

# Control of Violence for Angry and Impulsive Drinkers

<b>Submission date</b> 03/08/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 22/02/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 21/02/2014	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
Covaid TRIAL NOMS 2010

# Study information

## Scientific Title

Control of Violence for Angry and Impulsive Drinkers: a feasibility study for a Randomised Controlled Trial with imprisoned adult males in South Wales

## Acronym

COVAID RCT

## Study objectives

To establish the feasibility of a full scale randomised controlled trial (RCT) for evaluating Control of Violence for Angry and Impulsive Drinkers (COVAID).

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

UWIC School of Health Science Ethics Committee approved on the 14th September 2009 (ref: 1655)

## Study design

Two-armed randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Alcohol and violence

## Interventions

Participants will be randomised to one of the following arms:

1. COVAID-GS (group secure): a fully accredited cognitive-behavioural treatment programme that aims to reduce the likelihood of alcohol-related aggression and violence
2. Treatment as usual (TAU)

COVAID and TAU participants will receive 10 sessions of COVAID treatment delivered over the period of 4 weeks. Measures will be taken pre- and post-intervention. For TAU the same

measures will be taken at the same interval 4 weeks, pre- and post-intervention. Reoffending analysis will be undertaken with this sample for a maximum period of 6 years (in line with participant information sheets), although the likelihood is that no further data will be collected after 24 month reconviction data.

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome measure**

A full-scale RCT will be considered feasible if:

1. The numbers referred, recruited to the trial, randomised and retained in the trial would support a full-scale RCT
2. At least 90% of participants complete all measures
3. 85% of both prisoners and staff express positive views about COVAID
4. It is possible to calculate the costs of COVAID and TAU

Measures will be taken at pre- and post-intervention.

### **Secondary outcome measures**

Measures will be taken at pre- and post-intervention:

1. Violent reoffending at 6 months after participants release into the community
2. Treatment Motivation Questionnaire (TMQ)
3. Alcohol Related Aggression Questionnaire (ARAQ)
4. Impulsivity (Eysenck Impulsiveness scale)
5. Anger control (STAXI-2)
6. Controlled drinking self-efficacy (CDESES)
7. Client Service Receipt Inventory (CSRI)

### **Overall study start date**

30/10/2009

### **Completion date**

30/08/2010

## **Eligibility**

### **Key inclusion criteria**

1. Male convicted offenders aged 18 or over serving a determinate custodial sentence of 12 months and over
2. At least 3 incidents for alcohol-related violent offending in the past two years
3. Willing and able to participate
4. A moderate standard of literacy
5. An Offender Group Reconviction Scale version 3 (OGRS3) risk score of 35 or over
6. Have time to participate in the programme within the last 6 months of custody

### **Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Both

**Target number of participants**

100, 50 in each arm

**Key exclusion criteria**

1. Active symptoms of mental illness
2. Significant mental impairment
3. Information stating that the offender must abstain from alcohol on medical grounds
4. Indeterminate sentence for public protection
5. Life sentence
6. Serving a sentence for a sexual offence

**Date of first enrolment**

30/10/2009

**Date of final enrolment**

30/08/2010

**Locations****Countries of recruitment**

United Kingdom

Wales

**Study participating centre**

Department of Psychology

Cardiff

United Kingdom

CF5 2YB

**Sponsor information****Organisation**

National Offender Management Service, Cymru (NOMS Cymru) (UK)

**Sponsor details**

c/o Dr Siriol David and Ingrid Zammit

Churchill House

Cardiff

United Kingdom  
CF10 2HH

**Sponsor type**  
Government

**Website**  
<http://www.noms.homeoffice.gov.uk/>

**ROR**  
<https://ror.org/03e5xvd80>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
National Offender Management Service, Cymru (NOMS Cymru) (UK)

## Results and Publications

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		10/02/2012		Yes	No
<a href="#">Results article</a>		12/03/2014		Yes	No