

# Invasive versus Conservative Treatment in Unstable coronary Syndromes

<b>Submission date</b> 27/01/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 27/01/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 15/01/2015	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
NTR442

# Study information

## Scientific Title

Invasive versus Conservative Treatment in Unstable coronary Syndromes

## Acronym

ICTUS

## Study objectives

An early invasive strategy is superior to a selectively invasive strategy for patients who have acute coronary syndromes without ST-segment elevation and with an elevated cardiac troponin T level.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Received from local medical ethics committee

## Study design

Multicentre randomised open label active controlled parallel group trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Acute coronary syndrome

## Interventions

Against a background of optimized medical therapy patients are randomized between an early invasive strategy or a selective invasive strategy.

The early invasive strategy includes angiography within 24 to 48 hours after randomization and revascularization when appropriate.

The selective invasive strategy includes medical stabilization, with angiography and revascularization only in case of refractory angina or significant ischemia on the pre-discharge exercise test.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Within one year after randomisation, a composite of:

1. Death
2. Non-fatal myocardial infarction
3. Rehospitalization for anginal symptoms

**Secondary outcome measures**

1. The occurrence of the components of the primary endpoint
2. The occurrence of death or myocardial infarction
3. A percutaneous coronary intervention
4. Coronary artery bypass grafting
5. Functional status after one, six, and twelve months
6. Two, three and five years follow-up

**Overall study start date**

01/07/2001

**Completion date**

01/09/2008

**Eligibility****Key inclusion criteria**

1. Symptoms of ischemia that were increasing or occurred at rest, with the last episode occurring no more than 24 hours before randomization
2. An elevated cardiac troponin T level ( $\geq 0.03$  ug per litre)
3. Either ischemic changes as assessed by electrocardiography defined as ST-segment depression or transient ST-segment elevation exceeding 0.05 mV
4. Or T-wave inversion of  $\geq 0.2$  mV in two contiguous leads
5. Or a documented history of coronary artery disease as evidenced by previous myocardial infarction
6. Findings on previous coronary angiography, or a positive exercise test

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

1200

**Key exclusion criteria**

1. Age younger than 18 years or older than 80 years
2. Myocardial infarction with ST-segment elevation in the past 48 hours
3. An indication for primary percutaneous coronary intervention or fibrinolytic therapy
4. Hemodynamic instability or overt congestive heart failure
5. The use of oral anticoagulant drugs in the past 7 days
6. Fibrinolytic treatment within the past 96 hours
7. Percutaneous coronary intervention within the past 14 days
8. A contraindication to treatment with percutaneous coronary intervention or glycoprotein IIb/IIIa inhibitors
9. Recent trauma or risk of bleeding
10. Hypertension despite treatment and weight greater than 120 kg

**Date of first enrolment**

01/07/2001

**Date of final enrolment**

01/09/2008

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

Academic Medical Center

Amsterdam

Netherlands

1100 DD

**Sponsor information****Organisation**

Interuniversity Cardiology Institute of the Netherlands (ICIN) (Netherlands)

**Sponsor details**

PO Box 19258  
Utrecht  
Netherlands  
3501 DG

**Sponsor type**

University/education

**Website**

<http://www.icin.nl>

**ROR**

<https://ror.org/01mh6b283>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Medtronic BV (Netherlands)

**Funder Name**

Pfizer (Netherlands)

**Alternative Name(s)**

Pfizer Inc., Pfizer Consumer Healthcare, Davis, Charles Pfizer & Company, Warner-Lambert, King Pharmaceuticals, Wyeth Pharmaceuticals, Seagen

**Funding Body Type**

Government organisation

**Funding Body Subtype**

For-profit companies (industry)

**Location**

United States of America

**Funder Name**

Sanofi-Aventis (Netherlands)

**Funder Name**

Eli Lilly (Netherlands)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	15/09/2005		Yes	No
<a href="#">Results article</a>	results	10/03/2007		Yes	No
<a href="#">Results article</a>	results	23/02/2008		Yes	No
<a href="#">Results article</a>	results	02/03/2010		Yes	No
<a href="#">Other publications</a>	collaborative analysis	31/01/2012		Yes	No
<a href="#">Other publications</a>	collaborative analysis	01/02/2012		Yes	No
<a href="#">Results article</a>	substudy results	15/03/2014		Yes	No