# Neurofeedback with direct training of specific brain regions compared to other biofeedback training methods in patients with Attention Deficit Hyperactivity Disorder (ADHD)

Submission date	Recruitment status	Prospectively registered
20/01/2010	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
02/02/2010	Completed	Results
Last Edited	Condition category	Individual participant data
02/02/2010	Mental and Behavioural Disorders	Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Specificity of tomographic neurofeedback training compared to other biofeedback training methods in patients with ADHD: A randomised controlled trial.

#### Study objectives

There is growing evidence that neurofeedback training is an effective treatment method for ADHD, but its specificity and underlying mechanisms still need to be explored.

In this study, we investigate specific and unspecific effects of three biofeedback training methods: 1. tomographic neurofeedback, 2. conventional neurofeedback and 3. Electromyogram (EMG) biofeedback.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

The Cantonal Ethical Committee of the Canton of Zurich, Subcommission on psychiatry, neurology, neurosurgery (Kantonale Ethikkommission des Kantons Zürich, Unterkommission für Psychiatrie, Neurologie, Neurochirurgie) approved on the 3rd of October 2008 (ref: E57/2005)

#### Study design

Single centre prospective controlled randomised parallel groups intervention study

#### Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

#### Participant information sheet

http://www.kjpd.uzh.ch/research/focus/focus1/Studien-Neurofeedback.pdf

# Health condition(s) or problem(s) studied

Attention Deficit Hyperactivity Disorder (ADHD)

#### Interventions

Interventions consist of three biofeedback-training methods, using the same training software and parallel training protocols:

1. Tomographic neurofeedback allows targeting the frontal brain regions which are most affected in ADHD (lateral and mesial), and train patients to modify their activation within these areas according to specific training protocols. To this end, current densities are computed using the standardized Low Resolution Brain Electromagnetic Tomography (sLORETA) algorithm and

fed back visually to the subjects in order to change the activation in the particular Regions of Interest (ROIs).

- 2. In conventional neurofeedback the signal is fed back from the surface of the scalp by one electrode.
- 3. In EMG-biofeedback, fine motor regulation is fed back.

Duration: 18 double training sessions, over a period of 10-12 weeks. The total follow up time will be 3 months.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

- 1. Clinical ADHD scales (parent-, teacher-, self-report)
- 2. Neuropsychological tests (subtests from computerised test batteries Test for Attentional Performance [TAP], Child-TAP [Kinder-TAP; KITAP] and D2)
- 3. Quantitative Electroencephalography (qEEG) and Event-Related Potentials (ERPs) Measured at baseline and 3-month follow-up.

#### Secondary outcome measures

Quantitative measures of learned control during the biofeedback training. Measured at each training session.

#### Overall study start date

01/03/2009

#### Completion date

31/12/2010

# **Eligibility**

#### Key inclusion criteria

- 1. Diagnosis of ADHD
- 2. Children (age >8.5) and adults (age >18).

#### Participant type(s)

Patient

#### Age group

Other

#### Sex

Both

## Target number of participants

80

#### Key exclusion criteria

- 1. (Severe) psychiatric comorbidity
- 2. Neurological diseases
- 3. IQ<80

#### Date of first enrolment

01/03/2009

#### Date of final enrolment

31/12/2010

# Locations

#### Countries of recruitment

Switzerland

## Study participating centre Neumuensterallee 9

Zurich Switzerland 8032

# Sponsor information

#### Organisation

University of Zurich (Switzerland)

#### Sponsor details

Department of Child and Adolescent Psychiatry Neumuensterallee 3-9 Zurich Switzerland 8032

#### Sponsor type

University/education

#### Website

http://www.kjpd.unizh.ch/index.html

#### **ROR**

https://ror.org/02crff812

# Funder(s)

## Funder type

Government

#### Funder Name

European Union - EU Project (COST-B27 ENOC / C06.0071)

#### Funder Name

Department of Health of the Canton of Zurich (Switzerland)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration