# Control of Violence for Angry and Impulsive Drinkers

| Submission date 03/08/2010          | <b>Recruitment status</b><br>No longer recruiting             | <ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>        |
|-------------------------------------|---|---|
| <b>Registration date</b> 22/02/2011 | <b>Overall study status</b><br>Completed                      | <ul> <li>[] Statistical analysis plan</li> <li>[X] Results</li> </ul> |
| Last Edited<br>21/02/2014           | <b>Condition category</b><br>Mental and Behavioural Disorders | Individual participant data   |

### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

**Contact name** Ms Nic Bowes

### Contact details

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

**Secondary identifying numbers** Covaid TRIAL NOMS 2010

# Study information

#### Scientific Title

Control of Violence for Angry and Impulsive Drinkers: a feasibility study for a Randomised Controlled Trial with imprisoned adult males in South Wales

#### Acronym

COVAID RCT

#### **Study objectives**

To establish the feasibility of a full scale randomised controlled trial (RCT) for evaluating Control of Violence for Angry and Impulsive Drinkers (COVAID).

### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

UWIC School of Health Science Ethics Committee approved on the 14th September 2009 (ref: 1655)

**Study design** Two-armed randomised controlled trial

**Primary study design** Interventional

Secondary study design Randomised controlled trial

**Study setting(s)** Other

**Study type(s)** Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Alcohol and violence

#### Interventions

Participants will be randomised to one of the following arms: 1. COVAID-GS (group secure): a fully accredited cognitive-behavioural treatment programme that aims to reduce the likelihood of alcohol-related aggression and violence 2. Treatment as usual (TAU)

COVAID and TAU participants will receive 10 sessions of COVAID treatment delivered over the period of 4 weeks. Measures will be taken pre- and post-intervention. For TAU the same

measures will be taken at the same interval 4 weeks, pre- and post-intervention. Reoffending analysis will be undertaken with this sample for a maximum period of 6 years (in line with participant information sheets), although the likelihood is that no further data will be collected after 24 month reconviction data.

#### Intervention Type

Other

**Phase** Not Applicable

#### Primary outcome measure

A full-scale RCT will be considered feasible if:

1. The numbers referred, recruited to the trial, randomised and retained in the trial would support a full-scale RCT

2. At least 90% of participants complete all measures

3. 85% of both prisoners and staff express positive views about COVAID

4. It is possible to calculate the costs of COVAID and TAU

Measures will be taken at pre- and post-intervention.

#### Secondary outcome measures

Measures will be taken at pre- and post-intervention:

- 1. Violent reoffending at 6 months after participants release into the community
- 2. Treatment Motivation Questionnaire (TMQ)
- 3. Alcohol Related Aggression Questionnaire (ARAQ)
- 4. Impulsivity (Eysenck Impulsiveness scale)
- 5. Anger control (STAXI-2)
- 6. Controlled drinking self-efficacy (CDSES)
- 7. Client Service Receipt Inventory (CSRI)

#### Overall study start date

30/10/2009

**Completion date** 

30/08/2010

# Eligibility

### Key inclusion criteria

1. Male convicted offenders aged 18 or over serving a determinate custodial sentence of 12 months and over

- 2. At least 3 incidents for alcohol-related violent offending in the past two years
- 3. Willing and able to participate
- 4. A moderate standard of literacy
- 5. An Offender Group Reconviction Scale version 3 (OGRS3) risk score of 35 or over
- 6. Have time to participate in the programme within the last 6 months of custody

### Participant type(s)

Patient

#### Age group

Not Specified

### Sex

Both

**Target number of participants** 100, 50 in each arm

#### Key exclusion criteria

- 1. Active symptoms of mental illness
- 2. Significant mental impairment
- 3. Information stating that the offender must abstain from alcohol on medical grounds
- 4. Indeterminate sentence for public protection
- 5. Life sentence
- 6. Serving a sentence for a sexual offence

Date of first enrolment 30/10/2009

Date of final enrolment 30/08/2010

## Locations

**Countries of recruitment** United Kingdom

Wales

**Study participating centre Department of Psychology** Cardiff United Kingdom CF5 2YB

# Sponsor information

**Organisation** National Offender Management Service, Cymru (NOMS Cymru) (UK)

**Sponsor details** c/o Dr Siriol David and Ingrid Zammit Churchill House Cardiff United Kingdom CF10 2HH

**Sponsor type** Government

Website http://www.noms.homeoffice.gov.uk/

ROR https://ror.org/03e5xvd80

# Funder(s)

**Funder type** Government

**Funder Name** National Offender Management Service, Cymru (NOMS Cymru) (UK)

### **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

| Output type            | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|------------------------|---------|--------------|------------|----------------|-----------------|
| <u>Results article</u> |         | 10/02/2012   |            | Yes            | No              |
| Results article        |         | 12/03/2014   |            | Yes            | No              |