# Do Xanthine Oxidase Inhibitors (XOI) have clinically useful anti-ischaemic effects in the treatment of angina pectoris? A double-blind, placebo controlled trial

| Submission date   | Recruitment status No longer recruiting | <ul><li>Prospectively registered</li></ul> |  |  |
|-------------------|---|--|--|--|
| 22/06/2007        |   | ☐ Protocol                                 |  |  |
| Registration date | Overall study status                    | Statistical analysis plan                  |  |  |
| 26/06/2007        | Completed                               | [X] Results                                |  |  |
| Last Edited       | Condition category                      | [] Individual participant data             |  |  |
| 15/06/2010        | Circulatory System                      |  |  |  |

### Plain English summary of protocol

Not provided at time of registration

### Contact information

## Type(s)

Scientific

### Contact name

Dr Awsan Noman

### Contact details

Department of Clinical Pharmacology (Level 7) Ninewells Hospital and Medical School Dundee United Kingdom DD1 9SY

# Additional identifiers

Protocol serial number NOM001

# Study information

Scientific Title

### Study objectives

Investigating if allopurinol (a Xanthine Oxidase Inhibitor [XOI]) has anti-ischaemic effects in the treatment of chronic stable angina patients.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approved by Tayside Committee on Medical Ethics in November 2006 (ref: 06/S1401/133).

### Study design

Double blind, placebo controlled, crossover trial.

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Coronary Artery Disease - patients with chronic stable angina

### **Interventions**

Drug: allopurinol 300 mg - 600 mg given for six weeks.

Allopurinol (the intervention drug) is given orally (p.o.). Starting dose is 100 mg once daily (od). This is escalated over two weeks to a maximum dose of 300 mg twice daily (bd), which is given for a further period of four weeks (total six weeks). With regards to the control group, this trial is of a crossover design so each patient will be his/her own control. The placebo will be given in exactly the same fashion as the allopurinol for a total period of six weeks.

### Intervention Type

Drug

### **Phase**

**Not Specified** 

### Drug/device/biological/vaccine name(s)

Allopurinol (a Xanthine Oxidase Inhibitor [XOI])

# Primary outcome(s)

Time to ST depression on ETT.

Outcomes will be assessed at the start and every six weeks (at the end of each treatment period - allopurinol or placebo).

### Key secondary outcome(s))

- 1. Total exercise time
- 2. Time to symptom on ETT
- 3. Assessment of angina

4. Measurement of C-Reactive Protein (CRP), B-type Natriuretic Peptide (BNP) and Procollagen III N-terminal Peptide (PIIINP)

Outcomes will be assessed at the start and every six weeks (at the end of each treatment period - allopurinol or placebo).

### Completion date

01/09/2008

# Eligibility

### Key inclusion criteria

- 1. Documented Coronary artery Disease (CAD) on angiography
- 2. Chronic stable angina (greater than two months)
- 3. Able to do Exercise Treadmill Test (ETT)
- 4. Aged between 30 and 85 years

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Sex

**Not Specified** 

### Key exclusion criteria

- 1. Contra-indication or unable to do ETT
- 2. Already on allopurinol or previous allergy to allopurinol
- 3. Left Ventricular (LV) ejection fraction less than 45%
- 4. Myocardial Infarction (MI) or Acute Coronary Syndrome (ACS) over the last two months
- 5. Change to anti-anginal therapy over the last month
- 6. Percutaneous Coronary Intervention (PCI) or Coronary Artery Bypass Graft (CABG) within the last six months
- 7. Significant renal or hepatic impairment
- 8. On medication that may interact with allopurinol (e.g., warfarin)

### Date of first enrolment

22/06/2007

### Date of final enrolment

01/09/2008

# Locations

### Countries of recruitment

United Kingdom

### Scotland

Study participating centre
Department of Clinical Pharmacology (Level 7)
Dundee
United Kingdom
DD1 9SY

# Sponsor information

### Organisation

University of Dundee (UK)

### **ROR**

https://ror.org/03h2bxq36

# Funder(s)

### Funder type

Charity

### **Funder Name**

British Heart Foundation (UK)

### Alternative Name(s)

the bhf, The British Heart Foundation, BHF

### Funding Body Type

Private sector organisation

### **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

### Location

**United Kingdom** 

# **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

| Output type     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 19/06/2010   |            | Yes            | No              |