

A pilot study of an outpatient clinic to reduce hospital readmission rates in alcohol-dependent patients

Submission date 13/07/2010	Recruitment status Stopped	<input type="checkbox"/> Prospectively registered
Registration date 19/08/2010	Overall study status Stopped	<input type="checkbox"/> Protocol
Last Edited 17/05/2017	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

Version 3, 06/05/10

Study information

Scientific Title

An outpatient clinic to reduce hospital readmission rates in alcohol-dependent patients: a randomised controlled pilot trial

Study objectives

Offering alcohol-dependent hospital patients extended brief intervention will reduce hospital readmission within the following 12 months.

Ethics approval required

Old ethics approval format

Ethics approval(s)

South East London Research Ethics Committee, 11/06/2010

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Alcohol dependence

Interventions

1. Intervention group: extended brief intervention including follow-up in the alcohol clinic, up to four sessions
2. Control group: provision of pamphlet outlining safe levels of alcohol consumption, and providing contact details of local services

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Time to readmission, assessed by survival analysis up to 12 months after initial discharge

Key secondary outcome(s)

Participation in follow-up, monitored continuously

Completion date

28/04/2011

Reason abandoned (if study stopped)

Participant recruitment issue

Eligibility

Key inclusion criteria

1. Alcohol-dependent hospital patients
2. Aged 18 - 70 years, either sex
3. Living within the local area

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

Unable to attend outpatient appointments

Date of first enrolment

28/07/2010

Date of final enrolment

28/04/2011

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

63 - 65 Denmark Hill

London

United Kingdom

SE5 8RS

Sponsor information

Organisation

King's College Hospital NHS Foundation Trust (UK)

ROR

<https://ror.org/01n0k5m85>

Funder(s)**Funder type**

Research council

Funder Name

The Alcohol Education and Research Council (AERC) (UK) (ref: R 2009-03)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes