

# The benefits of continuous epidural infusion of ropivacaine in acute pancreatitis

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<b>Registration date</b> 29/09/2023	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 14/01/2025	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Acute pancreatitis (AP) is an inflammatory condition of the pancreas that can cause severe abdominal pain and other symptoms. Managing this pain effectively is crucial for patient comfort and recovery. Moreover, 20% of AP patients will develop a severe form with a mortality rate of 13 to 35%. Multiple organ failure is known to be the deadly complication of severe AP, such as respiratory failure, acute kidney injury and especially gastrointestinal failure. Epidural anesthesia (EA) is often used to control pain during surgery, and it has also been used to relieve pain in patients with AP. Furthermore, EA increased perfusion of the pancreas and improved the clinical outcome of patients with AP. The aim of this research is to test the effect of EA on multiple organ failure improvement and pain reduction in severe and predicted severe AP.

### Who can participate?

Patients aged 18 years old and over with a diagnosis of AP

### What does the study involve?

Participants will be required to attend 5 visits in the first 5 days in the Center for Critical Care Medicine – Bach Mai Hospital, with the remaining 2 visits being remote and taking place either over the telephone or by using information from your medical records (7 visits in total). The 2 remote visits will take place on the 30th day and the 60th day. Participants will not be required to visit the hospital any more than they normally would.

### What are the possible benefits and risks of participating?

The possible benefit of participation is effective pain management following epidural analgesia with ropivacaine, which is a local anesthetic that is often used for epidural analgesia. Ropivacaine is safe and effective.

### The possible risks from participation include:

1. Procedure-related risks: complications of epidural catheter insert (bleeding complications)
2. Ropivacaine-related risks: anaphylaxis, local anesthetic systemic toxicity

### Minimizing Risks:

1. Procedure-related risks: The procedure is performed by anesthesiologists and a coagulation

test will be performed before inserting epidural catheter.

2. Ropivacaine-related risks: exclude patients who have history of anaphylaxis and local anesthetic systemic toxicity. All patients will be followed in the Center for Critical Care Medicine – Bach Mai Hospital for at least 5 days.

3. Unknown risks: All patients will be followed to the Center for Critical Care Medicine – Bach Mai Hospital for at least 5 days.

**Informed Consent:**

1. The decision to participate in the clinical trial begins with informed consent.

2. All potential participants will be explained the risks and benefits of participating in study before to providing initial consent.

**Where is the study run from?**

Hanoi Medical University (Viet Nam)

**When is the study starting and how long is it expected to run for?**

December 2022 to December 2025

**Who is funding the study?**

Bch Mai Hospital (Viet Nam)

**Who is the main contact?**

Dr Van Huy Nguyen, nguyenhuy@hmu.edu.vn (Viet Nam)

## Contact information

**Type(s)**

Public, Scientific, Principal investigator

**Contact name**

Dr Van Huy Nguyen

**ORCID ID**

<https://orcid.org/0009-0009-5425-5002>

**Contact details**

No 269 La-Casta

Phu La

Ha Dong

Ha Noi

Viet Nam

100000

+84 981899501

nguyenhuy@hmu.edu.vn

**Type(s)**

Principal investigator

**Contact name**

Prof Huu Tu Nguyen

**Contact details**

No 1, Ton That Tung street  
Kim Lien  
Dong Da  
Ha Noi  
Viet Nam  
100000  
+84 2438523798  
nguyenhuutu@hmu.edu.vn

**Type(s)**

Principal investigator

**Contact name**

Prof Quoc Tuan Dang

**Contact details**

No 1, Ton That Tung Street  
Kim Lien  
Dong Da  
Ha Noi  
Viet Nam  
100000  
+84 903282824  
dangquoctuan@hmu.edu.vn

**Additional identifiers****Clinical Trials Information System (CTIS)**

Nil known

**ClinicalTrials.gov (NCT)**

Nil known

**Protocol serial number**

1.0

**Study information****Scientific Title**

Evaluating the effectiveness for pain reduction and organ failure improvement of continuous ropivacaine infusion via epidural catheter in acute pancreatitis

**Acronym**

VNEPIPAN-HMUIRB869

**Study objectives**

Continuous epidural infusion of ropivacaine in acute pancreatitis reduces pain and organs failure more than intravenous of fentanyl.

## **Ethics approval required**

Ethics approval required

## **Ethics approval(s)**

approved 01/08/2023, Hanoi Medical University Institutional Ethical Review Board (HMU IRB) (No 1, Ton That Tung Street, Dong Da, Hanoi, 100000, Viet Nam; +84 24 388 527 622; irb@hmu.edu.vn), ref: 869

## **Study design**

Single-center interventional open-label randomized controlled trial

## **Primary study design**

Interventional

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Severe and predicted severe acute pancreatitis

## **Interventions**

VNEPIPAN-HMUIBR968 (The benefits of continuous Epidural infusion of ropivacaine in acute PANcreatitis) study

In the interventional group, thoracic epidural analgesia will be performed using ropivacaine 0,1% with a continuous infusion rate of 5 to 10 mL/h, through continuous infusion via thoracic catheter. It is placed in an intervertebral space between the 8th and the 11th thoracic vertebra. In both groups, conventional analgesia will be included in enteral and/or parenteral administration according to the WHO analgesics ladder (including paracetamol, nefopam, tramadol, and opioids). The route, dose, and frequency of analgesic administrations will be based on clinical doctors of the Center for Critical Care Medicine – Bach Mai Hospital. Analgesia goals are the same in the two groups, with regular evaluation of pain every 4 hours and during routine daily nursing care.

