ISRCTN81231690 https://doi.org/10.1186/ISRCTN81231690

The effects of an education programme on the compliance with nasal Continuous Positive Airway Pressure (CPAP) in the treatment of obstructive sleep apnoea

Submission date
09/10/2002

Recruitment status
No longer recruiting

Registration date
09/10/2002

Overall study status
Completed

Last Edited
02/07/2009

Condition category
Nervous System Diseases

[_] Prospectively registered
[_] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
711007

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Obstructive Sleep Apnoea

Interventions
After OSA is diagnosed, patients will be randomised, blinded to the attending physician, into the following groups:
1. Structured education group (study group): patients receive specially arranged educational sessions (involving videos on CPAP treatment and live demonstrations)
2. Conventional group (control group): patients will receive conventional 'education', involving physician explanation of CPAP prior to discharge and written material on OSA, CPAP support hotline and clinic follow up

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s))
Not provided at time of registration

Completion date
01/01/1999

Eligibility

Key inclusion criteria

Patients newly diagnosed with Obstructive Sleep Apnoea (OSA) and who agreed to the prescription of home nasal CPAP

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
Does not meet inclusion criteria

Date of first enrolment
01/01/1997

Date of final enrolment
01/01/1999

Locations

Countries of recruitment
Hong Kong

Study participating centre
Department of Medicine & Therapeutics
-
Hong Kong
-

Sponsor information

Organisation
Hong Kong Health Services Research Fund (China)

ROR
https://ror.org/03qh32912

Funder(s)

Funder type
Government

Funder Name
Hong Kong Health Services Research Fund (Hong Kong)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2000		Yes	No