# A trial comparing two commonly used doses of fertility drugs (gonadotrophins) in women likely to have normal response during in vitro fertilisation (IVF)

Submission date	Recruitment status  No longer recruiting	Prospectively registered	
19/09/2008		☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
20/11/2008	Completed  Condition category	[X] Results	
Last Edited		[] Individual participant data	
05/04/2012	Urological and Genital Diseases		

### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

### Contact name

Mr Nick Raine-Fenning

### Contact details

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# Additional identifiers

EudraCT/CTIS number

IRAS number

### ClinicalTrials.gov number

### Secondary identifying numbers

**IVFAFC1** 

# Study information

### Scientific Title

A randomised controlled trial of 225 versus 300 IU recombinant follicle stimulating hormone (FSH) for ovarian stimulation in predicted normal responders by antral follicle count

### Study objectives

To test the hypothesis that, among women predicted to have a normal ovarian response, ovarian stimulation using 300 IU follicle stimulating hormone (FSH) results in retrieval of more mature oocytes than 225 IU.

As of 05/04/2012, the anticipated end date of trial has been updated from 01/10/2008 to 01/04/2008.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Obtained from National Health Service (NHS) research ethics committee on the 14th September 2008 (ref: 06/MRE04/33).

### Study design

A prospective randomised controlled trial

### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Infertility

### **Interventions**

Conventional controlled ovarian stimulation using a fixed daily doses of 225 IU or 300 IU of recombinant FSH. The total duration of treatment is 6 weeks with 2 weeks of the research medication and up to 8 weeks of follow up.

### Intervention Type

Drug

### Phase

**Not Specified** 

### Drug/device/biological/vaccine name(s)

Follicle stimulating hormone (FSH)

### Primary outcome measure

Number of mature oocytes retrieved, measured at about 2 - 3 weeks of starting the research medication.

### Secondary outcome measures

- 1. Number of follicles measuring more than 10 mm and more than 14 mm in diameter on the day of human chorionic gonadotropin (hCG) administration
- 2. Cycle cancellation due to poor ovarian response
- 3. The number of frozen embryos
- 4. The prevalence of moderate or severe ovarian hyperstimulation syndrome (OHSS)
- 5. The clinical and on-going pregnancy rates

Measured at 10 weeks at the latest.

### Overall study start date

01/10/2006

### Completion date

01/04/2008

# **Eligibility**

### Key inclusion criteria

- 1. Female subjects aged between 20 and 38 years, undergoing first, second or third cycle of in vitro fertilisation (IVF)/intra-cytoplasmic sperm injection (ICSI) treatment
- 2. Subjects must have a regular spontaneous menstrual cycle of 21 to 35 days
- 3. A basal FSH level of less than or equal to 12 IU
- 4. Presence of both ovaries
- 5. Total antral follicle count of between 7 and 22. Subjects who have not had any ovarian surgery in the past.
- 6. Subjects, who have a body mass index (BMI) of 20 to 35 kg/m $^2$
- 7. Subjects must have signed and dated the informed consent document indicating that the subject has been informed all the pertinent aspect of the trial
- 8. Subjects must be willing and comply with scheduled visits, treatment plan and laboratory tests

### Participant type(s)

**Patient** 

### Age group

Adult

### Sex

Both

### Target number of participants

128

### Key exclusion criteria

- 1. Subjects who have an ovarian cyst (greater than 20 mm) or other significant pelvic pathology (uterine anomalies, uterine fibroids, endometrioma) at screening
- 2. Subjects who have an antral follicle count greater than or equal to 12 with in an ovary and/or an ovary volume of greater than 10 cm<sup>3</sup> on 3D ultrasound
- 3. Subjects whose infertility is caused by recognised endocrine abnormalities such as polycystic ovarian syndrome, hyperprolactinaemia and abnormal thyroid function
- 4. Subjects with any contraindications to IVF/ICSI treatment
- 5. Subjects who are taking concurrent corticosteroids or metformin

### Date of first enrolment

01/10/2006

### Date of final enrolment

01/04/2008

# Locations

### Countries of recruitment

England

**United Kingdom** 

Study participating centre
Senior Lecturer, Consultant Obstetrician
Nottingham
United Kingdom
NG7 2UH

# Sponsor information

### Organisation

University of Nottingham (UK)

### Sponsor details

c/o Paul Cartledge
Research Support and Commercialisation Office
University of Nottingham, University Park
Queens Medical Centre
Nottingham
England
United Kingdom
NG7 2RD

### Sponsor type

University/education

### Website

http://www.nottingham.ac.uk/

### **ROR**

https://ror.org/01ee9ar58

# Funder(s)

### Funder type

University/education

### **Funder Name**

University of Nottingham (UK)

### Alternative Name(s)

### **Funding Body Type**

Private sector organisation

### Funding Body Subtype

Universities (academic only)

### Location

United Kingdom

# **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

# Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2010		Yes	No