# Invasive versus Conservative Treatment in **Unstable coronary Syndromes**

| Submission date           | <b>Recruitment status</b><br>No longer recruiting | [_] Prospectively registered   |  |  |
|---------------------------|---|--------------------------------|--|--|
| 27/01/2006                |   | [_] Protocol                   |  |  |
| <b>Registration date</b>  | Overall study status                              | [] Statistical analysis plan   |  |  |
| 27/01/2006                | Completed   | [X] Results                    |  |  |
| Last Edited<br>15/01/2015 | <b>Condition category</b><br>Circulatory System   | [] Individual participant data |  |  |

## Plain English summary of protocol

Not provided at time of registration

# **Contact information**

Type(s) Scientific

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers **NTR442** 

# Study information

Scientific Title Invasive versus Conservative Treatment in Unstable coronary Syndromes

### Acronym

ICTUS

## Study objectives

An early invasive strategy is superior to a selectively invasive strategy for patients who have acute coronary syndromes without ST-segment elevation and with an elevated cardiac troponin T level.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Received from local medical ethics committee

**Study design** Multicentre randomised open label active controlled parallel group trial

**Primary study design** Interventional

# Secondary study design

Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

**Participant information sheet** Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Acute coronary syndrome

### Interventions

Against a background of optimized medical therapy patients are randomized between an early invasive strategy or a selective invasive strategy.

The early invasive strategy includes angiography within 24 to 48 hours after randomization and revascularization when appropriate.

The selective invasive strategy includes medical stabilization, with angiography and revascularization only in case of refractory angina or significant ischemia on the pre-discharge exercise test.

### Intervention Type

Other

Phase

Not Specified

## Primary outcome measure

Within one year after randomisation, a composite of:

- 1. Death
- 2. Non-fatal myocardial infarction
- 3. Rehospitalization for anginal symptoms

## Secondary outcome measures

- 1. The occurrence of the components of the primary endpoint
- 2. The occurrence of death or myocardial infarction
- 3. A percutaneous coronary intervention
- 4. Coronary artery bypass grafting
- 5. Functional status after one, six, and twelve months
- 6. Two, three and five years follow-up

## Overall study start date

01/07/2001

# **Completion date**

01/09/2008

# Eligibility

## Key inclusion criteria

1. Symptoms of ischemia that were increasing or occurred at rest, with the last episode occurring no more than 24 hours before randomization

2. An elevated cardiac troponin T level (>/= 0.03 ug per litre)

3. Either ischemic changes as assessed by electrocardiography defined as ST-segment

depression or transient ST-segment elevation exceeding 0.05 mV

4. Or T-wave inversion of >/= 0.2 mV in two contiguous leads

5. Or a documented history of coronary artery disease as evidenced by previous myocardial infarction

6. Findings on previous coronary angiography, or a positive exercise test

# Participant type(s)

Patient

### **Age group** Adult

**Sex** Both

Target number of participants

1200

#### Key exclusion criteria

- 1. Age younger than 18 years or older than 80 years
- 2. Myocardial infarction with ST-segment elevation in the past 48 hours
- 3. An indication for primary percutaneous coronary intervention or fibrinolytic therapy
- 4. Hemodynamic instability or overt congestive heart failure
- 5. The use of oral anticoagulant drugs in the past 7 days
- 6. Fibrinolytic treatment within the past 96 hours
- 7. Percutaneous coronary intervention within the past 14 days
- 8. A contraindication to treatment with percutaneous coronary intervention or glycoprotein IIb /IIIa inhibitors
- 9. Recent trauma or risk of bleeding
- 10. Hypertension despite treatment and weight greater than 120 kg

## Date of first enrolment

01/07/2001

# Date of final enrolment

01/09/2008

# Locations

**Countries of recruitment** Netherlands

**Study participating centre Academic Medical Center** Amsterdam Netherlands 1100 DD

# Sponsor information

**Organisation** Interuniversity Cardiology Institute of the Netherlands (ICIN) (Netherlands)

Sponsor details

PO Box 19258 Utrecht Netherlands 3501 DG

**Sponsor type** University/education

Website http://www.icin.nl

ROR https://ror.org/01mh6b283

# Funder(s)

Funder type Industry

**Funder Name** Medtronic BV (Netherlands)

**Funder Name** Pfizer (Netherlands)

### Alternative Name(s)

Pfizer Inc., Pfizer Consumer Healthcare, Davis, Charles Pfizer & Company, Warner-Lambert, King Pharmaceuticals, Wyeth Pharmaceuticals, Seagen

**Funding Body Type** Government organisation

**Funding Body Subtype** For-profit companies (industry)

**Location** United States of America

**Funder Name** Sanofi-Aventis (Netherlands)

# **Results and Publications**

#### **Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

## Study outputs

| Output type        | Details                | Date created | Date added | Peer reviewed? | Patient-facing? |
|--------------------|------------------------|--------------|------------|----------------|-----------------|
| Results article    | results                | 15/09/2005   |            | Yes            | No              |
| Results article    | results                | 10/03/2007   |            | Yes            | No              |
| Results article    | results                | 23/02/2008   |            | Yes            | No              |
| Results article    | results                | 02/03/2010   |            | Yes            | No              |
| Other publications | collaborative analysis | 31/01/2012   |            | Yes            | No              |
| Other publications | collaborative analysis | 01/02/2012   |            | Yes            | No              |
| Results article    | substudy results       | 15/03/2014   |            | Yes            | No              |