The other treatments will be managed by attending physicians, which include fluid resuscitation, correction of electrolyte balance and acid-base balance, etiological treatment, early enteral nutrition and early mobilization, when possible, diagnosis and treatment of complications. Continuous epidural infusion of ropivacaine in acute pancreatitis may result in pain reduction and organ failure improvement, which may lead to improvement in the outcome of acute pancreatitis.

The intervention group received a continuous epidural infusion of ropivacaine during the first 3 - 5 days at the Center for Critical Care Medicine – Bach Mai Hospital (CCCM-BMH). All other care will be usual practice. Precise details of both intervention content and the training program can be found at ([https://1drv.ms/f/s!AjNnyA\\_Zx7A3g8Zku986BWbogLc0rw?e=ChXr3h](https://1drv.ms/f/s!AjNnyA_Zx7A3g8Zku986BWbogLc0rw?e=ChXr3h), Password: VNEPIPANIRB968)

Epidural catheter placement is a routine in CCCM-BMH, using existing skills. Anaesthetists who are trained will do it during the study to recruit to the study.

The study was designed to be inclusive of 5 visits (daily in CCCM-BMH) and 1 summative assessment (medical reports and/or telephone call).

The continuous epidural infusion of the ropivacaine technique can be performed in the CCCM-BMH.

The continuous epidural infusion of the ropivacaine technique can be performed during the first 3 days. After that, If the patient is still in moderate or severe pain, the intervention will continue

for 2 more days.

Adherence to trial protocol was assessed by the number of days the patient received intervention. These data were categorized as incomplete (< 3 days) and complete (at least 3 days).

## **Intervention Type**

Procedure/Surgery

## **Primary outcome(s)**

1. Pain is measured using the Behavioral Pain Scale (BPS) at admission, 0.5, 4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 44, 48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 104, 108, 112, 116, and 120 hours
2. ICU mortality measured using the Sequential Organ Failure Assessment (SOFA) Scores at admission day 1 (D1), day 2 (D2), day 3 (D3), day 4 (D4), day 5 (D5): mean and maximum SOFA score of first 5 days in Center for Critical Care Medicine
3. Gastrointestinal failure during the ICU stay measured using the Gastrointestinal Failure Score (GIF) at admission day 1 (D1), day 2 (D2), day 3 (D3), day 4 (D4), day 5 (D5): mean GIF scores for the first 5 days

## **Key secondary outcome(s)**

1. Pain is measured using a Visual Analogue Scale (VAS) at admission, 0.5, 4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 44, 48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 104, 108, 112, 116, and 120 hours
2. Mortality rate measured using patient records at day 60
3. Intubation rate measured using patient records at day 30
4. Number of ventilator-free days measured using patient records from randomization to day 30
5. CT Severity Index (CTSI) measured using enhanced CT scanning at 72 hours after Center for Critical Care Medicine admission.

## **Completion date**

09/12/2025

# **Eligibility**

## **Key inclusion criteria**

1. Aged  $\geq 18$  years.
2. Diagnosis of acute pancreatitis required two of the following three features, as per the revised Atlanta definition: abdominal pain consistent with acute pancreatitis, serum lipase activity at least three times greater than the upper limit of normal, and characteristic findings of acute pancreatitis on contrast-enhanced computed tomography.
3. Onset  $\leq 72$  h.
4. Pain moderate or severe with visual analog pain scale (VAS)  $\geq 4$  in consciousness patients or behavioral pain scale (BPS)  $\geq 7$  in unconsciousness patients.
5. Classification is severe acute pancreatitis (modified Marshall score  $\geq 2$  on admission) OR predicted severe (at least one of criteria: (1) Ranson's Criteria  $\geq 2$  points; (2) CRP level  $> 100$  mg/L; (3) Pancreatic necrosis on contrast-enhanced computed tomography).

## **Participant type(s)**

Patient

## **Healthy volunteers allowed**

No

**Age group**

Mixed

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

Patients fulfilling one or more of the following criteria were not included:

1. Prothrombin time<60%, platelet count<75 G/L, curative anticoagulant therapy with heparin interrupted for less than 8 h
2. Local infection
3. Failed procedure
4. Anaphylaxis history with ropivacaine, lidocaine, ropivacaine
5. Local anesthetic systemic toxicity history
6. Pregnancy

**Date of first enrolment**

01/10/2023

**Date of final enrolment**

01/08/2025

**Locations**

**Countries of recruitment**

Viet Nam

**Study participating centre**

**Bach Mai Hospital**

No 78 Giai Phong Road

Ha Noi

Viet Nam

100000

**Sponsor information**

**Organisation**

Bch Mai Hospital

ROR

https://ror.org/05ecec111

## Funder(s)

### Funder type

Hospital/treatment centre

### Funder Name

Bch Mai Hospital

## Results and Publications

### Individual participant data (IPD) sharing plan

The datasets generated and/or analyzed during the study will be published as a supplement to the results publication.

### IPD sharing plan summary

Published as a supplement to the results publication, Not expected to be made available

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Statistical Analysis Plan</a>		16/10/2023	16/10/2023	No	No