# A randomised trial of a General Practice based intervention to reduce repeat deliberate self harm (parasuicide).

Submission date	Recruitment status	Prospectively registered		
23/01/2004	No longer recruiting	Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited	Condition category	☐ Individual participant data		
22/02/2008	Mental and Behavioural Disorders			

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

C/HP/07/11.95/Gunnell

# Study information

#### Scientific Title

#### Acronym

DASH

#### Study objectives

To what extent can a general practitioner (GP) based intervention affect the rate of repetition of deliberate self harm?

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Depression, anxiety, neuroses

#### **Interventions**

- 1. GP intervention
- 2. Standard care

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

- 1. Deliberate self-harm repetition rates
- 2. Cost effectiveness of the intervention
- 3. Production of GP management guidelines for DSH

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/10/1996

#### Completion date

30/09/2000

# **Eligibility**

#### Key inclusion criteria

1. Patients attending accident and emergency (A&E) departments in Bristol and Bath after an episode of deliberate self harm (DSH), registered with general practitioners in Avon.

1932 - patients were studied in total.

#### Participant type(s)

Patient

#### Age group

Not Specified

#### Sex

**Not Specified** 

#### Target number of participants

1932

#### Key exclusion criteria

Cases of alcohol taken alone and illicit drug overdose, except where the casualty officer felt that the purpose of the act was self-harm or suicide.

#### Date of first enrolment

01/10/1996

#### Date of final enrolment

30/09/2000

# Locations

#### Countries of recruitment

England

#### **United Kingdom**

Study participating centre University of Bristol Bristol United Kingdom BS8 2PR

# Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

## Funder type

Government

#### **Funder Name**

NHS Executive South West (UK)

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

# Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	25/05/2002		Yes	No