

# Therapeutic Assessment (TA) of adolescents presenting with self harm versus standard psychosocial assessment and risk management: a randomised controlled trial

<b>Submission date</b> 13/11/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/12/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 28/05/2013	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Dennis Ougrin

### Contact details

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47 Weston St  
London  
United Kingdom  
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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

## Scientific Title

## Acronym

TA

## Study objectives

Therapeutic Assessment (TA) versus assessment as usual will improve engagement with follow up.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Camden and Islington Community Local Research Ethics Committee on the 23rd October 2007 (ref: 07/H0722/66).

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Self harm

## Interventions

Therapeutic Assessment (TA) versus assessment as usual. There is no structured intervention after the initial assessment. This is a study of the assessment process. Participants will be followed up by relevant community teams and recommendations will be made about the optimal management.

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Engagement with follow up, measured at 3 and 6 months after the initial assessment.

**Secondary outcome measures**

1. Measures of general and depressive symptomatology, measured at 3 and 6 months after the initial assessment
2. Service use and functioning, measured at 3 and 6 months after the initial assessment

**Overall study start date**

01/11/2007

**Completion date**

01/11/2008

**Eligibility****Key inclusion criteria**

1. Aged 12 - 17 years (inclusive)
2. Presentation with self harm
3. Referral for a Child and Adolescent Mental Health Services (CAMHS) assessment

**Participant type(s)**

Patient

**Age group**

Child

**Lower age limit**

12 Years

**Upper age limit**

17 Years

**Sex**

Both

**Target number of participants**

70

**Key exclusion criteria**

1. Poor English
2. Gross reality distortion due to psychosis or inebriation
3. Immediate risk of violence or suicide
4. Known moderate to severe learning disability
5. Admission to psychiatric in-patient unit

**Date of first enrolment**

01/11/2007

**Date of final enrolment**

01/11/2008

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Snowsfields Adolescent Unit**

London

United Kingdom

SE1 3RR

## **Sponsor information**

**Organisation**

South London and Maudsley NHS Trust (UK)

**Sponsor details**

Research & Development Office (P005), Room W108

Institute of Psychiatry, King's College London

De Crespigny Park

London

England

United Kingdom

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**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.slam.nhs.uk/>

**ROR**

<https://ror.org/015803449>

# Funder(s)

## Funder type

Charity

## Funder Name

Maudsley Charitable Foundation (UK)

## Funder Name

West London Research Consortium (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/02/2011		Yes	No
<a href="#">Results article</a>	results	01/10/2013		Yes	No