

Stop smoking with mobile phones

Submission date 17/04/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 12/06/2007	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 07/07/2011	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Study website

<http://www.txt2stop.org>

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Protocol Version 1; G0601639

Study information

Scientific Title

Acronym

TXT2STOP

Study objectives

TXT2STOP is a study for a trial of mobile phone text messaging as an aid to support smoking cessation in people in the UK.

The pilot study for this trial has been assigned to ISRCTN37111532 (see <http://www.controlled-trials.com/ISRCTN37111532>).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the St Thomas' Hospital Research Ethics Committee on the 5th December 2006 (ref: 06/Q0702/169).

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Participant information on https://www.txt2stop.org/participant_info.html

Health condition(s) or problem(s) studied

Smoking

Interventions

The intervention group will be encouraged to set a quit date within 14 days of randomisation. Five messages per day will be sent in the first five weeks after randomisation.

The control group will receive fortnightly messages on the most well know health dangers of smoking.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Self reported abstinence at six months post randomisation. Verified by salivary cotinine testing using a cut-off of 7 ng/ml of cotinine.

Secondary outcome measures

1. At four weeks: point prevalence of smoking (as per National Health Service standard reporting)
2. At six months:
 - 2.1. 28-day continuous abstinence
 - 2.2. Involvement in any vehicle crashes (this is the only rare adverse health effects of using a mobile phone)

Overall study start date

30/03/2007

Completion date

29/03/2010

Eligibility**Key inclusion criteria**

1. Aged 16 years and over
2. Currently smoking cigarettes daily and interested in quitting
3. Owner of a mobile phone and familiar with text messaging capabilities
4. Able to provide informed consent to participate in the study

Participant type(s)

Patient

Age group

Adult

Lower age limit

16 Years

Sex

Both

Target number of participants

5800 - closed to recruitment

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

30/03/2007

Date of final enrolment

29/03/2010

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Nutrition and Public Health Research Interventions Unit

London

United Kingdom

WC1E 7HT

Sponsor information

Organisation

London School of Hygiene and Tropical Medicine (UK)

Sponsor details

c/o Penny Ireland

Keppel Street

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United Kingdom

WC1E 7HT

+44 (0)20 7927 2678

Penny.Ireland@lshtm.ac.uk

Sponsor type

Hospital/treatment centre

Website

<http://www.lshtm.ac.uk>

ROR

<https://ror.org/00a0jsq62>

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (MRC) (UK) (Grant ref no.: G0601639)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2010		Yes	No
Results article	n results	02/07/2011		Yes	No