

# Investigational vertebroplasty efficacy and safety trial: a sham-controlled trial of percutaneous vertebroplasty

<b>Submission date</b> 10/10/2003	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 11/11/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 11/04/2019	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**  
NCT00068822

**Secondary identifying numbers**

## Study information

### Scientific Title

INvestigational Vertebroplasty Efficacy and Safety Trial: a sham-controlled trial of percutaneous vertebroplasty

### Acronym

INVEST

### Study objectives

Vertebroplasty is a procedure used to stabilise broken vertebrae, the bones that form the spine. This study will evaluate the effectiveness of vertebroplasty for the treatment of fractures due to osteoporosis.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Osteoporosis with painful, crushed or broken vertebra (1 or 2 levels)

### Interventions

Participants in this study will be randomly assigned to receive either percutaneous vertebroplasty or a sham procedure (placebo control group). Participants may have up to 2 spinal levels treated. Participants will be enrolled in the study for 1 year and will have study

visits at entry and Months 1 and 12. There will also be phone visits at Days 1, 2, 3, and 14 and Months 3 and 6. After Month 1, crossover from the placebo group to the vertebroplasty group will be allowed.

**Intervention Type**

Procedure/Surgery

**Primary outcome measure**

Back-specific functional status using Roland Scale at the one-month time frame.

**Secondary outcome measures**

Health status outcome using 36-item Short Form health survey (SF-36).

**Overall study start date**

01/12/2003

**Completion date**

01/12/2008

**Eligibility****Key inclusion criteria**

1. Over 50 years old
2. Confirmed osteoporosis or osteopenia
3. Painful vertebral fracture
4. Refractory to medical therapy
5. No previous vertebroplasty or kyphoplasty
6. No infections or immunocompromised patients

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

294

**Key exclusion criteria**

1. Malignant tumour or spinal canal compromise
2. Local or systemic infection
3. Pregnancy
4. Hip fracture

**Date of first enrolment**

01/12/2003

**Date of final enrolment**

01/12/2008

## **Locations**

**Countries of recruitment**

United States of America

**Study participating centre**

**200 1st Street SW**

Rochester, MN

United States of America

55905

## **Sponsor information**

**Organisation**

National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) (National Institutes of Health [NIH]) (USA)

**Sponsor details**

Bethesda

Maryland

United States of America

20810

**Sponsor type**

Government

**Website**

<http://www.niams.nih.gov/>

**ROR**

<https://ror.org/006zn3t30>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) (National Institutes of Health [NIH]) (USA) (ref: AR49373-01)

### Alternative Name(s)

The National Institute of Arthritis and Musculoskeletal and Skin Diseases, NIH National Institute of Arthritis and Musculoskeletal and Skin Diseases, NIH/National Institute of Arthritis and Musculoskeletal and Skin Diseases, National Institute of Arthritis & Musculoskeletal & Skin Diseases, Instituto Nacional de Artritis y Enfermedades Musculoesqueléticas y de la Piel, NIAMS

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United States of America

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Basic results</a>				No	No
<a href="#">Results article</a>	results	06/08/2009	11/04/2019	Yes	No
<a href="#">Results article</a>	results	01/10/2013	11/04/2019	Yes	No