# Promoting smoking cessation in Bangladeshi and Pakistani male adults: pilot randomised controlled trial

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
08/06/2006		[X] Protocol		
Registration date 11/09/2006	Overall study status Completed Condition category	Statistical analysis plan		
		[X] Results		
Last Edited		☐ Individual participant data		
22/11/2011	Mental and Behavioural Disorders			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Aziz Sheikh

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

## **Study objectives**

As of 02/07/2007:

The aims of this work are to:

- 1. Refine two ('clinic' and 'clinic + outreach') models of using trained community smoking cessation workers to deliver smoking cessation services (Phase 1)
- 2. Conduct a pilot randomised controlled trial comparing the likely uptake and effectiveness of these models of care (Phase II of the complex interventions framework)

#### Previous hypotheses:

The aims of this work are to:

- 1. Refine two ('clinic' and 'clinic + outreach') models of using trained community smoking cessation workers to deliver smoking cessation services (Phase 1)
- 2. Conduct a pilot randomised controlled trial comparing the likely uptake and effectiveness of these models of care with standard care (Phase II of the complex interventions framework)

## Ethics approval required

Old ethics approval format

# Ethics approval(s)

Received from South Staffordshire LREC in April 2007 (ref: 06/Q2602/57).

# Study design

Pilot randomised controlled trial

## Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

### Health condition(s) or problem(s) studied

Smoking cessation

#### **Interventions**

Please note that as of 02/07/2007 the start date of this trial was changed to 01/10/2006, and the anticipated end date of this trial has been changed to 30/09/2008.

Current interventions as of 02/07/2007:

'The interventions to be tested in this two arm pilot trial are:

- 1. Trained community smoking cessation officer based in smoking cessation clinic ('clinic only')
- 2. Trained smoking cessation facilitator working in the clinic and also in an outreach capacity with clients in a location of their choosing ('clinic + outreach')

#### Previous interventions:

The interventions to be tested in this three arm pilot trial are:

- 1. Standard care (control)
- 2. Trained community smoking cessation officer based in smoking cessation clinic ('clinic only')
- 3. Trained smoking cessation facilitator working in the clinic and also in an outreach capacity with clients in a location of their choosing ('clinic + outreach')

## Intervention Type

Other

#### Phase

Phase I/II

### Primary outcome measure

Our main overall outcome of interest for this work is to refine, pilot and have the data needed to inform sample size calculations for a definitive trial evaluating these interventions.

# Secondary outcome measures

Added as of 02/07/2007:

- 1. Patient adherence to pharmacotherapy
- 2. Patient satisfaction with the stop smoking service accessed

# Overall study start date

01/03/2006

## Completion date

28/02/2008

# **Eligibility**

# Key inclusion criteria

- 1. All consenting self-assigned (using Census 2001 categories) Pakistani and Bangladeshi adults (18 years or older)
- 2. Regular smokers (defined as self-declared usage of on average more than or equal to one cigarette/day) who want to quit

# Participant type(s)

Patient

# Age group

Adult

# Lower age limit

18 Years

#### Sex

Male

# Target number of participants

180

## Key exclusion criteria

Those unwilling or unable to give informed consent will be excluded.

#### Date of first enrolment

01/03/2006

#### Date of final enrolment

28/02/2008

# Locations

## Countries of recruitment

Scotland

**United Kingdom** 

# Study participating centre

Professor of Primary Care Research & Development

Edinburgh United Kingdom EH8 9DX

# Sponsor information

#### Organisation

University of Edinburgh (UK)

#### Sponsor details

College of Medicine and Veterinary Medicine Office The Queen's Medical Research Institute 47 Little France Crescent Edinburgh Scotland United Kingdom EH16 4TJ paulmcg@miscorp.ed.ac.uk

# Sponsor type

University/education

#### **ROR**

https://ror.org/01nrxwf90

# Funder(s)

# Funder type

Government

#### Funder Name

National Prevention Research Initiative (NPRI) (UK) (ref: G0501288)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	14/08/2009		Yes	No
Results article	results	19/08/2011		Yes	No