Therapeutic Assessment (TA) of adolescents presenting with self harm versus standard psychosocial assessment and risk management: a randomised controlled trial

Recruitment status No longer recruiting	Prospectively registered		
	☐ Protocol		
Overall study status Completed	Statistical analysis plan		
	[X] Results		
Condition category Mental and Behavioural Disorders	Individual participant data		
	No longer recruiting Overall study status Completed		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Dennis Ougrin

Contact details

Snowsfields Adolescent Unit York Clinic, Guy's Hospital 47 Weston St London United Kingdom SE1 3RR

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Acronym

TA

Study objectives

Therapeutic Assessment (TA) versus assessment as usual will improve engagement with follow up.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the Camden and Islington Community Local Research Ethics Committee on the 23rd October 2007 (ref: 07/H0722/66).

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Self harm

Interventions

Therapeutic Assessment (TA) versus assessment as usual. There is no structured intervention after the initial assessment. This is a study of the assessment process. Participants will be followed up by relevant community teams and recommendations will be made about the optimal management.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Engagement with follow up, measured at 3 and 6 months after the initial assessment.

Secondary outcome measures

- 1. Measures of general and depressive symptomatology, measured at 3 and 6 months after the initial assessment
- 2. Service use and functioning, measured at 3 and 6 months after the initial assessment

Overall study start date

01/11/2007

Completion date

01/11/2008

Eligibility

Key inclusion criteria

- 1. Aged 12 17 years (inclusive)
- 2. Presentation with self harm
- 3. Referral for a Child and Adolescent Mental Health Services (CAMHS) assessment

Participant type(s)

Patient

Age group

Child

Lower age limit

12 Years

Upper age limit

17 Years

Sex

Both

Target number of participants

70

Key exclusion criteria

- 1. Poor English
- 2. Gross reality distortion due to psychosis or inebriation
- 3. Immediate risk of violence or suicide
- 4. Known moderate to severe learning disability
- 5. Admission to psychiatric in-patient unit

Date of first enrolment

Date of final enrolment 01/11/2008

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Snowsfields Adolescent Unit London United Kingdom SE1 3RR

Sponsor information

Organisation

South London and Maudsley NHS Trust (UK)

Sponsor details

Research & Development Office (P005), Room W108
Institute of Psychiatry, King's College London
De Crespigny Park
London
England
United Kingdom
SE5 8AF
+44 (0)20 7848 0675
g.dale@iop.kcl.ac.uk

Sponsor type

Hospital/treatment centre

Website

http://www.slam.nhs.uk/

ROR

https://ror.org/015803449

Funder(s)

Funder type

Charity

Funder Name

Maudsley Charitable Foundation (UK)

Funder Name

West London Research Consortium (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2011		Yes	No
Results article	results	01/10/2013		Yes	No