

The effects of an education programme on the compliance with nasal Continuous Positive Airway Pressure (CPAP) in the treatment of obstructive sleep apnoea

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| Submission date 09/10/2002 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered |
| Registration date 09/10/2002 | Overall study status Completed | <input type="checkbox"/> Protocol |
| Last Edited 02/07/2009 | Condition category Nervous System Diseases | <input type="checkbox"/> Statistical analysis plan |
| | | <input checked="" type="checkbox"/> Results |
| | | <input type="checkbox"/> Individual participant data |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Obstructive Sleep Apnoea

Interventions

After OSA is diagnosed, patients will be randomised, blinded to the attending physician, into the following groups:

1. Structured education group (study group): patients receive specially arranged educational sessions (involving videos on CPAP treatment and live demonstrations)
2. Conventional group (control group): patients will receive conventional 'education', involving physician explanation of CPAP prior to discharge and written material on OSA, CPAP support hotline and clinic follow up

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/01/1997

Completion date

01/01/1999

Eligibility

Key inclusion criteria

Patients newly diagnosed with Obstructive Sleep Apnoea (OSA) and who agreed to the prescription of home nasal CPAP

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

Not provided at time of registration

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/01/1997

Date of final enrolment

01/01/1999

Locations

Countries of recruitment

Hong Kong

Study participating centre

Department of Medicine & Therapeutics

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Hong Kong

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Sponsor information

Organisation

Hong Kong Health Services Research Fund (China)

Sponsor details

Health Welfare and Food Bureau

Government Secretariat, HKSAR

20th floor Murray Building

Garden Road

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Hong Kong

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Sponsor type

Government

Website

http://www.fhb.gov.hk/grants/english/funds/funds_hhsrf/funds_hhsrf_abt/funds_hhsrf_abt.html

ROR

<https://ror.org/03qh32912>

Funder(s)

Funder type

Government

Funder Name

Hong Kong Health Services Research Fund (Hong Kong)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 01/05/2000 | | Yes | No |