- 2. Immune status
- 3. Nutritional status
- 4. Cancer cachexia

### Key secondary outcome(s))

- 1. Quality of life (QOL)
- 2. Physical activity level (PAL)
- 3. Post-operative complications and survival

### Completion date

01/09/2006

# **Eligibility**

### Key inclusion criteria

- 1. Aged 18 to 75 years
- 2. Diagnosis NSCLC stage III
- 3. Resolved treatment plan: neo-adjuvant chemo(radiation)therapy during 6 weeks and, dependent on disease regression, tumour resection
- 4. Life expectancy greater than 3 months
- 5. Written informed consent

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

### Sex

Αll

### Key exclusion criteria

- 1. Surgery, chemo- or radiation therapy during the previous month
- 2. Oedema or ascites
- 3. Use of fish oil supplements during the last month
- 4. Use of high dose corticosteroids (low dose, inhalation steroids and/or local use is permitted)
- 5. Other active medical conditions (major gastrointestinal disease, chronic renal failure, uncontrolled diabetes mellitus, human immunodeficiency virus [HIV])

### Date of first enrolment

01/03/2005

### Date of final enrolment

01/09/2006

# Locations

### Countries of recruitment

# Study participating centre P.O. Box 7057

Amsterdam Netherlands 1007 MB

# Sponsor information

### Organisation

Vrije University Medical Centre (VUMC) (Netherlands)

### **ROR**

https://ror.org/00q6h8f30

# Funder(s)

### Funder type

Industry

### **Funder Name**

Abbott Laboratories (Netherlands)

### Alternative Name(s)

Abbott, Abbott U.S., Abbott Alkaloidal Company

### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

For-profit companies (industry)

### Location

United States of America

# **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration