# The effect of enhanced pre-operative information on patient recovery following colorectal surgery: a randomised controlled trial.

	☐ Prospectively registered
No longer recruiting	☐ Protocol
Overall study status	Statistical analysis plan
Completed	Results
Condition category	[] Individual participant data
Surgery	Record updated in last year
	Completed  Condition category

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Mr Biju Joseph

#### Contact details

Castle Hill Hospital Castle Road Cottingham United Kingdom HU16 5JQ

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0084151426

# Study information

#### Scientific Title

# **Study objectives**

- 1. To assess the acceptability and psychological effects of fast-track surgery
- 2. To perform an economic analysis of fast-track surgery
- 3. To examine the role of enhanced pre-operative information in fast-track surgery
- 4. To examine the relationship between the stress response and length of stays

# Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

# Study design

Randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

**Not Specified** 

## Participant information sheet

# Health condition(s) or problem(s) studied

Surgery: Colorectal

#### **Interventions**

Recruitment for this study will occur in consecutive patients attending preassesment clinics. Randomisation will be performed at a remote site and accessed by telephone. A computer generated permuted block randomisation technique will be employed.

### Intervention Type

Procedure/Surgery

## **Phase**

**Not Specified** 

# Primary outcome measure

- 1. Psychological effects and acceptability will be assessed by Hospital Anxiety and Depression Score (HADS).
- 2. The economic analysis will be based on the EuroQol.
- 3. The RCT will be assessed by 6 item Spielberger anxiety inventory
- 4. Physiological stress will be assessed by salivary IgA levels

## Secondary outcome measures

Not provided at time of registration

## Overall study start date

07/09/2004

# Completion date

01/08/2007

# Eligibility

# Key inclusion criteria

- 1. Age over 16
- 2. Undergoing colorectal resections or colostomy/ileostomy formation or closure

# Participant type(s)

**Patient** 

# Age group

Adult

#### Sex

**Not Specified** 

# Target number of participants

Minimum of 15 patients

# Key exclusion criteria

- 1. Visual impairment
- 2. Inadequate comprehension to understand pre-op information and sign consent form

# Date of first enrolment

07/09/2004

### Date of final enrolment

01/08/2007

# Locations

### Countries of recruitment

England

United Kingdom

# Study participating centre Castle Hill Hospital Cottingham United Kingdom HU16 5JQ

# Sponsor information

# Organisation

Department of Health

# Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

# Sponsor type

Government

## Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

# Funder type

Government

### **Funder Name**

The North and South Bank Research and Development Consortium

### Funder Name

NHS R&D Support Funding

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration