# Artificial intelligence to help healthcare professionals detect cancer in the UK breast screening programme

Submission date	<b>Recruitment status</b> Not yet recruiting	[X] Prospectively registered		
03/11/2025		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
26/11/2025	Ongoing  Condition category	☐ Results		
Last Edited		Individual participant data		
26/11/2025	Cancer	[X] Record updated in last year		

#### Plain English summary of protocol

Background and study aims

Artificial Intelligence (AI) is being used more commonly in the NHS. The EDITH study is looking to see how well AI could support the breast screening programme in the UK. It will test how AI can help NHS trained experts to look for cancer in mammograms.

#### Who can participate?

We plan to have 660,000 women take part in the study from approximately 30 breast screening centres in the UK. Women will be informed about the study when they get their screening (mammogram) invitation letter.

#### What does the study involve?

Within the study, some women will receive standard breast screening, where two NHS experts look at the breast images for signs of cancer. Other women will receive AI-assisted breast screening, where the AI helps the NHS expert(s) by also looking for signs of cancer. We will try out two different types of AI-assisted breast screening. The first type will involve the use of AI after the NHS expert to look for cancers that they might have missed. The second type will involve AI being used first to say whether there is a high or low risk of cancer. All images will be read by a human expert with final decisions about cancer detection made by standard human arbitration.

Women will be followed up until their screening episode is closed and then for a further four years through the screening programme and cancer registries to ascertain if they develop a cancer in the future.

Results from the three groups will be looked at to see how well humans combined with AI assistance works compared to the human readers alone and the costs and benefits of this.

#### What are the possible benefits and risks of participating?

There is a possible benefit in taking part in the EDITH study as some studies have shown increased cancer findings when AI is used. The information gained from this study should help improve the screening service offered to women in the future.

AI may highlight more areas as high likelihood of cancer than human experts. Some of these may

not be cancer. This may mean more women are recalled for additional testing than if AI is not used. Some women may feel anxious and/or worried if they are asked to attend additional follow-up tests. The mammography and any further testing are part of your routine care and helps the experts examine the breast more thoroughly. In most cases there is no abnormality to be found.

These procedures use ionising radiation to form images of the breast and provide NHS trained experts with clinical information. Ionising radiation may cause cancer many years or decades after the exposure. The majority of participants in this study will not undergo any additional procedures. For those participants the chance of this happening is the same whether they take part in the study or not. Participants who may not have been recalled for additional testing, but are recalled due to participation in the study, will undergo additional exposure to ionising radiation. The risk arising from these additional exposures is extremely small.

Where is the study run from?

University of Warwick and Cambridge University Hospitals NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for? August 2025 to July 2029

Who is funding the study?

National Institute for Health Research (NIHR) Health Technology Assessment (HTA) Programme (UK)

Who is the main contact?
University of Warwick study team, edith@warwick.ac.uk

# Contact information

# Type(s)

Public

#### Contact name

Mrs Amy Hopkins

#### ORCID ID

https://orcid.org/0009-0001-6821-7543

#### Contact details

Warwick Clinical Trials Unit University of Warwick Gibbet Hill Road Coventry United Kingdom CV4 7AL +44 (0)24 7615 1912 edith@warwick.ac.uk

# Type(s)

Scientific

#### Contact name

#### Prof Sian Taylor-Phillips

#### **ORCID ID**

https://orcid.org/0000-0002-1841-4346

#### Contact details

Division of Health Sciences
Warwick Medical School
University of Warwick
Coventry
United Kingdom
CV4 7AL
+44 (0)2476 575882
s.taylor-phillips@warwick.ac.uk

#### Type(s)

Scientific

#### Contact name

Prof Fiona Gilbert

#### **ORCID ID**

https://orcid.org/0000-0002-0124-9962

#### Contact details

Department of Radiology University of Cambridge Cambridge United Kingdom CB2 0QQ +44 (0)12 2374 6439 fjg28@medschl.cam.ac.uk

# Additional identifiers

# Clinical Trials Information System (CTIS)

Nil known

#### ClinicalTrials.gov (NCT)

Nil known

#### Central Portfolio Management System (CPMS)

**CPMS 59556** 

# National Institute for Health and Care Research (NIHR)

NIHR162840

# Integrated Research Application System (IRAS)

336814

# Study information

#### Scientific Title

Early Detection using Information Technology in Health (EDITH)

#### Acronym

**EDITH** 

#### **Study objectives**

- 1. To integrate AI into the NHSBSP to measure the difference in clinical and cost-effectiveness between three study arms: replacing the second reader with AI (intervention 1); using AI for triage (intervention 2); and the current double reading pathway (control)
- 2. To understand differences in accuracy by AI vendor, mammographic acquisition system and by population subgroup (e.g. age, ethnicity, breast density, socioeconomic status) in a nested test accuracy study
- 3. To develop a comprehensive post-market surveillance methodology for national rollout
- 4. To monitor barriers to participation in women opting out
- 5. To calculate the cost of the current pathway using two readers compared with replacing the second reader with AI or using AI for triage from the perspective of the NHS

#### Ethics approval required

Ethics approval required

#### Ethics approval(s)

approved 13/11/2025, East of England - Cambridge East Research Ethics Committee (2 Redman Place, Stratford, London, EC20 1JQ, United Kingdom; +44 (0)207 104 8096; cambridgeeast. rec@hra.nhs.uk), ref: 25/EE/0197

#### Study design

Randomized; Interventional; Design type: Screening, Imaging

#### Primary study design

Interventional

#### Study type(s)

Screening

#### Health condition(s) or problem(s) studied

Breast cancer

#### Interventions

EDITH is a multi-centre, pragmatic, cluster, randomised controlled trial (RCT). Cluster will be at the clinic day level including 660,000 women across approximately 30 screening centres with optout consent. Each centre will undertake all three trial arms with one approved AI tool randomly allocated to be used at the centre. All women who attend participating screening centres will take part in the study, unless they opt-out.

Cluster randomisation will be allocated 1:1:1 ratio across:

Control arm: women will receive standard breast screening, where two NHS experts look at the breast images for

signs of cancer.

Two groups of women (intervention arms) will receive AI-assisted breast screening, where the AI helps the NHS expert(s) by also looking for signs of cancer.

Intervention arm 1: AI is used after the NHS expert has looked for cancer and will look for cancers that they might have missed.

Intervention arm 2: AI is used first before NHS experts look at the mammograms to say whether there is a high or low likelihood of cancer. This information is then used by the NHS experts, with knowledge of the AI decision available to them. If the likelihood is low one NHS expert will read the images and if the likelihood is high two experts will read the images, before a decision is made whether to recall women for further tests. In both cases, if there is disagreement on whether to recall women for further tests the case will go to arbitration (this is a process where a single third expert or panel of human experts review the images and make a final decision whether to recall the woman). Where the AI score shows a very high likelihood of cancer, the images will always go to arbitration.

In all arms, all images will continue to be looked at by at least one human expert with final decisions about cancer detection made by at least two human experts.

A nested test accuracy study comparing AI systems from participating vendors will be undertaken towards the end of the study to establish which AI tool performs best with each of the mammography vendors. This is a retrospective sub-study of mammograms from the main study taking place towards the end of the trial. This study has no impact on patient care pathway, as it does not involve any further contact with participants.

A qualitative study exploring women's reasons for opt-out and acceptability of AI in breast screening will be undertaken

in a small number of women.

A health economic evaluation will be undertaken to evaluate the cost-effectiveness of implementing different AI systems and AI pathways and includes a (a) micro-costing study to calculate the resource use and cost of using AI to read mammograms; and (b) a qualitative study to identify barriers and facilitators to the introduction of AI which will inform the health economic model.

The trial is designed to answer whether each intervention is more clinically effective than current practice. This will be assessed using a randomised controlled trial design – the gold standard method for generating the strongest possible evidence. The inclusion of a control arm (double reading by two human experts) allows us to directly compare current cancer detection and recall rates with those achieved in the intervention arms, where AI is integrated into the screening pathway. We will use hierarchical models to assess the primary outcomes (cancer detection rate and recall rate). Hierarchical models are statistical methods used to account for clustering in data – in this trial, clustering occurs when women are grouped into clinic days contained within screening centres. In addition, an intention-to-treat analysis will be performed, meaning all participants will be analysed according to their randomised intervention, regardless of whether the intervention was delivered as intended. For instance, if AI is unable to read a mammogram – for example, due to breast implants or the mammogram being acquired via a method other than the standard 2D digital four-view mammography – the woman will receive standard care (double reading by two human experts) but will be treated as if she had received the intervention to which she was assigned.

Each intervention arm will be compared separately with the control arm. For cancer detection, we will assess superiority. A difference of at least 1 additional cancer detected per 1000 women

screened, compared to the control arm, will be considered clinically meaningful. This difference was chosen to align with the difference in cancer detection rate observed in MASAI, a Swedish trial of AI in breast screening [https://pubmed.ncbi.nlm.nih.gov/37541274/]. Thus, the null hypothesis is that the difference in cancer detection rate between the intervention arm and the control arm is less than 1 cancer per 1000 women screened (in either direction), and the alternative hypothesis is that this difference is greater than or equal to 1 cancer per 1000 women screened (in either direction). For recall, we will assess non-inferiority. If the intervention arm results in no more than 2 additional recalls per 1000 women screened, compared to the control arm, it will be considered non-inferior. This margin was established in consultation with PPIE representatives and researchers. Thus, the null hypothesis is that the intervention leads to more than 2 additional recalls per 1000 women screened (in the positive direction only), and the alternative hypothesis is that it results in 2 or fewer additional recalls per 1000 women screened (in the positive direction only).

#### **Intervention Type**

Other

#### Primary outcome(s)

- 1. Cancer detection rate (CDR) measured as cancers detected out of all women screened
- 2. Recall rate measured as women recalled out of all women screened

Primary analysis will be at the end of the 4-year trial before interval cancers have been captured. The final analysis will be when all women have undergone a second round of screening or more than 3 years follow up to capture interval cancer rates.

The nested test accuracy study will take place towards the end of the trial.

## Key secondary outcome(s))

- 1. Arbitration rate measured as women requiring additional read by third person out of all women screened
- 2. Interval cancer rate measured as the number of interval cancers within 3 years out of all women screened and the next screen CDR measured using as the number of cancers detected out of all women screened at 3 years
- 3. Characteristics of cancers detected measured using size, type and grade
- 4. Outcomes by population group to explore inequalities and by breast density, measured using age, ethnicity, socioeconomic status [SES]
- 5. AI failure rates
- 6. Atypia detection (incidental findings)
- 7. Workload measured using e.g. reading volume, arbitration volume, recall to assessment volume
- 8. Reader behaviour and performance measured using e.g. AI vendor, AI threshold, batch length, time on task, reader experience and reading volume
- 9. Opt-out rates and reasons for opting out as a measure of acceptability in screening-eligible women (where provided by women)
- 10. Cost to the NHS of the three pathways
- 11. Cost-effectiveness by technology and population subgroup, and impact on NHS capacity
- 12. Test accuracy of AI from a nested test accuracy study overall and by population subgroup (e. g. age, ethnicity, breast density, socioeconomic status)

Primary analysis will be at the end of the 4-year trial before interval cancers have been captured. The final analysis will be when all women have undergone a second round of screening or more than 3 years follow up to capture interval cancer rates.

The nested test accuracy study will take place towards the end of the trial.

#### Completion date

31/12/2028

# **Eligibility**

#### Key inclusion criteria

- 1. Women routinely invited for NHSBSP breast screening at participating centres during the trial recruitment period, typically screening target age 50-70 years but pragmatically include all screened women even if outside target age range (for example older women are allowed to self-refer every 3 years).
- 2. Women whose mammograms cannot be read by AI (for instance due to cosmetic breast implants, or not having standard 2D digital four-view mammograms acquired) will be included in the main trial intention to treat analysis comparing the trial arms. In practice they are effectively a test failure and will receive standard care (two human readers) regardless of trial arm. This analysis will deliver comparison of the AI pathway as it would actually be implemented for all women in comparison to current standard practice.

#### Participant type(s)

Service user

#### Healthy volunteers allowed

No

#### Age group

Mixed

# Lower age limit

50 years

# Upper age limit

70 years

#### Sex

Female

#### Total final enrolment

0

#### Key exclusion criteria

- 1. Women being screened in the moderate and high-risk screening service (separate to NHSBSP)
- 2. Women being screened following the very high-risk protocol (separate protocol to population risk women: annual mammography/MRI)
- 3. Women who have opted out from participation in the study

# Date of first enrolment

01/05/2026

#### Date of final enrolment

30/11/2028

# Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre Barts Health NHS Trust

The Royal London Hospital 80 Newark Street London England E1 2ES

# Study participating centre

## Cambridge University Hospitals NHS Foundation Trust

Cambridge Biomedical Campus Hills Road Cambridge England CB2 0QQ

# Study participating centre

# Gloucestershire Hospitals NHS Foundation Trust

Cheltenham General Hospital Sandford Road Cheltenham England GL53 7AN

# Study participating centre

King's College Hospital NHS Foundation Trust

Denmark Hill London England SE5 9RS

# Study participating centre

#### Royal Devon University Healthcare NHS Foundation Trust

Royal Devon University NHS Ft Barrack Road Exeter England EX2 5DW

# Study participating centre Leeds Teaching Hospitals NHS Trust

St. James's University Hospital Beckett Street Leeds England LS9 7TF

# Study participating centre Mid and South Essex NHS Foundation Trust

Prittlewell Chase Westcliff-on-sea England SSO ORY

#### Study participating centre North Bristol NHS Trust

Southmead Hospital Southmead Road Westbury-on-trym Bristol England BS10 5NB

# Study participating centre

North Tees and Hartlepool NHS Foundation Trust University Hospital of Hartlepool Holdforth Road Hartlepool England TS24 9AH

# Study participating centre Oxford University Hospitals NHS Foundation Trust

John Radcliffe Hospital Headley Way Headington Oxford England OX3 9DU

# Study participating centre Sandwell and West Birmingham Hospitals NHS Trust

Midland Metropolitan University Hos Grove Lane Smethwick England B66 2QT

# Study participating centre St George's Hospital

Blackshaw Road
Tooting
London
England
SW17 0QT

# Study participating centre University Hospitals of Derby and Burton NHS Foundation Trust

Royal Derby Hospital Uttoxeter Road Derby England DE22 3NE

# Study participating centre University Hospitals of Leicester NHS Trust

Leicester Royal Infirmary Infirmary Square Leicester England LE1 5WW

# Study participating centre University Hospitals of North Midlands NHS Trust

Newcastle Road Stoke-on-trent England ST4 6QG

# Study participating centre Norfolk and Norwich University Hospitals NHS Foundation Trust

Colney Lane Colney Norwich England NR4 7UY

## Study participating centre Manchester University NHS Foundation Trust

Cobbett House Oxford Road Manchester England M13 9WL

# Study participating centre Maidstone and Tunbridge Wells NHS Trust

The Maidstone Hospital Hermitage Lane Maidstone England ME16 9QQ

# Study participating centre

University Hospitals Coventry and Warwickshire NHS Trust

Walsgrave General Hospital Clifford Bridge Road Coventry England CV2 2DX

## University Hospitals Plymouth NHS Trust

Derriford Hospital Derriford Road Derriford Plymouth England PL6 8DH

# Study participating centre York and Scarborough Teaching Hospitals NHS Foundation Trust

York Hospital Wigginton Road York England YO31 8HE

# Sponsor information

## Organisation

University of Warwick

#### **ROR**

https://ror.org/01a77tt86

#### Organisation

Cambridge University Hospitals NHS Foundation Trust

#### **ROR**

https://ror.org/04v54gj93

# Funder(s)

## Funder type

Government

#### **Funder Name**

National Institute for Health and Care Research

## Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

#### **Funding Body Type**

Government organisation

# **Funding Body Subtype**

National government

#### Location

**United Kingdom** 

# **Results and Publications**

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from the University of Cambridge and the University of Warwick. At the end of the trial third parties may request access to the trial data and mammogram images via the Chief Investigators or the trial team at edith@warwick.ac.uk. The trial will form a Data Access Committee (which will include the Chief Investigator(s) and Trial Management Group members) to consider requests. No reasonable requests will be denied but all requests must have the approval of the Data Access Committee. Requests must be made according to Warwick Clinical Trials Unit data request Standard Operating Procedure. If any images or meta data is released to a third party, full anonymisation will take place. Participants are informed that their data may be shared anonymously with other researchers to support future research in the Patient Information Sheet.

# IPD sharing plan summary

Available on request

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Study website	Study website	11/11/2025	11/11/2025	No	Yes