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Investigation into the effect of intensive dietary intervention on post prandial glycaemic control and perception of risk of developing diabetes in women with a history of gestational diabetes

Submission date 30/09/2004	**Recruitment status** No longer recruiting	[ ] Prospectively registered [ ] Protocol [ ] Statistical analysis plan [ ] Results [ ] Individual participant data [ ] Record updated in last year
Registration date 30/09/2004	**Overall study status** Completed	
Last Edited 02/11/2016	**Condition category** Nutritional, Metabolic, Endocrine	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N0016132018

Study information

Scientific Title
Investigation into the effect of intensive dietary intervention on post prandial glycaemic control and perception of risk of developing diabetes in women with a history of gestational diabetes

Study objectives
1. To examine the effects of an intensive dietary intervention on post prandial blood glucose profiles (and first phase insulin response).
2. To examine the effects of that dietary education programme on perception of risk and ability to influence the risk of developing diabetes for women with a history of gestational diabetes.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Prevention

Participant information sheet
Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied
Nutritional, Metabolic, Endocrine: Diabetes

Interventions
Randomised controlled trial of a dietary education programme.

Intervention Type
Behavioural

Primary outcome measure
The intervention aims to improve post prandial glycaemic control and insulin response hence reducing the risk or delaying the onset of Type 2 diabetes. The study will investigate whether the risk of developing Type 2 diabetes can be reduced by using intensive dietetic strategy, originally developed as an intensive weight management service within the diabetes framework.

Secondary outcome measures
Not provided at time of registration

Overall study start date
28/08/2003

Completion date
27/08/2007

Eligibility

Key inclusion criteria
Females aged 18-50 years

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Upper age limit
50 Years

Sex
Female

Target number of participants
Not provided at time of registration

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
28/08/2003

Date of final enrolment
27/08/2007

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Charing Cross Hospital
London
United Kingdom
W6 8RF

Sponsor information

Organisation
Department of Health

Sponsor details
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type
Government

Website
http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type
Government

Funder Name
Hammersmith Hospital NHS Trust (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration