

# A pilot study of an outpatient clinic to reduce hospital readmission rates in alcohol-dependent patients

<b>Submission date</b> 13/07/2010	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 19/08/2010	<b>Overall study status</b> Stopped	<input type="checkbox"/> Protocol
<b>Last Edited</b> 17/05/2017	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr James Bell

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

### Secondary identifying numbers

Version 3, 06/05/10

# Study information

## Scientific Title

An outpatient clinic to reduce hospital readmission rates in alcohol-dependent patients: a randomised controlled pilot trial

## Study objectives

Offering alcohol-dependent hospital patients extended brief intervention will reduce hospital readmission within the following 12 months.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

South East London Research Ethics Committee, 11/06/2010

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Prevention

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Alcohol dependence

## Interventions

1. Intervention group: extended brief intervention including follow-up in the alcohol clinic, up to four sessions
2. Control group: provision of pamphlet outlining safe levels of alcohol consumption, and providing contact details of local services

## Intervention Type

Other

## Phase

Not Applicable

**Primary outcome measure**

Time to readmission, assessed by survival analysis up to 12 months after initial discharge

**Secondary outcome measures**

Participation in follow-up, monitored continuously

**Overall study start date**

28/07/2010

**Completion date**

28/04/2011

**Reason abandoned (if study stopped)**

Participant recruitment issue

## **Eligibility**

**Key inclusion criteria**

1. Alcohol-dependent hospital patients
2. Aged 18 - 70 years, either sex
3. Living within the local area

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

200

**Key exclusion criteria**

Unable to attend outpatient appointments

**Date of first enrolment**

28/07/2010

**Date of final enrolment**

28/04/2011

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**63 - 65 Denmark Hill**

London

United Kingdom

SE5 8RS

## **Sponsor information**

**Organisation**

King's College Hospital NHS Foundation Trust (UK)

**Sponsor details**

c/o Dr Ed Gluksman

London

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United Kingdom

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+44 (0)203 299 9000

ed.gluksman@kch.nhs.uk

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.kch.nhs.uk/>

**ROR**

<https://ror.org/01n0k5m85>

## **Funder(s)**

**Funder type**

Research council

**Funder Name**

The Alcohol Education and Research Council (AERC) (UK) (ref: R 2009-03)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration